



# ***2019 HIGHTOWER HURRICANES S&C CAMP***

## **PARTICIPANTS**

All Junior High and High School students who attend Hightower High School or reside within the Hightower HS Attendance Zone.

## **CAMP DATES**

June 3rd —June 27th (M-Th— 4 weeks)

July 1st -July 12th- Summer Break

July 15th — 18th

July 24—August 1th (M-Th—3 weeks)

Boys – 7:30 am—9:30 am

Girls—9:30 am– 11:30 am

- Athletes may attend **ONLY ONE** session a day
- Both sessions are reserved for **JH and Incoming 9th Grade Athletes**

Online Payment and preregistration is preferred. In order to participate, you must have a signed registration form and full camp payment on record. On Site registration will be at Hightower High School Fieldhouse.

## **WHAT TO BRING**

- Workout shorts & t-shirt
- Tennis shoes and cleats
- Any needed medication
- Sun Screen if needed
- Great Attitude/Effort
- Water will be provided
- Updated physical on file

## **CAMP PAYMENT**

The camp fee is \$110.00 for the entire summer. Full payment online, cash or money order must accompany the registration form. No refunds will be given once a camper has begun training. The \$35 Scholarship must be paid in person.

Online payment is available at :

**[Click to pay Online](#)**

Money Orders made payable to:

**Hightower High School**

## **CAMP INSTRUCTORS**

The staff at the Hightower High School eagerly await meeting your child and giving them the foundations they need to help develop their athleticism. The staff's expertise extends beyond the X's and O's of sports and into the areas of speed development, fitness conditioning, and overall strength training.

## **CONTACT INFO**

Joseph Sam– CAC/Hd FB Coach  
E-mail: joseph.sam@fortbendisd.com  
Phone: (281) 634-5295

Deborah Mize—GAC/Hd Basketball  
E-mail: deborah.mize@fortbendisd.com