

NOTE: The high frequency words for the school year have been organized by nine weeks and divided into two categories: regular words and irregular words. High frequency words are decodable words that students will see often in texts, so they need to be able to read and spell them automatically. We refer to our “irregular words” as heart words. Heart Words are high frequency words that are irregularly spelled and do not follow a specific rule. Some parts of the word need to be explicitly taught and “learned by heart.” When a new word is introduced to students, we go through a process called orthographic mapping. This is a crucial process that helps students understand how words are spelled and pronounced. This document shows some “irregular words” coded with an asterisk (*) to indicate that it is irregular now, but the principle will be taught later in the current grade or at a later grade level. The red letters indicate the part students will need to “know by heart”.

To ensure that students are able to engage in the orthographic mapping process, we ask that you do not introduce new words to your child until they have been introduced by their classroom teacher.

1 st 9 Weeks		
Week	Regular Words (Decodable)	Irregular Words (Heart Words)
1	if, cut	
2	got, hot, run, left	
3	pick, much, next, keep,	
4	feet, seem, between, begin,	
5	clean, near, began	
6	open, paper, bring, must	
7	hold, last, plant	kind
8	drink, draw	only
9	stop, while	small, fall

2 nd 9 Weeks		
Week	HFW Words	Heart Words
1	full, below	shall,
2	miss, add, carry	watch,
3	high, might	walk, talk
4	start, hard	close, those
5	Face, state, while,	
6	mile, white,	idea
7	Life, side,	sometimes
8	Own, show, grow,	

9	Light, night,	
10	Far, car,	

3 rd 9 Weeks		
Week	HFW Words	Heart Words
1		Warm, father,
2	Never, better, every, under, river	
3	hurt, girl, story, important	
4	took, hook	
5	Food, soon	
6	few, head,	
7		about, along, above
8	without, foul	mountains
9	grow, group,	
10	thought	young, country,

4 th 9 Weeks		
Week	HFW Words	Heart Words
1	try, myself, hear, real	
2		today, together, always, almost
3	laugh, often, enough	once
4	until,	second
5	city, children, sea	
6	eyes	earth, example, eyes,
7	saw, both	something
8		
9		