

Physical Activity Restrictions

Date: _____

Student's Name: _____

Dear Parent:

You indicated on your child's health history that he/she has a health condition which limits physical activities at school. Please have your physician complete this form and return it to the school nurse so that it may be kept with your child's records.

Thank you for your cooperation,

School Nurse

Health/Medical Condition: _____

Physical restrictions:

Length of time restrictions apply: _____

Physician Signature

Physician address:

Date

Physician phone:
