Mrs. August's LCE COUNSELOR'S CORNER

# MAY NEWSLETTER

Core Essential: **COMMITMENT** – Making a plan and putting it into action.

## **Guidance Lessons - May**

**K** - 4<sup>th</sup> - Anti Victimization & Summer Safety 5<sup>th</sup> - Fifth Grade Transition

## LCE Mindfulness Room

"Mindfulness Mondays" - Come to the Mindfulness Room at 7:45a – 8am for a yoga flow or a calming meditative moment before the school day. Maximum 12 students. There will be no Mindfulness Monday on May 6<sup>th</sup> and the last day will be May 20<sup>th</sup>.

#### **NEHS News**

May 25 – Houston Humane Society facility tour and Family Outing @ 11:30a – 1:30p May 14 – End of the Year NEHS/Stu.Co. Kona Ice Party @ 3:30- 4:15p

#### **Gifted and Talented News**

All newly identified Gifted and Talented students will begin services in 2024-25 school year.

### May Holidays & Dates to Remember

May 1 – Principal Appreciation Day May 3 - National School Lunch Hero Day May 6 – 10 - Teacher Appreciation Week May 8 - Feeling Stressed – Learn Mindfulness Parenting Webinar May 12 – Mother's Day May 17 - Field Day May 23 – Last Day of School & Early Release @ 12:10p May 27 - Memorial Day







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