



## HIGHTOWER HURRICANE SPORTS MEDICINE

To Whom It May Concern,

Thank you for your interest in supporting our efforts to improve upon the quality experience the Hightower High School Sports Medicine program has to offer! In our mission to support the health and wellness of our student athletes, **we seek your support through donations to increase our student athletes' access to quality sports medicine resources.**

### ABOUT OUR PROGRAM

Hightower High School Sports Medicine is a hands-on training program with a selected cohort of sports medicine students. Led by Head Athletic Trainer Essence Ephran, we are dedicated to the success, health, and wellness of Hightower High School and Lake Olympia Middle School athletes. Through the prevention, diagnosis, and rehabilitation of sports-related injuries, **we facilitate the comprehensive care of over 1,200 athletes.**

### HOW YOU CAN SUPPORT

Our district budget covers most daily expendable items such as tape, water coolers, and some rehabilitation equipment. However, **we are in search of donations that will allow us to purchase big-ticket items.** Donations will support Hightower Sports Medicine in delivering top of the line care to our athletes, and quality educational experiences to our student aides. Below are some examples of our needs, and their associated costs. However, donations of any amount are appreciated. **All donations are tax deductible.**

Portable Hydration Station	\$5,000
Stationary Bike	\$1,000
Normatec Recovery Boots	\$750
Treatment Table	\$3,400

As a donor you will be promoted as an established partner of the L.V. Hightower High School Sports Medicine Program respective to the various donor tiers listed (See page 2).

As Hightower's sports medicine program continues to educate and serve, we hope that you join us in this effort to make a significant impact in the lives of our student athletes and community.

We look forward to your support, and partnership. For more details please feel free to contact our Head Athletic Trainer, Essence Ephran.

Thank you,

*Essence Ephran*  
MS, ATC, LAT



**Phone.**

281-634-5303



**Email.**

essence.ephran@fortbendisd.gov



**Address.**

3333 Hurricane Lane



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**Donate online via Fort Bend ISD RevTrack or check.**

<https://fortbendisd.revtrak.net/FBISD-Schools-1082/hs/HHS/hhs-athletic-trainers/#/v/hhs-athletic-training-donations>

**Check made out to: Hightower Athletic Training**

**Memo: Donation**


**Mail to: Hightower Athletic Training**

**Attn: Essence Ephran**

**3333 Hurricane Lane**

**Missouri City, Texas 77459**



	Category 1 Donors	Category 2 Donors	Category 3 Donors	Category 4 Donors	Category 5 Donors
	Donations up to \$100	Donations up to \$250	Donations up to \$500	Donations up to \$1000	Donations over \$1000
Social Media Post Twitter & Instagram @CanesSportsMed	✓	✓	✓	✓	✓
Certificate of Appreciation & Athletic Program Photo	✓	✓	✓	✓	✓
Business Name & Logo listed online as donor for remainder of school year		✓	✓	✓	✓
Banner with Business Name & Logo displayed on fence of athletic complex on game days			✓	✓	✓
Plaque of Appreciation				✓	✓
Framed Sports Jersey (Donor Choice of Sport & Number)					✓



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