

# AUGUST 2017

**Lunch Hours**  
10:15 a.m. - 1:00 p.m.

**Student Prices**

Daily.....\$2.25  
Daily (Reduced).....\$0.40  
Weekly (Reduced).....\$2.00

**Adult Prices**

Daily.....\$3.25

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CHILD NUTRITION  
ELEMENTARY SCHOOL  
**LUNCH  
MENU**

**Menu subject to change based on availability.**

Assorted items are available at à la carte prices. Kindergarten students may either be served a daily lunch entrée of their choosing (complete with assorted side dishes), or request to be served a Chef Salad Entrée instead (available everyday). Lunch entrée offerings will always include at least one vegetarian option to choose from. Students will be offered milk with their lunch selections. All meals served by Fort Bend ISD are nut cautious and pork-free. Lunch Meal Calories: Minimum 550 calories, Maximum 650 calories. For more information, contact the Fort Bend ISD Child Nutrition Office. **Phone:** (281) 634-1855 **Online:** [www.fortbendisd.com/childnutrition](http://www.fortbendisd.com/childnutrition)

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

21

Teacher  
Work Day

22

Oven Roasted  
Chicken

Cheeseburger  
or Hamburger

OR

Mozzarella  
Sticks with  
Marinara

served with:

Wheat roll, baked beans, lettuce & tomato cup, fruit of the day, and choice of milk

23

BBQ Chopped Beef  
Sandwich

Popcorn  
Chicken  
& whole wheat  
hot roll

OR

Mac N Cheese  
Grilled Cheese  
Sandwich

served with:

Sweet potato fries, celery sticks with ranch dressing, fruit of the day, and choice of milk

24

**Breakfast for Lunch Day**  
(Every Thursday)

Turkey Ham, Egg, &  
Cheese Croissant

Hot  
Dog

OR

Sunbutter  
& Apple Roll  
Ups

served with:

Tater tots, steamed broccoli, fruit of the day, and choice of milk

25

Steak Fingers  
& Gravy

Pepperoni  
Pizza

OR

Cheese  
Pizza

served with:

Buttered toast, mashed potatoes, salad pizzazz, fruit of the day, and choice of milk

28

Beefy  
Frito Pie

Chicken  
Nuggets

OR

Meatless  
Frito Pie

served with:

Wheat roll, potato wedges, carrot sticks with ranch dressing, fruit of the day, and choice of milk

29

Baja  
Fish Tacos

Cheeseburger  
or Hamburger

OR

Cheese  
Quesadilla

served with:

Spanish rice, beans a la charra, lettuce & tomato cup, fruit of the day, and choice of milk

30

Beef  
Lasagna

Popcorn  
Chicken  
& whole wheat  
hot roll

OR

Cheese  
Lasagna

served with:

Wheat roll, sweet potato fries, seasoned corn, celery sticks with ranch dressing, fruit of the day, and choice of milk

31

Honey Chicken  
Biscuit

Hot  
Dog

OR

Egg & Cheese  
Biscuit

served with:

Tater tots, steamed broccoli, fruit of the day, and choice of milk

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