SAY IT:
Peace is proving you care more about each other than winning an argument.

KNOW IT:
Ask a kid:
• Have you ever known you were “right” in an argument but decided to let it go in order to keep the peace?
• Think of a time when you avoided a conflict you knew was about to happen. Was this difficult to do? How were you able to divert yourself from the situation?

Ask a grown up:
• When is the last time that you held a grudge against someone? How long did you do this? What was the end result?
• How does it feel to let someone else win an argument or conflict in order to keep the peace?
• What are some things that you have done that have helped you be successful in keeping the peace?

SEE IT:
Watch this short cartoon about Ferdinand the Bull. He liked to sit quietly under a tree and smell the flowers. When he is taken to a ring for a bull fight, everyone is surprised because he is content with sitting quietly and peacefully smelling flowers. [https://www.youtube.com/watch?v=ALYj24vKmR4](https://www.youtube.com/watch?v=ALYj24vKmR4).

BE IT:
Choose a night this month to challenge your family to a board game, puzzle or other fun, competitive activity. Throughout the night be aware of disagreements, challenges and arguments arising. Coach your children up by teaching them along the way the importance of keeping the peace with one another and communicating effectively.