



EAT MORE. FEEL BETTER.

REGISTRATION IS REQUIRED

<https://www.eventbrite.com/e/eat-more-feel-better-fbisd-memorial-hermann-speaker-series-free-tickets-72250435999>

- Lunch
- Cooking Demonstration
- Healthy Samples
- Speak With A Nutritionist
- Chat With FBISD Child Nutrition



NUTRITION

Friday, October 4, 2019

11:30am - 1:00pm

FBISD ANNEX

3119 Sweetwater Blvd.

Sugar Land, TX 77479



Care to Chat is an adults-only FREE Speaker Series filled with helpful advice and information for parents and caregivers of all ages. Questions? Call 281.725.5136