



NOVEMBER

2020

Curbside Breakfast Menu



m
Cereal & Graham Crackers

With

100% Fruit Juice
Applesauce Cup
Milk

2.

t
Sausage Biscuit

With

100% Fruit Juice
Orange
Milk

3.

w
Mini Maple Pancakes

With

100% Fruit Juice
Apple
Milk

4.

th
Sausage, Egg, & Cheese Tornado

With

100% Fruit Juice
Applesauce Cup
Milk

5.

f
French Toast Sticks

With

100% Fruit Juice
Banana
Milk

6.

Sausage Kolache

With

100% Fruit Juice
Applesauce Cup
Milk

9.

Honey Chicken Biscuit

With

100% Fruit Juice
Orange
Milk

10.

Honey Bun

With

100% Fruit Juice
Apple
Milk

11.

Sausage & Egg Croissant

With

100% Fruit Juice
Applesauce Cup
Milk

12.

Breakfast Pizza

With

100% Fruit Juice
Banana
Milk

13.

Sausage Biscuit

With

100% Fruit Juice
Orange
Milk

16.

Cereal & Graham Crackers

With

100% Fruit Juice
Apple
Milk

17.

Scrambled Eggs, Sausage, & Toast

With

100% Fruit Juice
Applesauce Cup
Milk

18.

Honey Bun

With

100% Fruit Juice
Applesauce Cup
Milk

19.

Pop Tart

With

100% Fruit Juice
Banana
Milk

20.

HOLIDAY

23.

HOLIDAY

24.

HOLIDAY

25.

HOLIDAY

26.

HOLIDAY

27.

Cereal & Graham Crackers

With

100% Fruit Juice
Applesauce Cup
Milk

30.

Special Announcements:

- Vegetarian Options available daily
- Menus subject to change based on availability



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This product was funded by USDA.
This institution is an equal opportunity provider.



Food and Nutrition Division
National School Lunch Program and School Breakfast Program

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CHILD NUTRITION



Updated 01/2020
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NOVEMBER

2020

Curbside Lunch Menu



Chicken Sandwich
With
Green Beans
Carrot Sticks
Applesauce Cup
Milk

2.

Hamburger/Cheeseburger
With
Seasoned Potato Wedges
Lettuce Cup
Orange
Milk

3.

Oven Roasted Chicken with Roll
With
Mashed Potatoes
Steamed Carrots
Applesauce Cup
Milk

4.

Chicken Nuggets with Roll
With
Steamed Broccoli
Sun Splash Juice
Apple Crisps
Milk

5.

Chicken & Cheese Taquito
With
Beans a la Charra
Celery Sticks
Apple
Milk

6.

Popcorn Chicken with Roll
With
Baked Beans
Carrot Sticks
Applesauce Cup
Milk

9.

Roast Turkey with Stuffing
With
Roll
Mashed Potatoes & Green Beans
Apple Pie Ice Cup
Milk

10.

Tangerine Chicken & Rice
With
Steamed Broccoli
Steamed Carrots
Applesauce Cup
Milk

11.

Steak Fingers with Gravy and Roll
With
Mashed Potatoes
Sun Splash Juice
Apple Crisps
Milk

12.

Pepperoni Pizza
With
Green Beans
Celery Sticks
Applesauce Cup
Milk

13.

Hamburger/Cheeseburger
With
Seasoned Potato Wedges
Lettuce Cup
Applesauce Cup
Milk

16.

Chicken Nuggets with Roll
With
Steamed Broccoli
Sun Splash Juice
Orange
Milk

17.

Oven Roasted Chicken with Roll
With
Mashed Potatoes
Steamed Carrots
Applesauce Cup
Milk

18.

Beef Nachos
With
Beans a la Charra
Lettuce Cup
Apple Crisps
Milk

19.

Chicken Sandwich
With
Green Beans
Celery Sticks
Apple
Milk

20.

HOLIDAY

23.

HOLIDAY

24.

HOLIDAY

25.

HOLIDAY

26.

HOLIDAY

27.

Chicken Sandwich
With
Green Beans
Carrot Sticks
Applesauce Cup
Milk

30.

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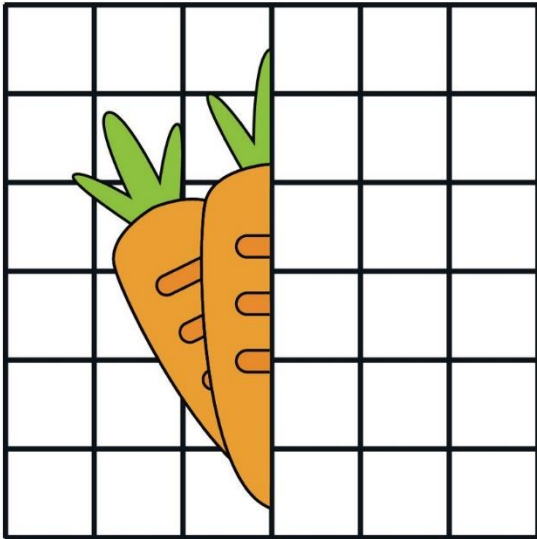
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COMET CARROTS

Comets consist of ice and dirt. They are like dirty snowballs except they can reach sizes of about 6 miles across. When they are close to the sun, comets have tails that can be more than 100 million miles long. They circle the sun just like the Earth. The most famous comet is Halley's Comet. It has been observed for more than 2,000 years and its orbit makes it visible from the Earth every 76 years. It was named after the British astronomer Edmond Halley.

COMPLETE THE DRAWING



DID YOU KNOW?

Carrots are root vegetables like potatoes, turnips and beets. The orange root is a popular vegetable, but did you know you can eat the green leaves or carrot tops? Carrots are rich in vitamin A, vitamin C, vitamin K, potassium and dietary fiber. They also are a good source of antioxidants.

The health benefits of carrots are many, including helping to reduce cholesterol, preventing heart disease, protecting against development of certain cancers, improving vision, and reducing the signs of premature aging.

