

Menu Item Nutrient Report

Generated on: 1/7/2020 2:12:14 PM by Julia Jarrell

Item Name (Serving Size)	Calories (Kcal)	Carb (g)
1% Milk - LR1187 (1 ea.) Contains Milk.	110.00	13.00
6" Hoagie Bun - LR1305 (1 ea.) Contains Wheat, Soy, Gluten.	160.00	35.00
Amazin' Raisin Strawberry & Sunflower Seeds - LR1414 (1 pkg.)	300.00	9.00
American Cheese, Sliced - LR1304 (1 oz.) Contains Milk, Soy.	110.00	2.00
Ana's Egg & Beef Breakfast Taco - LR1465 (1 serv.) Contains Milk, Egg, Wheat, Gluten.	390.48	24.43
Animal Crackers - LR1127 (1 pkg.) Contains Wheat, Soy, Gluten.	130.00	21.00
Apple - LR1151 (1 ea.)	80.00	22.00
Apple - LR1152 (1 ea.)	80.00	22.00
Apple - LR1153 (1 ea.)	80.00	22.00
Apple - LR1154 (1 ea.)	80.00	22.00
Apple Cinnamon Muffin - LR1373 (1 ea.) Contains Egg, Wheat, Soy, Gluten.	190.00	30.00
Apple Crisps - LR1471 (1 ea.)	40.00	10.00
Apple Crisps - LR1472 (1 ea.)	(M)	(M)
Apple Izze (100% Juice) - LR1361 (1 ea.)	90.00	24.00
Apple Jacks - LR1433 (1 ea.)	110.00	24.00
Apple Juice - LR1016 (1 ea.)	52.00	12.80
Applesauce Cup - LR1048 (1 ea.)	60.00	17.00
Applesauce Cup - LR1084 (1 ea.)	90.00	24.00
Asian Chicken Chunks - LR1393 (4 Piece) Contains Wheat, Soy, Gluten.	230.00	28.00
Baby Bok Choy - LR1437 (1/2 c.)	9.00	1.53
Baby Carrots - LR1293 (1 ea.)	26.00	5.20
Baked Beans - LR1064 (1 #6 scoop)	236.05	48.47
Baked Potato - LR1322 (1 ea.)	157.62	37.42

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Baked Potato (and Roll) - LR1326 (1 serv.)Contains Milk, Wheat, Soy, Gluten.	307.62	64.42
Banana - LR1156 (1 ea.)	105.00	26.95
Banana - LR1157 (1 ea.)	105.00	26.95
Banana - LR1158 (1 ea.)	105.00	26.95
Banana - LR1159 (1 ea.)	105.00	26.95
BBQ Baked Lays - LR1256 (1 pkg.)Contains Milk, Soy.	110.00	19.00
BBQ Chicken - LR1234 (1 serv.)	510.26	5.80
BBQ Chicken Wings - LR1190 (5 ea.)	657.30	11.06
BBQ Turkey Breast Stick - LR1274 (1 ea.)	40.00	0.00
BBQ Turkey Stick, String Cheese, & Pretzels - LR1276 (1 serv.)Contains Milk, Wheat, Gluten.	180.00	17.00
Bean & Cheese Burrito - LR1096 (1 ea.)Contains Milk, Wheat, Soy, Gluten.	310.00	40.00
Bean & Cheese Burrito with Queso - LR1220 (1 ea.)Contains Milk, Wheat, Soy, Gluten.	336.43	40.40
Beans a la Charra - LR1043 (1 #6 scoop)	161.41	29.77
Beef & Cheese Stick Meal Break - LR1418 (1 ea.)Contains Milk, Wheat, Soy, Gluten.	455.00	47.00
Beef Chili - LR1169 (1 #8 scoop)	141.34	6.92
Beef Empanadas - LR1384 (2 ea.)Contains Soy.	230.00	30.00
Beef Enchiladas - LR1179 (2 ea.)Contains Milk, Soy.	364.53	43.23
Beef Jerky - LR1430 (1 pkg.)	70.00	6.00
Beef Lasagna - LR1249 (1 serv.)Contains Milk. Processed in a facility that also processes Egg, Wheat, Gluten.	304.39	38.45
Beef Nachos - LR1087 (1 serv.)Contains Milk. Processed in a facility that also processes Wheat, Gluten.	555.08	32.71

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Beef Nachos - LR1089 (1 serv.)Contains Milk. Processed in a facility that also processes Wheat, Gluten.	624.44	42.02
Beefy Frito Pie - LR1146 (1 serv.)Contains Milk.	651.51	48.75
Bell Pepper - LR1315 (2 slice)	3.53	0.94
Berry Blast Naked Smoothie - LR1363 (1 ea.)	160.00	37.00
Biscuit Sticks - LR1462 (1 ea.)Contains Milk, Wheat, Soy, Gluten.	110.00	13.00
Blackberries - LR1160 (1/2 c.)	31.00	6.92
Blackberries - LR1161 (1/2 c.)	31.00	6.92
Blue Raspberry Applesauce Cup - LR1050 (1 ea.)	70.00	17.00
Blue Raspberry Slush (100% Juice) - LR1344 (8 fl. oz.)	120.00	31.00
Blueberries - LR1162 (1/2 c.)	42.00	10.72
Blueberries - LR1163 (1/2 c.)	42.00	10.72
Blueberry Muffin - LR1375 (1 ea.)Contains Milk, Egg, Wheat, Soy, Gluten.	200.00	32.00
Boneless BBQ Chicken Wings - LR1192 (5 ea.)Contains Milk, Wheat, Gluten.	222.50	20.00
Boneless Buffalo Chicken Wings - LR1188 (5 ea.)Contains Milk, Wheat, Gluten.	210.00	17.00
Boneless Orange Chicken Wings - LR1194 (5 ea.)Contains Milk, Wheat, Soy, Gluten.	255.00	27.50
Bosco Cheese Stick - LR1388 (1 ea.)Contains Milk, Wheat, Gluten.	190.00	25.00
Breakfast Pizza - LR1031 (1 ea.)Contains Milk, Wheat, Soy, Gluten.	210.00	27.00
Brittany's Peach Cobbler Oatmeal - LR1459 (1 serv.)Contains Milk, Wheat, Gluten.	395.82	79.58
Broccoli Florets - LR1299 (1 ea.)	15.00	3.00
Brown Gravy - LR1407 (2 tablespoons)Contains Wheat, Soy, Gluten.	26.21	1.91

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Item Name (Serving Size)	Calories (Kcal)	Carb (g)
Brownie - LR1121 (1 ea.) Contains Milk, Egg, Wheat, Soy, Gluten.	149.00	26.50
Buffalo Chicken Wings - LR1185 (5 ea.)	644.80	8.06
Buffalo Veggie Nuggets - LR1432 (5 ea.) Contains Wheat, Soy, Gluten.	250.00	25.00
Build Your Own Burrito- Beef - LR1479 (1 ea.) Contains Milk, Wheat. Processed in a facility that also processes Soy, Gluten.	330.94	46.00
Build Your Own Burrito- Chicken - LR1475 (1 ea.) Contains Milk, Wheat. Processed in a facility that also processes Soy, Gluten.	319.47	45.61
Build Your Own Sandwich - LR1254 (1 serv.)	(M)	(M)
Bunny Grahams - LR1133 (1 pkg.) May contain Milk. Contains Wheat, Soy, Gluten.	160.00	24.00
Buttered Toast - LR1011 (1 slice) Processed in a facility that also processes Milk. Contains Wheat, Gluten.	82.13	15.00
Candy Cane Ice Cream Cup - LR1338 (1 ea.) Contains Milk.	70.00	14.00
Carrot Sticks - LR1171 (1/2 c.)	25.00	5.84
Carrot Sticks & Cherry Tomatoes - LR1431 (1/2 c.)	20.46	4.65
Carrots & Celery Sticks - LR1420 (1/2 c.)	18.72	4.26
Celery - LR1175 (1/2 c.)	10.16	2.16
Celery Sticks - LR1173 (1/2 c.)	10.16	2.16
Cereal - LR1134 (1 serv.) Contains Tree nuts, Wheat, Soy, Gluten.	104.44	22.00
Cheddar Chickpeas - LR1413 (1 pkg.) Contains Milk.	120.00	13.00
Cheerios Bowl - LR1000 (1 ea.)	100.00	20.00
Cheese - LR1319 (1 ounces) Contains Milk.	110.00	1.00
Cheese Calzone - LR1242 (1 ea.) Contains Milk, Wheat, Soy, Gluten.	340.00	32.00

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Item Name (Serving Size)	Calories (Kcal)	Carb (g)
Cheese Cup - LR1113 (1 ea.)Contains Milk.	190.00	14.00
Cheese Enchiladas - LR1141 (2 ea.)Contains Milk, Soy.	356.53	29.68
Cheese Fries - LR1221 (1 serv.)Contains Milk.	286.51	24.65
Cheese Nachos - LR1041 (1 serv.)Contains Milk. Processed in a facility that also processes Wheat, Gluten.	441.27	31.50
Cheese Nachos - LR1054 (1 serv.)Contains Milk. Processed in a facility that also processes Wheat, Gluten.	510.63	40.82
Cheese Nachos (Pre-K Vegetarian Option, Select Campuses) - LR1484 (1 serv.)Contains Milk. Processed in a facility that also processes Wheat, Gluten.	441.27	31.50
Cheese Pizza - LR1139 (1 Slice (8 Cut))Contains Milk, Wheat, Soy, Gluten.	360.00	35.00
Cheese Pizza - LR1155 (1 Slice (10 cut))Contains Milk, Wheat, Soy, Gluten.	288.98	28.09
Cheese Pizza Anytimer - LR1416 (1 ea.)Contains Milk, Wheat, Soy, Gluten.	360.00	34.00
Cheese Quesadilla - LR1077 (4 slice)Contains Milk, Wheat, Gluten.	382.48	29.30
Cheese Sandwich - LR1277 (1 ea.)Contains Milk, Wheat, Soy, Gluten.	380.00	34.00
Cheese Sauce - LR1053 (3 oz.)Contains Milk.	233.20	3.56
Cheese Stick - LR1112 (1 ea.)Contains Milk.	60.00	1.00
Cheeseburger - LR1055 (1 ea.)Contains Milk, Wheat, Soy, Gluten.	335.00	30.00
Cheeseburger - LR1196 (1 ea.)Contains Milk, Wheat, Soy, Gluten.	411.38	30.11
Cheeseburger Sliders - LR1386 (1 serv.)Contains Milk, Wheat, Soy, Gluten.	272.06	29.82
Cheetos Puffs - LR1259 (1 pkg.)Contains Milk.	90.00	13.00

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Item Name (Serving Size)	Calories (Kcal)	Carb (g)
Cheez-It Crackers - LR1131 (1 pkg.) Contains Milk, Wheat, Soy, Gluten.	100.00	14.00
Chef Salad - LR1212 (1 serv.) Contains Milk, Egg, Wheat, Soy, Gluten.	432.07	38.21
Cherry Applesauce Cup - LR1072 (1 ea.)	80.00	20.00
Cherry Slush (100% Juice) - LR1345 (8 fl. oz.)	120.00	31.00
Cherry Tomatoes - LR1285 (1 c.)	27.00	5.80
Cherry Vanilla Swirl Ice Cream Cup - LR1340 (1 ea.) Contains Milk.	70.00	14.00
Chic Penne - LR1481 (1 serv.) Contains Milk, Wheat, Soy, Gluten, Broccoli.	319.43	46.03
Chicken & Cheese Tamales - LR1140 (2 ea.) Contains Milk.	420.00	32.00
Chicken & Dutch Waffle - LR1466 (1 serv.) Contains Milk, Egg, Wheat, Soy, Gluten.	446.70	63.88
Chicken & Vegetable Soup - LR1400 (1 serv.) Contains Soy.	83.46	11.10
Chicken & Waffle - LR1010 (1 serv.) Contains Milk, Egg, Wheat, Soy, Gluten.	226.70	32.88
Chicken Alfredo - LR1149 (2 #8 scoop) Contains Milk, Wheat, Gluten.	325.46	30.03
Chicken Alfredo with Garlic Breadstick - LR1250 (1 serv.) Contains Milk, Wheat, Soy, Gluten.	425.46	45.03
Chicken Breast Bites - LR1382 (5 Piece) Contains Milk, Wheat, Gluten.	210.00	17.00
Chicken Empanadas - LR1385 (2 ea.) Contains Soy.	220.00	29.00
Chicken Fajita - LR1308 (3 oz.)	133.60	3.64
Chicken Fajita Crispy Tacos - LR1208 (2 ea.)	278.44	22.08
Chicken Fajita Salad - LR1235 (1 serv.) Contains Milk, Egg, Wheat, Soy, Gluten.	417.09	45.31
Chicken Fajita Soft Tacos - LR1207 (2 ea.) Contains Wheat, Gluten.	288.88	31.38

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Item Name (Serving Size)	Calories (Kcal)	Carb (g)
Chicken Fried Steak - LR1201 (1 ea.) Contains Wheat, Gluten.	300.00	15.00
Chicken Noodle Soup - LR1397 (1 serv.) Contains Egg, Wheat, Soy, Gluten.	102.04	11.01
Chicken Nuggets - LR1205 (8 ea.) Contains Wheat, Soy, Gluten.	416.00	25.60
Chicken Rice Soup - LR1399 (1 serv.) Contains Soy.	69.95	5.59
Chicken Rings - LR1071 (5 ea.) Contains Wheat, Soy, Gluten.	299.19	14.96
Chicken Rings (Pre-K Option, Select Campuses) - LR1486 (5 ea.) Contains Wheat, Soy, Gluten.	299.19	14.96
Chicken Salad - LR1307 (1 #10 scoop) Contains Egg.	111.88	6.07
Chicken Sausage - LR1026 (1 ea.)	70.00	0.00
Chicken Spaghetti - LR1200 (1 serv.) Contains Milk, Wheat, Soy, Gluten.	392.85	42.61
Chicken Spaghetti with Garlic Breadstick - LR1251 (1 serv.) Contains Milk, Wheat, Soy, Gluten.	492.85	57.61
Chicken Tenders - LR1381 (1 serv.) Contains Wheat, Soy, Gluten.	170.00	15.00
Chicken Wings - LR1490 (5 ea.)	(M)	(M)
Chicken, Turkey Pepperoni, & Cheese Sandwich - LR1294 (1 ea.) Contains Milk, Wheat, Soy, Gluten.	330.00	34.00
Chile & Cheese Tamale - LR1063 (1 ea.) Contains Milk, Soy.	351.79	26.88
Chili Cheese Dog - LR1198 (1 ea.) Contains Milk, Wheat, Gluten.	490.80	33.10
Chili Cheese Fantastix - LR1257 (1 pkg.) Contains Milk.	130.00	19.00
Chili Cheese Fries (Beef Chili) - LR1183 (1 serv.) Contains Milk.	434.92	29.30
Chili Cheese Fries (Vegetarian) - LR1184 (1 serv.) Contains Milk. Processed in a facility that also processes Soy.	423.73	35.76
Chili Cheese Nachos (Beef) - LR1172 (1 serv.) Contains Milk. Processed in a facility that also processes Wheat, Gluten.	511.94	34.96

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Chili Cheese Nachos (Vegetarian Chili) - LR1174 (1 serv.)Contains Milk. Processed in a facility that also processes Wheat, Soy, Gluten.	500.76	41.43
Chili Con Queso Notable - LR1301 (1 ea.)Contains Milk, Wheat, Gluten.	520.00	57.00
Chili Mac - LR1147 (2 #8 scoop)Contains Milk, Wheat, Gluten.	278.10	26.46
Chocolate Chip Cookie - LR1123 (1 ea.)Contains Milk, Egg, Wheat, Soy, Gluten.	110.00	18.00
Chocolate Chip Cookie - LR1124 (1 ea.)Contains Milk, Egg, Wheat, Gluten.	200.00	33.00
Chocolate Doughnut Holes - LR1032 (3 ea.)Contains Milk, Egg, Wheat, Soy, Gluten.	150.00	21.00
Chocolate Glazed Doughnut - LR1018 (1 ea.)Contains Milk, Wheat, Soy, Gluten.	357.98	46.20
Chocolate Ice Cream Cup - LR1333 (1 ea.)Contains Milk.	70.00	14.00
Chocolate Milk - LR1186 (1 ea.)Contains Milk.	120.00	20.00
Chocolate Pudding - LR1110 (1 ea.)Contains Milk.	110.00	20.00
Chocolate Scooter Ice Cream Bar - LR1329 (1 ea.)Contains Milk, Wheat, Soy, Gluten.	170.00	26.00
Chocolate Sundae Ice Cream Cup - LR1335 (1 ea.)Contains Milk.	80.00	16.00
Choice of Cereal - LR1421 (1 ea.)	(M)	(M)
Choice of Fruit - LR1422 (1 serv.)	(M)	(M)
Choice of Fruit 2 - LR1423 (1 serv.)	(M)	(M)
Choice of Juice - LR1222 (1 ea.)	53.50	13.15
Chow Mein - LR1482 (4 7/8 oz.)Contains Wheat, Soy, Gluten.	190.00	27.00
Cinnamon & Brown Sugar Peaches - LR1455 (1 #8 scoop)	98.17	23.87
Cinnamon Applesauce Cup - LR1049 (1 ea.)	60.00	17.00

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Cinnamon Applesauce Cup - LR1085 (1 ea.)	100.00	25.00
Cinnamon Chex Bowl - LR1001 (1 ea.)	120.00	22.00
Cinnamon Gripz - LR1132 (1 pkg.)Contains Milk, Wheat, Soy, Gluten.	100.00	19.00
Cinnamon Roll - LR1029 (1 ea.)Contains Milk, Egg, Wheat, Soy, Gluten.	270.00	36.00
Cinnamon Toast - LR1021 (1 slice)Processed in a facility that also processes Milk. Contains Wheat, Gluten.	95.73	18.65
Cinnamon Toast Crunch Bowl - LR1002 (1 ea.)Contains Wheat, Soy, Gluten.	110.00	22.00
Cinnamon Toast Crunch Cereal Bar - LR1269 (1 ea.)Contains Wheat, Soy, Gluten.	150.00	30.00
Cinnamon Toast Crunch Soft Filled Breakfast Bar - LR1224 (1 ea.)Contains Milk, Wheat, Gluten.	250.00	40.00
Clementine Izze (100% Juice) - LR1362 (1 ea.)	90.00	21.00
Cocoa Puffs Bowl - LR1003 (1 ea.)	110.00	25.00
Cocoa Puffs Cereal Bar - LR1270 (1 ea.)Contains Wheat, Soy, Gluten.	150.00	30.00
Cocoa Puffs Soft Filled Breakfast Bar - LR1225 (1 ea.)Contains Milk, Wheat, Gluten.	250.00	43.00
Combination Salad - LR1217 (1 serv.)	12.42	2.52
Confetti Cookie - LR1126 (1 ea.)Contains Milk, Egg. Processed in a facility that also processes Tree nuts, Wheat, Peanuts, Soy, Gluten.	200.00	30.00
Cookies & Cream Cone - LR1331 (1 ea.)Contains Milk, Wheat, Soy, Gluten.	120.00	25.00
Cool Ranch Doritos - LR1260 (1 pkg.)Contains Milk.	130.00	19.00
Cool Tropics Kiwi Strawberry Slush (100% Juice) - LR1347 (1 ea.)	(M)	(M)

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Cool Tropics Paradise Punch Slush (100% Juice) - LR1348 (1 ea.)	(M)	(M)
Cool Tropics Tropical Trio Slush (100% Juice) - LR1350 (1 ea.)	(M)	(M)
Cool Tropics, Blue Raspberry Slush (100% Juice) - LR1349 (1 ea.)	(M)	(M)
Corn Dog - LR1095 (1 ea.)Contains Egg, Wheat, Soy, Gluten.	250.00	30.00
Cornbread - LR1148 (1 serv.)Contains Milk, Egg, Wheat. Processed in a facility that also processes Soy, Gluten.	214.19	35.97
Cornbread - LR1426 (1/4 c.)Contains Milk. May contain Egg, Wheat, Soy.	92.45	16.43
Cornbread Stuffing - LR1406 (1 #12 scoop)Contains Milk, Egg, Wheat, Soy, Gluten.	286.50	48.17
Country Corn Flakes Bowl - LR1006 (1 ea.)	70.00	16.00
Crackers - LR1088 (2 pkg.)Contains Wheat, Gluten.	60.00	9.00
Cranberry Sauce - LR1408 (1/4 c.)	110.00	28.00
CRISPY BEEF TACOS - LR1209 (2 ea.)Contains Milk.	295.46	20.58
Crispy Chicken Sandwich - LR1197 (1 ea.)Contains Milk, Wheat, Soy, Gluten.	380.00	47.00
DAIRY, YOGURT, GO BIG STRAWBERRY 48/4 OZ - LR1115 (1 ea.)Contains Milk.	100.00	18.00
Domino's Beef Pizza Slice - LR1239 (1 Slice (8 Cut))Contains Milk, Wheat, Soy, Gluten.	320.00	29.00
Domino's Cheese Pizza Slice - LR1238 (1 Slice (8 Cut))Contains Milk, Wheat, Soy, Gluten.	260.00	29.00
Domino's Pepperoni Pizza Slice - LR1237 (1 Slice (8 Cut))Contains Milk, Wheat, Soy, Gluten.	280.00	29.00
Domino's Sausage Pizza Slice - LR1240 (1 Slice (8 Cut))Contains Milk, Wheat, Soy, Gluten.	310.00	30.00

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Double Chocolate Muffin - LR1374 (1 ea.)Contains Milk, Egg. Processed in a facility that also processes Tree nuts, Wheat, Soy, Gluten.	150.00	24.00
Double Meat Cheeseburger - LR1474 (1 ea.)Contains Milk, Wheat, Soy, Gluten.	510.00	31.00
Double Meat Hamburger - LR1473 (1 ea.)Contains Wheat, Soy, Gluten.	400.00	29.00
Dutch Waffle - LR1467 (1 ea.)Contains Milk, Egg, Wheat, Soy, Gluten.	300.00	43.00
Egg & Cheese Biscuit - LR1457 (1 ea.)Contains Milk, Egg, Wheat, Soy, Gluten.	350.32	32.05
Egg & Cheese Croissant - LR1458 (1 ea.)Contains Milk, Egg. Processed in a facility that also processes Tree nuts, Wheat, Soy, Gluten.	310.32	31.05
English Muffin - LR1122 (1 ea.)Contains Wheat, Soy, Gluten.	120.00	21.00
Fat Free Lactose Free Milk - LR1119 (1 c.)Contains Milk.	90.00	13.00
Fat Free Lactose Free Milk - LR1120 (1 c.)Contains Milk.	90.00	13.00
Fat-Free Milk - LR1189 (1 ea.)Contains Milk.	90.00	13.00
Fish Filet Sandwich - LR1098 (1 ea.)Contains Fish, Wheat, Soy, Gluten.	380.00	47.00
Fish Nuggets - LR1204 (4 Piece)Contains Fish, Wheat, Soy, Gluten.	220.00	20.00
Fish Sticks - LR1203 (4 Piece)Contains Milk, Fish, Wheat, Gluten.	230.00	18.00
Fish Sticks (Pre-K Option, Select Campuses) - LR1488 (4 Piece)Contains Milk, Fish, Wheat, Gluten.	230.00	18.00
Flamin' Hot Cheetos - LR1255 (1 pkg.)Contains Milk.	120.00	17.00
French Toast Breakfast Bites - LR1034 (3 ea.)Contains Milk, Egg, Wheat, Soy, Gluten.	190.00	19.00
French Toast Sticks - LR1025 (2 ea.)Contains Wheat, Soy, Gluten.	170.00	24.00

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French Toast Sticks with Sausage - LR1210 (1 serv.)Contains Wheat, Soy, Gluten.	296.70	38.88
Fried Rice - LR1480 (1 #8 scoop)Contains Milk, Egg, Wheat, Soy, Gluten.	88.17	10.20
Froot Loops Bowl - LR1004 (1 ea.)Contains Wheat. May contain Soy, Gluten.	110.00	24.00
Frozen Mixed Berry Cup - LR1446 (1 ea.)	(M)	(M)
Frozen Peach Cup - LR1447 (1 ea.)	(M)	(M)
Frozen Strawberry Cup - LR1428 (1 ea.)	(M)	(M)
Fruit & Yogurt Parfait (Peach) - LR1379 (1 ea.)Contains Milk, Wheat, Gluten.	324.98	70.66
Fruit & Yogurt Parfait (Strawberry) - LR1380 (1 ea.)Contains Milk, Wheat, Gluten.	377.42	84.40
Fruit of the Day - LR1136 (1 serv.)Contains Peaches.	68.86	18.46
Fruit of the Day - LR1248 (1 serv.)Contains Peaches.	68.86	18.46
Fruit Roll Up, Crazy Colors - LR1289 (1 ea.)	80.00	17.00
Fruit Seasoning - LR1091 (1 ea.)	2.00	0.00
Fruit Snacks, Assorted Fruit - LR1288 (1 pkg.)	130.00	37.00
Fudge Pop Tart - LR1271 (1 ea.)Contains Wheat, Soy, Gluten.	190.00	38.00
Fudge Pop Tarts - LR1229 (1 pkg.)Contains Wheat, Soy, Gluten.	370.00	76.00
Fuji Apple - LR1452 (1 ea.)	99.50	24.00
Funyuns - LR1261 (1 pkg.)Contains Milk.	100.00	14.00
Garlic & Herb Tortilla - LR1316 (1 ea.)Contains Wheat, Gluten.	300.00	48.00
Garlic Breadstick - LR1236 (1 ea.)Contains Milk, Wheat, Soy, Gluten.	100.00	15.00
Garlic Herb Tortilla (and Roll) - LR1323 (1 serv.)Contains Milk, Wheat, Soy, Gluten.	450.00	75.00

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Garlic Toast - LR1099 (1 slice) Processed in a facility that also processes Milk. Contains Wheat, Gluten.	82.15	15.00
Gatorade G2 Fruit Punch - LR1366 (1 ea.)	30.00	7.00
Gatorade G2 Glacier Freeze - LR1367 (1 ea.)	30.00	7.00
Gatorade G2 Grape - LR1368 (1 ea.)	30.00	7.00
Gatorade G2 Orange - LR1369 (1 ea.)	30.00	7.00
Gatorade Zero Glacier Cherry - LR1370 (1 ea.)	(M)	(M)
Gatorade Zero Glacier Freeze - LR1371 (1 ea.)	(M)	(M)
Glazed Sweet Potatoes - LR1405 (1 #8 scoop) Contains Milk, Soy.	217.47	48.14
Gluten Free Bread- Special Diets - LR1476 (1 slice) Contains Egg.	120.00	21.00
Golden Grahams Bowl - LR1005 (1 ea.) Contains Wheat, Gluten.	100.00	24.00
Goldfish Crackers - LR1128 (1 pkg.) Contains Milk, Wheat, Gluten.	100.00	14.00
Graham Crackers - LR1129 (1 pkg.) Contains Wheat, Soy, Gluten.	90.00	17.00
Grapefruit Wedges - LR1442 (1/2 c.)	50.50	12.00
Grapes - LR1178 (1/2 c.)	30.00	8.00
Grapes - LR1180 (1/2 c.)	30.00	8.00
Grapes - LR1181 (1/2 c.)	30.00	8.00
Grapes - LR1182 (1/2 c.)	30.00	8.00
Green Onion - LR1321 (1/4 c.)	5.00	1.02
Grilled Cheese Sandwich - LR1036 (1 ea.) Contains Milk, Wheat, Soy, Gluten.	381.02	34.00
Grilled Cheese Sandwich (Pre-K Option, Select Campuses) - LR1483 (1 ea.) Contains Milk, Wheat, Soy, Gluten.	381.02	34.00
Hamburger - LR1044 (1 ea.) Contains Wheat, Soy, Gluten.	280.00	29.00

Menu Item Nutrient Report

Item Name (Serving Size)	Calories (Kcal)	Carb (g)
Hamburger - LR1195 (1 ea.) Contains Wheat, Soy, Gluten.	356.38	29.11
Harvest Stew - LR1401 (1 serv.) Processed in a facility that also processes Milk. Contains Wheat, Soy, Gluten.	139.66	21.01
Honey - LR1108 (1 ea.)	25.00	7.00
Honey Chicken Biscuit - LR1023 (1 ea.) Contains Milk, Egg, Wheat, Soy, Gluten.	325.00	42.00
Honey Glazed Biscuit Sticks - LR1463 (2 ea.) Contains Milk, Wheat, Soy, Gluten.	282.40	41.36
Honey Glazed Doughnut - LR1019 (1 ea.) Contains Milk, Wheat, Soy, Gluten.	345.00	46.00
Honey Nut Cheerios Bowl (Secondary Only) - LR1007 (1 ea.) Contains Tree nuts.	110.00	22.00
Honeybun - LR1030 (1 ea.) Contains Milk, Egg, Wheat, Soy, Gluten.	200.00	30.00
Hot & Spicy Popcorn Chicken - LR1094 (12 ea.) Contains Wheat, Soy, Gluten.	248.55	16.21
Hot Dog - LR1061 (1 ea.) Contains Milk, Wheat, Gluten.	300.00	29.00
Hot Fantastix - LR1258 (1 pkg.) Contains Milk.	130.00	20.00
Hummus & Pretzels - LR1283 (1 serv.) Contains Wheat, Gluten.	250.00	43.00
Ice Cream Sandwich - LR1327 (1 ea.) Contains Milk, Wheat, Soy, Gluten.	180.00	33.00
Iced Tea - LR1454 (1 c.)	0.00	0.00
Italian Combo Wrap - LR1417 (1 ea.) Contains Milk, Wheat, Soy, Gluten.	250.00	17.00
Italian Tomato Wedges - LR1232 (1 #8 scoop)	15.72	4.07
Jalapeno & Cheddar Kettle Chips - LR1263 (1 pkg.) Contains Milk.	180.00	27.00
Jalapeno & Cheese Tortilla - LR1317 (1 ea.) Contains Wheat, Gluten.	310.00	50.00
Jalapeno & Cheese Tortilla (and Roll) - LR1324 (1 serv.) Contains Milk, Wheat, Soy, Gluten.	460.00	77.00

Menu Item Nutrient Report

Generated on: 1/7/2020 2:12:14 PM by Julia Jarrell

Item Name (Serving Size)	Calories (Kcal)	Carb (g)
Jalapenos - LR1312 (1/4 c.)	5.00	4.00
Jelly - LR1020 (1 ea.)	25.52	6.69
Juicy Juice Apple Juice (100% Juice) - LR1352 (1 ea.)	95.68	22.96
Juicy Juice Apple Juice (100% Juice) - LR1354 (1 ea.)	57.56	14.39
Juicy Juice Grape Juice (100% Juice) - LR1353 (6 3/4 fl. oz.)	100.00	24.00
Juicy Juice Grape Juice (100% Juice) - LR1355 (1 ea.)	57.56	14.39
Ketchup - LR1092 (1 ea.)	10.00	3.00
Lettuce, Tomato, & Pickle Cup - LR1214 (1 serv.)	14.07	2.85
Lucky Charms Bowl - LR1008 (1 ea.)	110.00	23.00
Macaroni & Cheese - LR1145 (1 #6 scoop)Contains Milk, Wheat. Processed in a facility that also processes Soy, Gluten.	322.48	20.87
Macaroni & Cheese - LR1427 (1 #12 scoop)Contains Milk, Wheat. Processed in a facility that also processes Soy, Gluten.	161.24	10.44
Macaroni & Cheese (Pre-K Vegetarian Option, Select Campuses) - LR1485 (1 #6 scoop)Contains Milk, Wheat. Processed in a facility that also processes Soy, Gluten.	322.48	20.87
Mandarin Oranges - LR1436 (1/2 c.)	90.00	23.00
Mango Naked Smoothie - LR1364 (1 ea.)	180.00	44.00
Maple Pancake & Chicken Sausage Sandwich - LR1372 (1 ea.)Contains Milk, Egg, Wheat, Soy, Gluten.	160.00	17.00
Margarine - LR1320 (1 ounces)Contains Milk, Soy.	202.50	0.00
Marinara Sauce - LR1213 (1/2 c.)	70.00	12.00
Mashed Potatoes - LR1066 (4 1/4 oz.)Contains Milk.	70.00	16.00
Mega Meat Pizza - LR1478 (1 Slice (8 Cut))	(M)	(M)

Menu Item Nutrient Report

Generated on: 1/7/2020 2:12:14 PM by Julia Jarrell

Item Name (Serving Size)	Calories (Kcal)	Carb (g)
Minestrone - LR1402 (1 serv.) Contains Wheat, Soy, Gluten.	92.57	14.91
Mini Blueberry Pancakes - LR1227 (1 pkg.) Contains Milk, Egg, Wheat, Soy, Gluten.	210.00	35.00
Mini Cheese Raviolis - LR1150 (1 serv.) Contains Milk, Egg, Wheat, Gluten.	254.61	22.09
Mini Chocolate Rice Krispie Treat - LR1266 (1 ea.) Contains Milk, Soy.	45.00	8.00
Mini Confetti Pancakes - LR1228 (1 pkg.) Contains Milk, Egg, Wheat, Soy, Gluten.	220.00	36.00
Mini Maple Pancakes - LR1226 (1 pkg.) Contains Milk, Egg, Wheat, Soy, Gluten.	210.00	35.00
Mini Rice Krispie Treat - LR1265 (1 ea.) Contains Milk, Soy.	50.00	9.00
Mini Vanilla Ice Cream Sandwich - LR1332 (1 ea.) Contains Milk, Wheat, Soy, Gluten.	120.00	12.00
Mini Waffles - LR1223 (1 pkg.) Contains Milk, Egg, Wheat, Soy, Gluten.	200.00	35.00
Minute Maid Apple Juice, 10 oz. - LR1439 (1 ea.)	(M)	(M)
Minute Maid Berry Juice, 10 oz. - LR1440 (1 ea.)	(M)	(M)
Minute Maid Orange Juice, 10 oz. - LR1441 (1 ea.)	(M)	(M)
Mixed Fruit Applesauce Cup - LR1073 (1 ea.)	80.00	21.00
Mixed Fruit Cup - LR1046 (1 ea.)	70.00	19.00
Mozzarella Cheese Sticks - LR1037 (5 Piece) Contains Milk, Wheat, Gluten.	300.00	33.00
Mustard - LR1101 (1 ea.)	5.00	1.00
Nacho Box - LR1284 (1 serv.) Contains Milk.	281.90	25.14
Nacho Cheese Doritos - LR1262 (1 pkg.) Contains Milk.	130.00	20.00
Onion - LR1314 (2 slice)	8.40	1.89
Onion Rings - LR1396 (5 Piece) Contains Wheat, Gluten.	200.00	28.00

Menu Item Nutrient Report

Generated on: 1/7/2020 2:12:14 PM by Julia Jarrell

Item Name (Serving Size)	Calories (Kcal)	Carb (g)
Orange Chicken - LR1068 (1 serv.) Contains Milk, Wheat, Soy, Gluten.	432.70	57.33
Orange Chicken Wings - LR1193 (5 ea.) Contains Wheat, Soy, Gluten.	689.80	18.56
Orange Glaze - LR1464 (1 serv.)	15.38	3.93
Orange Glazed Biscuit Sticks - LR1461 (2 ea.) Contains Milk, Wheat, Soy, Gluten.	235.38	29.93
Orange Juice - LR1017 (1 ea.)	55.00	13.50
Orange Vegetarian Nuggets - LR1429 (1 serv.) Contains Wheat, Soy, Gluten.	422.90	65.34
Oranges - LR1435 (1 ea.)	69.00	17.43
Oven Fried Chicken - LR1065 (6 3/4 oz.) Contains Egg, Wheat, Gluten.	260.00	10.00
Oven Fried Okra - LR1395 (17 Piece) Contains Milk, Wheat, Soy, Gluten.	160.00	24.00
Oven Roasted Chicken - LR1144 (1 serv.) Processed in a facility that also processes Milk. Contains Soy.	656.48	1.40
Pancake Breakfast Bites - LR1022 (3 ea.) Contains Milk, Egg, Wheat, Soy, Gluten.	190.00	19.00
Pancakes - LR1058 (3 ea.) Contains Egg, Wheat, Soy, Gluten.	230.00	41.00
Pancakes with Sausage - LR1215 (1 serv.) Contains Egg, Wheat, Soy, Gluten.	223.33	27.33
Pancakes with Scrambled Eggs - LR1216 (1 serv.) Contains Milk, Egg, Wheat, Soy, Gluten.	243.33	29.33
Pathwater, 20.3 oz - LR1360 (1 ea.)	(M)	(M)
Peach Breakfast Bowl - LR1027 (1 ea.) Contains Milk, Egg, Wheat, Soy, Gluten.	230.00	41.00
Peach Cup - LR1045 (1 ea.) Contains Peaches.	50.00	14.00
Pear Cup - LR1047 (1 ea.)	60.00	16.00

Menu Item Nutrient Report

Generated on: 1/7/2020 2:12:14 PM by Julia Jarrell

Item Name (Serving Size)	Calories (Kcal)	Carb (g)
Peppered Gravy - LR1218 (1 oz.)Contains Milk. Processed in a facility that also processes Egg, Wheat, Soy, Gluten.	34.61	3.96
Pepperoni Calzone - LR1241 (1 ea.)Contains Milk, Wheat, Soy, Gluten.	360.00	32.00
Pepperoni Pizza - LR1164 (1 Slice (8 Cut))Contains Milk, Wheat, Soy, Gluten.	360.00	33.00
Pepperoni Pizza - LR1165 (1 Slice (10 cut))Contains Milk, Wheat, Soy, Gluten.	288.98	26.49
Personal Cheese Pizza - LR1243 (1 ea.)Contains Milk, Wheat, Soy, Gluten.	350.00	32.00
Personal Mexican Pizza - LR1244 (1 ea.)Contains Milk, Wheat, Soy, Gluten.	385.00	32.00
Personal Pepperoni Pizza - LR1245 (1 ea.)Contains Milk, Wheat, Soy, Gluten.	360.00	32.00
Personal Supreme Pizza - LR1246 (1 ea.)Contains Milk, Wheat, Soy, Gluten.	385.00	32.00
Pickles - LR1311 (9 slice)	4.94	0.99
Pico De Gallo - LR1477 (1/2 c.)	21.00	4.82
Pink Lemonade Smoothie Cup - LR1083 (1 ea.)	110.00	28.00
Popcorn Chicken - LR1040 (10 Piece)Contains Milk, Wheat, Soy, Gluten.	260.00	17.00
Popcorn Chicken (Pre-K Option, Select Campuses) - LR1487 (10 Piece)Contains Milk, Wheat, Soy, Gluten.	260.00	17.00
Pretzel & Cheddar Breadstick - LR1387 (1 ea.)Contains Milk, Wheat, Gluten.	190.00	26.00
Pretzel Goldfish - LR1412 (1 pkg.)Contains Milk, Wheat, Gluten.	90.00	16.00
Pretzels - LR1130 (1 pkg.)Contains Wheat, Gluten.	80.00	16.00
Pulled Pork Sandwich - LR1199 (1 ea.)Contains Wheat, Soy, Gluten.	408.25	47.51
Raisins - LR1086 (1 ea.)	138.21	32.96

Menu Item Nutrient Report

Generated on: 1/7/2020 2:12:14 PM by Julia Jarrell

Item Name (Serving Size)	Calories (Kcal)	Carb (g)
Ranch - LR1109 (2 tbsp.)Contains Milk, Egg.	80.00	2.00
Ranch Dressing - LR1103 (1 ea.)Contains Egg.	30.00	1.00
Ranchero Beef Tornado - LR1377 (1 ea.)Contains Milk, Wheat, Soy, Gluten.	180.00	23.00
Raspberry Yogurt - LR1012 (1 ea.)Contains Milk.	70.00	14.00
Refried Beans - LR1142 (1/2 c.)	115.00	20.00
Rice Krispie Treat - LR1267 (1 ea.)Contains Milk, Soy.	160.00	30.00
Roasted Red Pepper Hummus Cup - LR1080 (1 ea.)	170.00	27.00
Roasted Turkey - LR1404 (3 1/2 oz.)	140.42	0.00
ROLL, PRETZEL - LR1292 (1 ea.)	(M)	(M)
Rosati Ice Emoji Cup (100% Juice) - LR1351 (1 ea.)	(M)	(M)
Salad Pizzazz - LR1219 (1 c.)	12.72	2.50
Salsa - LR1100 (2 tbsp.)	10.00	2.00
Sandwich Bread - LR1309 (1 slice)Processed in a facility that also processes Milk. Contains Wheat, Gluten.	80.00	15.00
Sausage & Cheese Croissant - LR1460 (1 ea.)Contains Milk. Processed in a facility that also processes Tree nuts, Wheat, Soy, Gluten.	295.00	29.00
Sausage & Egg Biscuit - LR1449 (1 ea.)Contains Milk, Egg, Wheat. May contain Soy, Gluten.	310.32	30.05
Sausage & Egg Croissant - LR1450 (1 ea.)Contains Milk, Egg. Processed in a facility that also processes Tree nuts, Wheat, Soy, Gluten.	270.32	29.05
Sausage Biscuit - LR1009 (1 ea.)Contains Milk. May contain Egg, Wheat, Soy, Gluten.	280.00	29.00
Sausage on a Bun - LR1166 (1 ea.)Contains Milk, Wheat, Gluten.	390.00	30.00

Menu Item Nutrient Report

Generated on: 1/7/2020 2:12:14 PM by Julia Jarrell

Item Name (Serving Size)	Calories (Kcal)	Carb (g)
Sausage, Egg, & Cheese Croissant - LR1024 (1 ea.)Contains Milk, Egg. Processed in a facility that also processes Tree nuts, Wheat, Soy, Gluten.	380.14	30.05
Sausage, Egg, & Cheese Muffin - LR1451 (1 ea.)Contains Milk, Egg, Wheat, Soy, Gluten.	275.32	23.05
Sausage, Egg, & Cheese Tornado - LR1376 (1 ea.)Contains Milk, Egg, Wheat, Gluten.	180.00	21.00
Scrambled Eggs - LR1059 (2 oz.)Contains Milk, Egg.	90.00	2.00
Seasonal Fruit Cup - LR1453 (1 c.)	81.39	20.62
Seasoned Corn - LR1067 (1/2 c.)Contains Milk, Soy.	90.94	14.73
Seasoned Curly Fries - LR1075 (1/2 c.)	100.00	17.00
Seasoned Green Beans - LR1039 (1/2 c.)Contains Milk, Soy.	44.95	4.80
Seasoned Potato Wedges - LR1097 (3 oz.)	124.57	20.76
Shredded Lettuce - LR1313 (1 c.)	10.00	2.00
Shrimp Poppers - LR1383 (1 serv.)Contains Milk, Crustacean Shellfish, Wheat, Soy, Gluten.	230.00	22.00
Smokehouse Turkey Breast Stick - LR1273 (1 ea.)	40.00	0.00
Smokehouse Turkey Stick, String Cheese, & Pretzels - LR1275 (1 serv.)Contains Milk, Wheat, Gluten.	180.00	17.00
Smothered Bean & Cheese Burrito - LR1206 (1 ea.)Contains Milk, Wheat, Soy, Gluten.	421.65	42.85
Soft Beef Tacos - LR1076 (2 ea.)Contains Milk, Wheat, Gluten.	305.91	29.88
Soft Pretzel - LR1390 (1 ea.)Contains Wheat, Gluten.	170.00	35.00
Soft Pretzel Rod - LR1389 (1 ea.)Contains Wheat, Gluten.	70.00	14.00
Sour Cream - LR1114 (1 ea.)Contains Milk.	25.00	4.00
Southwest Chicken Tornado - LR1378 (1 ea.)Contains Milk, Wheat, Soy, Gluten.	160.00	22.00

Menu Item Nutrient Report

Generated on: 1/7/2020 2:12:14 PM by Julia Jarrell

Item Name (Serving Size)	Calories (Kcal)	Carb (g)
Soymilk - LR1444 (1 c.)Contains Soy.	100.00	8.00
Spaghetti & Meat Sauce - LR1035 (1 serv.)Contains Wheat, Gluten.	310.99	41.02
Spaghetti and Meat Sauce with Garlic Breadstick - LR1252 (1 serv.)Contains Milk, Wheat, Soy, Gluten.	410.99	56.02
Spaghetti and Meatballs with Garlic Toast - LR1253 (1 serv.)Contains Milk, Wheat, Gluten.	490.49	58.86
Spaghetti with Meatballs - LR1247 (1 serv.)Contains Milk, Wheat, Gluten.	408.35	43.86
Spanish Chickpea Stew - LR1403 (1 serv.)Processed in a facility that also processes Milk. Contains Soy.	174.99	18.89
Spanish Rice - LR1079 (1 #6 scoop)Processed in a facility that also processes Milk, Soy.	67.96	12.44
Spicy Chicken Sandwich - LR1093 (1 ea.)Contains Wheat, Soy, Gluten.	370.00	41.00
Spinach Tortilla - LR1318 (1 ea.)Contains Wheat, Gluten.	290.00	47.00
Spinach Tortilla (and Roll) - LR1325 (1 serv.)Contains Milk, Wheat, Soy, Gluten.	440.00	74.00
Spooky Sundae Ice Cream Cup - LR1337 (1 ea.)Contains Milk.	80.00	16.00
Spring Party Ice Cream Cup - LR1339 (1 ea.)Contains Milk.	(M)	(M)
Spring Water, 16.9 oz - LR1359 (1 ea.)	(M)	(M)
Spring Water, 8 oz - LR1358 (1 ea.)	(M)	(M)
Sriracha Honey Chicken - LR1392 (1 serv.)Contains Egg, Wheat, Gluten.	210.00	24.00
Steak Bun, 7" - LR1306 (1 ea.)Contains Wheat, Soy, Gluten.	160.00	35.00
Steak Fingers - LR1202 (4 ea.)Contains Wheat, Gluten.	300.00	14.00
Steamed Broccoli - LR1469 (1/2 c.)Contains Milk, Soy, Broccoli.	40.63	4.27
Steamed Brown Rice - LR1042 (1/2 c.)Contains Milk, Soy.	45.25	7.87

Menu Item Nutrient Report

Generated on: 1/7/2020 2:12:14 PM by Julia Jarrell

Item Name (Serving Size)	Calories (Kcal)	Carb (g)
Steamed Carrots - LR1090 (1/2 c.) Contains Milk, Soy.	54.55	8.77
Strawberry Banana Naked Smoothie - LR1365 (1 ea.)	160.00	38.00
Strawberry Banana Yogurt - LR1014 (1 ea.) Contains Milk.	80.00	16.00
Strawberry Breakfast Bowl - LR1028 (1 ea.) Contains Milk, Egg, Wheat, Soy, Gluten.	220.00	39.00
Strawberry Fruit Bar - LR1336 (1 ea.)	130.00	32.00
Strawberry Kiwi Slush (100% Juice) - LR1346 (8 fl. oz.)	120.00	31.00
Strawberry Milk - LR1191 (1 ea.) Contains Milk.	110.00	19.00
Strawberry Nutrigrain Bar - LR1268 (1 ea.) Contains Milk, Wheat, Soy, Gluten.	160.00	30.00
Strawberry Pop Tart - LR1272 (1 ea.) Contains Wheat, Soy, Gluten.	180.00	38.00
Strawberry Pop Tarts - LR1230 (1 pkg.) Contains Wheat, Soy, Gluten.	360.00	76.00
Strawberry Scooter Ice Cream Bar - LR1328 (1 ea.) Contains Milk, Wheat, Soy, Gluten.	160.00	25.00
Strawberry Smoothie Cup - LR1082 (1 ea.)	110.00	28.00
Strawberry Yogurt - LR1013 (1 ea.) Contains Milk.	80.00	16.00
Sugar PAcet - LR1107 (1 ea.)	10.00	3.00
Sugar Substitute, Blue Packet - LR1105 (1 ea.)	0.00	0.00
Sugar Substitute, Pink Packet - LR1106 (1 ea.)	0.00	0.00
Sunbutter & Jelly Sandwich - LR1282 (1 serv.) Processed in a facility that also processes Milk. Contains Wheat, Gluten.	620.69	62.07
Sunbutter Notable - LR1290 (1 serv.) Contains Wheat, Soy, Gluten.	610.00	65.00
Sunflower Kernels - LR1078 (1 ea.)	170.00	6.00
Sunflower Munchable - LR1280 (1 ea.) Contains Milk, Wheat, Soy, Gluten.	380.00	22.00

Menu Item Nutrient Report

Generated on: 1/7/2020 2:12:14 PM by Julia Jarrell

Item Name (Serving Size)	Calories (Kcal)	Carb (g)
Super Sour Applesauce Cup - LR1051 (1 ea.)	60.00	17.00
Sweet & Sour Chicken - LR1177 (10 Piece)Contains Milk, Fish, Wheat, Soy, Gluten.	355.85	40.04
Sweet & Sour Vegetarian Nuggets - LR1231 (5 ea.)Contains Wheat, Soy, Gluten.	450.00	52.00
Sweet & Sour Veggie Nuggets - LR1143 (5 ea.)Contains Wheat, Soy, Gluten.	300.00	37.00
Sweet & Sour Veggie Nuggets - LR1434 (5 Piece)Contains Fish, Wheat, Soy, Gluten.	346.05	48.05
Sweet Potato Fries - LR1062 (3 oz.)	160.00	22.00
Sweet Relish - LR1102 (1 ea.)	10.00	2.00
Sweet Tea - LR1443 (1 c.)	40.00	9.00
Switch Fruit Punch Sparkling Juice (100% Juice) - LR1356 (1 ea.)	110.00	30.00
Switch Strawberry Kiwi Sparkling Juice (100% Juice) - LR1357 (1 ea.)	120.00	30.00
Syrup - LR1211 (2 tbsp.)	80.00	21.00
Tangerine Chicken - LR1391 (1 serv.)Contains Egg, Wheat, Soy, Gluten.	190.00	25.00
Tartar Sauce - LR1104 (1 ea.)Contains Egg.	20.00	1.00
Tater Tots - LR1060 (3 oz.)	170.00	19.00
Teriyaki Chicken - LR1233 (2 7/8 ounces)Contains Wheat, Soy, Gluten.	146.37	14.04
Tomato - LR1310 (2 slice)	7.11	1.56
Tostitos Baked Scoops - LR1264 (1 pkg.)	110.00	19.00
Trail Mix Notable - LR1411 (1 ea.)Contains Milk, Wheat, Gluten.	560.00	51.00
Triple Chocolate Cookie - LR1125 (1 ea.)Contains Milk, Egg. Processed in a facility that also processes Tree nuts, Wheat, Peanuts, Soy, Gluten.	200.00	31.00

Menu Item Nutrient Report

Generated on: 1/7/2020 2:12:14 PM by Julia Jarrell

Item Name (Serving Size)	Calories (Kcal)	Carb (g)
Tuna Salad - LR1286 (1 #10 scoop)Contains Egg, Fish.	79.63	6.65
Tuna Salad Munchable - LR1287 (1 serv.)Contains Milk, Egg, Fish, Wheat, Soy, Gluten.	219.77	15.16
Turkey & Cheese Sub - LR1278 (1 ea.)Contains Milk, Wheat, Soy, Gluten.	315.00	30.00
Turkey & Two Cheese Wedge Sandwich - LR1300 (1 ea.)Contains Milk, Wheat, Soy, Gluten.	300.00	30.00
Turkey Breast - LR1291 (3 1/4 oz.)	117.33	0.00
Turkey Breast/Turkey Ham Combo - LR1303 (1 serv.)	116.18	0.52
Turkey Ham & Cheese Roll Up - LR1281 (1 ea.)Contains Milk, Wheat, Soy, Gluten.	244.17	16.14
Turkey Ham & Cheese Sandwich - LR1415 (1 ea.)Contains Milk, Wheat, Soy, Gluten.	(M)	(M)
Turkey Ham, Sliced - LR1302 (3 1/4 oz.)	115.03	1.05
Turkey Munchable - LR1279 (1 ea.)Contains Milk, Wheat, Soy, Gluten.	265.03	16.00
Unsweet Tea - LR1448 (1 c.)	0.00	0.00
Vanilla & Chocolate Twist Cone - LR1330 (1 ea.)Contains Milk, Wheat, Soy, Gluten.	150.00	30.00
Vanilla Almond Milk - LR1116 (1 c.)Contains Tree nuts.	30.00	1.00
Vanilla Doughnut Holes - LR1033 (3 ea.)Contains Milk, Egg, Wheat, Soy, Gluten.	140.00	22.00
Vanilla Ice Cream Cup - LR1334 (1 ea.)Contains Milk.	70.00	4.00
Vanilla Pediasure with Fiber - LR1117 (1 ea.)Contains Milk, Soy.	240.00	33.00
Vanilla Pudding - LR1111 (1 ea.)Contains Milk.	110.00	20.00
Vanilla Yogurt - LR1015 (1 ea.)Contains Milk.	70.00	14.00
Vegetable Egg Roll - LR1394 (1 ea.)Contains Wheat, Soy, Gluten.	110.00	24.00

Menu Item Nutrient Report

Generated on: 1/7/2020 2:12:14 PM by Julia Jarrell

Item Name (Serving Size)	Calories (Kcal)	Carb (g)
Vegetable Lasagna Roll Up - LR1489 (1 ea.)Contains Milk, Egg, Wheat, Gluten.	302.56	35.65
Vegetarian Bean Chili - LR1167 (1 #6 scoop)Processed in a facility that also processes Milk, Soy.	158.63	26.46
Veggie Nuggets - LR1069 (5 ea.)Contains Wheat, Soy, Gluten.	250.00	25.00
Very Strawberry Applesauce Cup - LR1052 (1 ea.)	60.00	17.00
Waffle - LR1456 (2 ea.)Contains Milk, Egg, Wheat, Soy, Gluten.	160.00	24.00
Whole Lactose Free Milk - LR1118 (1 c.)Contains Milk.	160.00	13.00
Whole Milk - LR1445 (1 ea.)Contains Milk.	150.00	12.00
Whole Wheat Roll - LR1038 (1 ea.)Contains Milk, Wheat, Soy, Gluten.	151.02	27.00
Wild Watermelon Applesauce Cup - LR1074 (1 ea.)	60.00	17.00
YoDots Cookie Dough - LR1341 (1 ea.)Contains Milk, Wheat, Soy, Gluten.	150.00	29.00
YoDots Cookies & Cream - LR1342 (1 ea.)Contains Milk, Wheat, Soy, Gluten.	(M)	(M)
YoDots Cotton Candy - LR1343 (1 ea.)Contains Milk.	110.00	23.00
Yogurt - LR1135 (1 serv.)Contains Milk.	75.00	15.00
Zee-Zee's Honey Roasted Sunflower Kernels - LR1297 (1 ea.)	200.00	10.00
Zee-Zee's Meal Pack - LR1295 (1 ea.)Contains Milk, Wheat, Soy, Gluten.	440.00	35.00
Zee-Zee's Mozzarella String Cheese - LR1298 (1 ea.)Contains Milk.	90.00	1.00
Zee-Zee's Strawberry Crisp Bar - LR1296 (1 ea.)Contains Milk, Wheat, Soy, Gluten.	150.00	24.00

Legend

(M) Indicates missing nutrient values.

Menu Item Nutrient Report

Generated on: 1/7/2020 2:12:14 PM by Julia Jarrell

Report Selections

Meal Pattern: [USDA] CACFP Meal Pattern
Serving Group: Ages 6-18
Data Source: Local