

NOTE: The high frequency words for the school year have been organized by nine weeks and divided into two categories: regular words and irregular words. High frequency words are decodable words that students will see often in texts, so they need to be able to read and spell them automatically. We refer to our “irregular words” as heart words. Heart Words are high frequency words that are irregularly spelled and do not follow a specific rule. Some parts of the word need to be explicitly taught and “learned by heart.” When a new word is introduced to students, we go through a process called orthographic mapping. This is a crucial process that helps students understand how words are spelled and pronounced. This document shows some “irregular words” coded with an asterisk (*) to indicate that it is irregular now, but the principle will be taught later in the current grade or at a later grade level. The red letters indicate the part students will need to “know by heart”.

To ensure that students are able to engage in the orthographic mapping process, we ask that you do not introduce new words to your child until they have been introduced by their classroom teacher.

1 st Nine Weeks		
Week	Regular Words (Decodable)	Irregular Words (Heart Words)
1		
2	an, can, and	
3	had,	as, has
4	it, its, him	
5	in, if	
6	not, let, set	
7	up	*well, put
8	stop	*from
9	then, them	*show
10		
2 nd Nine Weeks		
Week	Regular Words (Decodable)	Irregular Words (Heart Words)
1	than, think	their, these
2	when, which, each, such	
3	me	find, *see
4	go	also, *going
5		*may, *way, *day, *say
6	open	Old, *over
7	made, make, take	
8	time, like	write
9		
3 rd Nine Weeks		
Week	Regular Words (Decodable)	Irregular Words (Heart Words)
1		
2	name, same, came	*people
3		*or, more, words

4		*Large, *first, *part
5		were, use, *her
6		water, other, *number, *after
7		*by, *my, *fly, *try
8		*how, *down
9		some, come, *good

4th Nine Weeks

Week	Regular Words (Decodable)	Irregular Words (Heart Words)
1		one, said, many, every
2		Into, about, *look
3	help	would, could
4		give, live, *boy
5	ask, went	want, *round
6	long	two
7	just	thank
8		been, once
9		again, walk
10		
11		