# Marshall High School

#### PARENT AND FAMILY RESOURCE CENTER NEWSLETTER



### SUPPORT FOR FAMILIES THIS HOLIDAY SEASON

Join FBISD social workers and the parent educators on Wednesday, November 10<sup>th</sup> for a presentation on navigating the holidays. Here you will receive wellness tips to help manage the stress that families sometimes experience during the holiday season. Join via TEAMS at 9:30 am https://bit.ly/3GBwr19

## HOUSTON FOOD BANK @ ARMSTRONG ELEM NOVEMBER 12TH

The Houston Food Bank will distribute food at Armstrong Elementary on Friday, November 12, 2021 from 9:00am until 12:00 noon. Social distancing and safety guidelines will be enforced.

# SPECIAL EDUCATION PARENT ADVOCACY COMMITTEE (SEPAC)

SEPAC connects parents with information related to special education services, personnel in the district or to community resources available to students in Fort Bend County through various Parent Education Training options. For more information email rosylyn.west@fortbendisd.com

#### **IMPORTANT DATES:**

NOV 11, Student Use Technology Parent Class https://bit.lv/3GBwr19 THANKSGIVING BREAK NOV 22-26 CLASSES RESUME NOVEMBER 29, 2021 FIT FRIDAYS @ HUNTER'S GLEN PARK NOV 5, 9:00AM -11:00AM