

FBISD Wellness Handbook

Teaching & Learning Department Guidelines

Nutrition Education:

- Elementary Health Curriculum will include an age-appropriate curriculum unit on nutrition that will be taught in the classroom. Nutrition Education Goal 2, Objective 1
- All 7th Grade health classes will include an age-appropriate curriculum unit on nutrition. Nutrition Education Goal 2, Objective 1
- All High School Health classes will include an age-appropriate curriculum unit on nutrition. Nutrition Education Goal 2, Objective 1
- The district will evaluate the use of nutrition education resources into other content areas. Nutrition Education Goal 3, Objective 1