

## **FBISD Wellness Handbook**

### **District Guidelines**

The District has chosen to use the local School Health Advisory Council (SHAC) to work on behalf of the District to review and consider evidence-based strategies and techniques in order to develop and implement nutrition guidelines and wellness goals as required by federal law.

At least every three years, as required by law, the District will make available to the public the results of an assessment of the implementation of the District's wellness policy. It will include the extent to which each campus is compliant with the wellness policy, a description of the progress made in attaining the goals of the wellness policy, and the extent to which the wellness policy compares with any state or federally designated model wellness policies. This will be referred to as the "triennial assessment."

Annually, the District will notify the public about the content and implementation of the wellness policy and plan and any updates to these materials.

The District will create a wellness page on its website to document information and activity related to the school wellness policy, including:

1. A copy of this wellness policy [see FFA(LOCAL)] , with dated revisions;
2. Notice of any Board revisions to policy FFA(LOCAL);
3. The name, position, and contact information of the District official responsible for the oversight of the wellness policy and implementation of this plan;
4. SHAC meeting schedule including dates, times, and locations of all meetings.
5. The SHAC's triennial assessment; and
6. Any other relevant information.

The District will also publish the above information in appropriate District or campus publications.

Records regarding the District's Wellness Policy will be retained in accordance with law and the District's records management program. Questions may be directed to the District's designated records management officer. [See CPC(LOCAL)]

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