BURTON PARENT CENTER NEWSLETTER

APRIL 2021

April Parenting Quick Tip

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Children are great imitators. They may not hear what we say, but they sure watch what we do. When children see how parents react to and correct mistakes, they learn valuable lessons. They need to know that mistakes are how we learn. Model ways to recognize, accept and learn from mistakes. Involve kids in discussions about what they have learned from their mistakes. Show respect when they make mistakes. Tell them how much you love them.

Acknowledge their feelings and let them know mistakes are okay. Key in to positive behaviors rather than focusing on the negative. Engage them in problem-solving strategies to prevent repeated mistakes. Share personal stories about lessons you have learned from making mistakes.

APRIL PARENT ENRICHMENT CLASSES CLICK ON LINK FOR ACCESS

4/6 <u>BUILDING AND NURTURING SOCIAL EMOTIONAL LEARNING</u>
<u>IN CHILDREN</u> 10am

4/6 Defusing Family Disagreements 1pm

4/7 Digital Responsibility 10am

4/7 Family Wellness 1pm

4/14 Helping Children learn to Handle Competition 10am

4/14 Dealing with Sibling Rivalry 1pm

4/15 Educational Tech 10am

4/15 Starting a Family Fitness Routine 1pm

4/21 Choosing Effective Discipline Techniques 10am

4/21 Developing and Maintaining Trusting Relationships Within

the Family 1pm

4/22 Educational Tech 10am

4/22 Helping Children Make Healthy Choices 1pm

4/27 Rebuilding Trust that has Been Broken 10am

4/27 Raising a Financially Responsible Child 1pm

4/28 Digital Responsibility 10am

4/28 Food for Thought 1pm

Questions?
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