

Menu Item Nutrient Report

Item Name (Serving Size)	Carb (g)
1% Milk - LR1187 (1 ea.) Contains Milk.	13.00
100% Apple Juice (Tropicana) - LR1797 (1 bottle.)	34.00
100% Orange Juice (Tropicana) - LR1798 (1 bottle.)	33.00
100% Sparkling Fruit Juice, Apple (Switch) - LR1525 (1 ea.)	27.00
Almond Milk - LR1894 (1 c.) Contains Tree nuts.	8.00
American Hero Ice Cup - LR1502 (1 ea.)	(M)
Animal Crackers - LR1127 (1 pkg.) Contains Gluten, Soy, Wheat.	21.00
Apple - LR1151 (1 ea.)	22.00
Apple Cinnamon Nutrigrain Bar - LR1727 (1 ea.) Contains Gluten, Milk, Soy, Wheat.	30.00
Apple Crisps - LR1471 (1 ea.)	10.00
Apple Juice Cup - LR2185 (1 ea.)	14.00
Apple Slices - LR1956 (1 ea.)	(M)
Applesauce Cup - LR1048 (1 ea.)	17.00
Apricot Cup - LR1671 (1 ea.)	32.00
Asian Side Salad - LR2256 (1 serv.) Contains Gluten, Soy, Wheat.	10.45
Baked Beans - LR1821 (1/2 c.)	30.09
Banana - LR1159 (1 ea.)	26.95
Banana Bread - LR2102 (1 ea.) Contains Egg, Gluten, Milk, Soy, Wheat.	45.00

Menu Item Nutrient Report

BBQ Baked Lays - LR1256 (1 pkg.) Contains Milk, Soy.	19.00
BBQ Dunk Cup - LR1834 (1 ea.)	10.00
BBQ TURKEY SANDWICH on BREAD- special diets - LR1691 (1 sandwich) Contains Gluten, Soy, Wheat.	29.00
BBQ TURKEY SANDWICH on GF BREAD- special diets - LR1685 (1 sandwich) Contains Egg.	38.00
BBQ Wings - LR1516 (5 ea.)	18.95
Bean & Cheese Bowl - LR2205 (1 pkg.) Contains Milk, Soy.	15.70
Bean & Cheese Burrito (Vegetarian) - LR1096 (1 ea.) Contains Gluten, Milk, Soy, Wheat.	40.00
Bean & Cheese Pupusa (Vegetarian) - LR2032 (1 ea.) Contains Milk.	35.00
Bean Dipz Cup - LR1670 (1 ea.)	12.00
Beans a la Charra - LR1043 (1 #6 scoop)	29.52
Beef Jerky, Teriyaki Flavor - LR1825 (1 pkg.)	6.00
Beefy Frito Pie - LR1146 (1 serv.) Contains Milk.	41.41
Berry Blast Naked Smoothie - LR1363 (1 ea.)	37.00
Black Cherry Froot Jooce Cup, 100% Frozen Fruit Juice - LR2126 (1 ea.)	22.00
Black Cherry Switch - LR1523 (1 ea.)	30.00
Blue Raspberry Applesauce Cup - LR1050 (1 ea.)	17.00
Blue Raspberry Slush (100% Juice) - LR1344 (8 fl. oz.)	31.00
Blueberry Glazed Donut Holes Cup - LR2117 (1 pkg.) Contains Egg, Gluten, Milk, Soy, Wheat.	39.00
Blueberry Muffin - LR2213 (1 ea.) Contains Egg, Gluten, Milk, Soy, Wheat.	48.00

Menu Item Nutrient Report

Blueberry Nutrigrain Bar - LR2049 (1 ea.) Contains Gluten, Milk, Soy, Wheat.	30.00
Blueberry Vanilla Bites - LR2174 (1 ea.) Contains Gluten, Milk, Soy, Wheat.	20.00
Bottled Water (16.9 oz) - LR1802 (1 bottle.)	(M)
Bottled Water (8 ounces) - LR1801 (1 bottle.)	(M)
Breakfast Chicken Croissant - LR2209 (1 ea.) Contains Egg, Gluten, Milk, Soy, Wheat.	32.00
Breakfast Pizza - LR1031 (1 ea.) Contains Gluten, Milk, Soy, Wheat.	27.00
Broccoli Florets - LR1544 (1/2 c.)	1.60
Buffalo Chicken Pizza - LR2219 (1 Slice (8 Cut)) Contains Gluten, Milk, Soy, Wheat.	35.00
Buffalo Veggie Nuggets (Vegetarian) - LR2089 (6 ea.) Contains Gluten, Soy, Wheat.	27.00
Buffalo Wings - LR1515 (5 ea.)	1.67
BURGER FOR GF- special diets - LR1658 (1 ea.) Contains Egg.	42.00
Buttered Toast - LR1011 (1 slice) Contains Gluten, Milk, Soy, Wheat.	12.00
Cantaloupe Chunks - LR1868 (1/2 c.)	7.00
Capri Sun 100% Juice, Apple - LR2101 (1 ea.)	21.00
Capri Sun 100% Juice, Berry - LR2100 (1 ea.)	21.00
Capri Sun, 100% Juice, Fruit Punch - LR2105 (1 ea.)	21.00
Caramel Mini Cinnis - LR2212 (1 ea.) Contains Gluten, Milk, Wheat.	35.00
Carnival Chip Cookie - LR1817 (1 ea.) Contains Egg, Gluten, Milk, Soy, Wheat.	27.00
Carrot Sticks - LR1171 (1/2 c.) Contains Carrot.	5.65

Menu Item Nutrient Report

Celery Sticks - LR1173 (1/2 c.)	1.95
Cheddar Cheese Cubes - LR2006 (1 ea.) Contains Milk.	0.00
Cheerios Bowl - LR1000 (1 ea.)	20.00
Cheese Burger on GF Bread - LR1656 (1 ea.) Contains Egg, Milk, Soy.	43.01
Cheese Cup - LR1113 (1 ea.) Contains Milk.	14.00
Cheese Nachos (Vegetarian) - LR1041 (1 serv.) Contains Milk.	31.39
Cheese Nachos, HS (Vegetarian) - LR1054 (1 serv.) Contains Milk.	40.40
Cheese Pizza Anytimer - LR1416 (1 ea.) Contains Gluten, Milk, Soy, Wheat.	34.00
Cheese Quesadilla (Vegetarian) - LR1077 (2 tortilla) Contains Gluten, Milk, Soy, Wheat.	34.05
Cheese Sandwich - LR1277 (1 ea.) Contains Gluten, Milk, Soy, Wheat.	28.05
Cheese Sandwich (Cold) - LR1754 (1 ea.) Contains Gluten, Milk, Soy, Wheat.	28.00
Cheese Stick - LR1112 (1 ea.) Contains Milk.	1.00
Cheese Stuffed Breadsticks (Vegetarian) - LR1982 (2 ea.) Contains Egg, Gluten, Milk, Soy, Wheat.	28.00
Cheeseburger, Elementary/Middle - LR1055 (1 ea.) Contains Gluten, Milk, Sesame, Soy, Wheat.	29.01
Cheeseburger, High - LR1534 (1 ea.) Contains Gluten, Milk, Sesame, Soy, Wheat.	29.91
Cheeseburger - LR1738 (1 ea.) Contains Gluten, Milk, Sesame, Soy, Wheat.	29.90
Cheetos - LR2090 (1 Bag) Contains Milk.	16.00
Cheetos Puffs - LR1259 (1 pkg.) Contains Milk.	13.00
Cheez-It Crackers - LR1131 (1 pkg.) Contains Gluten, Milk, Soy, Wheat.	14.00

Menu Item Nutrient Report

Chef Salad - LR1212 (1 serv.) Contains Carrot, Egg, Gluten, Milk, Soy, Wheat.	35.29
Cherry Muffin - LR1841 (1 ea.) Contains Egg, Gluten, Milk, Wheat.	39.00
Cherry Slush (100% Juice) - LR1345 (8 fl. oz.)	31.00
Cherry Tomatoes - LR1285 (1/2 c.)	2.90
Chex Mix, Strawberry Yogurt - LR1552 (1 Bag)	(M)
Chicken & Cheese Crisпитos - LR2204 (1 ea.) Contains Gluten, Milk, Wheat.	19.00
Chicken & Waffle - LR2132 (1 serv.) Contains Egg, Gluten, Milk, Soy, Wheat.	26.50
Chicken Alfredo - LR1149 (2 #8 scoop) Contains Gluten, Milk, Soy, Wheat.	31.67
Chicken Corn Dog - Gluten Free - LR2264 (1 ea.) Contains Egg, Honey, Soy.	20.00
Chicken Enchilada Empanada - LR2129 (1 ea.) Contains Gluten, Milk, Soy, Wheat.	32.00
Chicken Fajita Crispy Tacos - LR1208 (2 ea.) Contains Soy.	21.12
Chicken Fajita Salad - LR1235 (1 serv.) Contains Carrot, Egg, Gluten, Milk, Soy, Wheat.	38.22
Chicken Fajita Soft Tacos - LR1207 (2 ea.) Contains Gluten, Soy, Wheat.	33.12
Chicken Nachos - LR2137 (1 serv.) Contains Milk, Soy.	33.06
Chicken Nachos, HS - LR2004 (1 serv.) Contains Milk, Soy.	42.06
Chicken Nuggets - LR2029 (5 ea.) Contains Gluten, Soy, Wheat.	15.97
CHICKEN SAUSAGE ON BREAD- special diets - LR1690 (1 ea.) Contains Gluten, Soy, Wheat.	24.00
CHICKEN SAUSAGE, EGG PATTY ON GF BREAD- special diets - LR1686 (1 ea.) Contains Egg, Milk.	43.05
Chicken Tenders - LR2031 (3 ea.) Contains Gluten, Soy, Wheat.	12.05

Menu Item Nutrient Report

Chicken Teriyaki - LR1794 (2.85 ounces) Contains Gluten, Soy, Wheat.	7.00
Chicken Wings (Plain) - LR1514 (5 Piece)	1.67
Chili Cheese Fantastix - LR1257 (1 pkg.) Contains Milk.	19.00
Chillin Bat Orange Ice Cup - LR2166 (1 ea.) Contains Apple Juice, Apples, Carrot.	(M)
Chips, Baked Fantastix, Ranch - LR2243 (1 ea.) Contains Milk.	18.00
Chips, Baked Lays Salt & Vinegar - LR2244 (1 ea.) Contains Soy.	18.00
Chocolate Chip Cookie - LR1818 (1 ea.) Contains Egg, Gluten, Milk, Soy, Wheat.	27.00
Chocolate Chip Muffin Top - LR2036 (1 ea.) Contains Egg, Gluten, Milk, Soy, Wheat.	29.00
Chocolate Milk - LR1186 (1 ea.) Contains Milk.	20.00
Chocolate Scooter Ice Cream Bar - LR1329 (1 ea.) Contains Gluten, Milk, Soy, Wheat.	26.00
Chocolate Soymilk - LR1804 (1 ea.) Contains Soy.	18.00
Chocolate Sundae Ice Cream Cup - LR1335 (1 ea.) Contains Milk.	16.00
Chocolate Tiger Bites (Graham Bites) - LR2157 (1 ea.) Contains Gluten, Soy, Wheat.	21.00
Cinnamon Chex Bowl - LR1001 (1 ea.)	22.00
Cinnamon Frosted Pop Tart - LR1496 (1 ea.)	(M)
Cinnamon Frosted Pop Tart - LR1565 (1 pkg.) Contains Gluten, Soy, Wheat.	76.00
Cinnamon Gripz - LR1132 (1 pkg.) Contains Gluten, Milk, Soy, Wheat.	19.00
Cinnamon Roll - LR1029 (1 ea.) Contains Egg, Gluten, Milk, Soy, Wheat.	36.00
Cinnamon Toast Crunch Bowl - LR1002 (1 ea.) Contains Gluten, Soy, Wheat.	22.00

Menu Item Nutrient Report

Cinnamon Toast Crunch Cereal Bar - LR1269 (1 ea.) Contains Gluten, Soy, Wheat.	30.00
Cocoa Puffs Bowl - LR1003 (1 ea.)	25.00
Cocoa Puffs Cereal Bar - LR1270 (1 ea.) Contains Gluten, Soy, Wheat.	30.00
Colby Jack Cheese Stick - LR1815 (1 ea.) Contains Milk.	1.00
Cold Brew Coffee, Black - LR1805 (8 ounces)	2.00
Combination Salad - LR1217 (1 serv.)	3.06
Confetti Cookie - LR1126 (1 ea.) Contains Egg, Gluten, Milk, Soy, Wheat. Processed in a facility that also processes Peanuts, Tree nuts	30.00
Confetti Rice Krispie Treat - LR2073 (1 ea.)	(M)
Cookies & Cream Cone - LR1331 (1 ea.) Contains Gluten, Milk, Soy, Wheat.	25.00
Cool Ranch Doritos - LR1260 (1 pkg.) Contains Milk.	19.00
Cool Tropics Kiwi Strawberry Slush (100% Juice) - LR1347 (1 ea.)	(M)
Cool Tropics Paradise Punch Slush (100% Juice) - LR1348 (1 ea.)	(M)
Cool Tropics Tropical Trio Slush (100% Juice) - LR1350 (1 ea.)	20.00
Cool Tropics, Blue Raspberry Slush (100% Juice) - LR1349 (1 ea.)	(M)
Cool Tropics, Sour Apple Slush (100% Juice) - LR1548 (1 ea.)	15.00
Corn Dog (Chicken) - LR1095 (1 ea.) Contains Egg, Gluten, Soy, Wheat.	30.00
Cornbread Stuffing - LR1406 (1 #12 scoop) Contains Gluten, Milk, Soy, Wheat. May contain Egg, Soy.	35.26
Country Corn Flakes Bowl - LR1006 (1 ea.)	16.00
Cranberry Sauce - LR1408 (1/4 c.)	28.00

Menu Item Nutrient Report

Crinkle Cut Fries - LR1948 (3 ounces)	22.01
Crispy Chicken Sandwich - LR1197 (1 ea.) Contains Gluten, Milk, Sesame, Wheat.	46.00
CRISPY CHICKEN SANDWICH on BREAD- special diets - LR1684 (1 ea.) Contains Gluten, Milk, Soy, Wheat	30.00
Crunchy Cheese Snacks - LR1644 (1 ea.) Contains Milk.	16.00
Cucumbers - LR1905 (1/2 c.)	2.75
DAIRY, YOGURT, GO BIG STRAWBERRY 48/4 OZ - LR1115 (1 ea.) Contains Milk.	18.00
Diced Apple Cup - LR2203 (1 ea.)	22.00
Diced Carrots - LR2241 (1/2 c.)	7.08
Diced Pear Cup - LR1875 (1 ea.)	19.00
Diced Pears - LR2060 (1/2 c.)	16.21
Diced Turkey Breast - LR1848 (3.92 ounces)	3.00
Diced Watermelon - LR1867 (1/2 c.)	5.50
Donut Stick - LR1800 (1 ea.) Contains Egg, Gluten, Milk, Soy, Wheat.	39.00
Doritos Flamas - LR1619 (1 ea.) Contains Milk.	(M)
Dragon Punch - LR2026 (1 ea.)	13.00
Dried Cherries - LR2237 (1/4 c.)	32.00
Dried Cranberries - LR1996 (1 ea.)	28.00
Edamame - LR1964 (1/2 c.) Contains Soy.	12.00
EGG BISCUIT- special diets - LR1661 (1 ea.) Contains Egg, Gluten, Milk, Wheat. May contain Egg, Soy.	28.05

Menu Item Nutrient Report

Eggoji Waffle - LR2017 (1 ea.) Contains Egg, Gluten, Milk, Soy, Wheat.	14.50
Fat Free Lactose Free Milk - LR1119 (1 c.) Contains Milk.	13.00
Fat Free Lactose Free Milk - LR1120 (1 c.) Contains Milk.	13.00
Fat-Free Milk - LR1189 (1 ea.) Contains Milk.	13.00
Fish Sticks - LR1203 (4 Piece) Contains Fish, Gluten, Milk, Wheat.	18.00
Flame Roasted Corn & Jalapeno Blend - LR2134 (3 1/8 ounces)	17.38
Flamin' Hot Cheetos - LR1255 (1 pkg.) Contains Milk.	17.00
Flamin Hot Limon Cheetos - LR2085 (1 ea.) Contains Milk.	18.00
Fortune Cookie - LR2222 (1 ea.) Contains Gluten, Soy, Wheat.	2.67
French Toast Sticks - LR1025 (2 ea.) Contains Gluten, Soy, Wheat.	24.00
Fresh Orange - LR2183 (1 ea.)	14.80
Fresh Peach - LR2086 (1 ea.)	15.92
Froot Loops Bowl - LR1004 (1 ea.) Contains Gluten, Wheat. May contain Soy.	24.00
Frosted Blueberry Pop Tart - LR1578 (1 ea.) Contains Gluten, Soy, Wheat.	(M)
Frosted Flakes Cereal - LR1718 (1 ea.) Contains Corn/Corn Products, Gluten, Wheat. May contain Soy.	24.00
Frosted Strawberry Pop Tarts - LR2048 (1 pkg.) Contains Gluten, Soy, Wheat.	70.00
Frozen Blueberries - LR1635 (1/2 c.)	9.00
Frozen Blueberries with Whipped Topping - LR2250 (1 1/2 cup) Contains Milk.	11.40
Frozen Mixed Berry Cup - LR1446 (1 ea.)	(M)

Menu Item Nutrient Report

Frozen Peach Cup - LR1447 (1 ea.)	21.00
Frozen Strawberry Cup - LR1428 (1 ea.)	21.00
Fruit & Yogurt Parfait (Peach) - LR1379 (1 ea.) Contains Gluten, Milk, Wheat.	68.62
Fruit & Yogurt Parfait (Strawberry) - LR1380 (1 ea.) Contains Gluten, Milk, Wheat.	92.66
FRUIT JUICE 100%, SPARKLING, TROPICAL PINEAPPLE 24 CT (SWITCH) - LR1524 (1 ea.)	30.00
Fruit Punch Juice Box - LR2039 (1 ea.)	15.00
Fruit Punch, 100% Juice Box - LR1792 (1 ea.)	15.00
Fruit Roll Up, Crazy Colors - LR1289 (1 ea.)	17.00
Fruit Roll Up, Hot Colors - LR2010 (1 ea.)	11.00
Fruit Seasoning - LR1091 (1 ea.)	0.00
Fruit Snacks, Assorted Fruit - LR1288 (1 pkg.)	37.00
Fudge Brownie - LR1849 (1 ea.) Contains Egg, Gluten, Milk, Soy, Wheat.	31.00
Fudge Pop Tart - LR1271 (1 ea.) Contains Gluten, Soy, Wheat.	38.00
Fudge Pop Tarts - LR1229 (1 pkg.) Contains Gluten, Soy, Wheat.	76.00
Funyuns - LR1261 (1 pkg.) Contains Milk.	14.00
Garlic Breadstick, Elementary - LR1236 (1 ea.) Contains Gluten, Milk, Soy, Wheat.	15.00
Garlic Breadstick, Middle/High - LR2027 (1 ea.) Contains Gluten, Milk, Soy, Wheat. May contain Egg.	26.00
Garlic Parmesan Green Beans - LR2257 (1/2 c.) Contains Milk.	5.94
Garlic Toast - LR1099 (1 slice) Contains Gluten, Milk, Soy, Wheat.	12.00

Menu Item Nutrient Report

Gatorade G2 Fruit Punch - LR1366 (1 ea.)	7.00
Gatorade G2 Glacier Freeze - LR1367 (1 ea.)	7.00
Gatorade G2 Grape - LR1368 (1 ea.)	7.00
Gatorade G2 Orange - LR1369 (1 ea.)	7.00
Gatorade Zero Glacier Cherry - LR1370 (1 ea.)	(M)
Gatorade Zero Glacier Freeze - LR1371 (1 ea.)	(M)
Gatorade Zero, Fruit Punch - LR2177 (1 ea.)	(M)
Gatorade Zero, Grape - LR2106 (1 ea.)	(M)
Gatorade, Fruit Punch - LR2042 (1 ea.)	22.00
General Tso's Chicken - LR1492 (3.9 oz.) Contains Egg, Gluten, Milk, Soy, Wheat.	24.00
Givin' Thanks Apple Pie Ice Cup - LR1631 (1 ea.)	25.00
Glazed Cinnamon Roll - LR1529 (1 ea.) Contains Egg, Gluten, Milk, Soy, Wheat.	52.00
Gluten Free Bread- Special Diets - LR1476 (1 slice) Contains Egg.	21.00
Gluten Free Buttered Toast - LR1845 (1 slice) Contains Egg.	21.00
Golden Grahams Bowl - LR1005 (1 ea.) Contains Gluten, Wheat.	24.00
Goldfish Crackers - LR1128 (1 pkg.) Contains Gluten, Milk, Wheat.	14.00
Good Fortune Ice Cup - LR1506 (1 ea.)	(M)
Graham Crackers - LR1129 (1 pkg.) Contains Gluten, Soy, Wheat.	17.00
Grape Jelly - LR1809 (1 ea.)	9.00

Menu Item Nutrient Report

Grape Juice Cup - LR2186 (1 ea.)	18.00
Grape Propel - LR1880 (1 ea.)	0.00
Grapefruit - LR2077 (1/2 ea.)	13.00
Green Grapes - LR1870 (1/2 c.)	14.00
Grilled Cheese Sandwich (Vegetarian) - LR1036 (1 ea.) Contains Gluten, Milk, Soy, Wheat.	28.05
GRILLED CHEESE SANDWICH for GF- special diets - LR1659 (1 ea.) Contains Egg, Milk, Soy.	46.05
Grilled Chicken Sandwich - LR2228 (1 sandwich) Contains Gluten, Sesame, Wheat.	28.00
Grilled Chicken Sandwich with Cheese - LR2230 (1 sandwich) Contains Gluten, Milk, Sesame, Soy, Wheat	29.00
Guacamole Cup - LR2215 (1 ea.)	4.00
Hamburger, Elementary/Middle - LR1044 (1 ea.) Contains Gluten, Sesame, Wheat.	28.00
Hamburger, High - LR1533 (1 ea.) Contains Gluten, Sesame, Wheat.	28.90
Happy New Year Strawberry Lemonade Ice Cup - LR2184 (1 ea.)	25.00
Hip Hoppin Tropical Fruit Ice Cup - LR2231 (1 ea.)	25.00
Honey - LR1108 (1 ea.)	7.00
Honey Chicken Biscuit - LR1023 (1 ea.) Contains Gluten, Milk, Soy, Wheat. May contain Egg, Soy.	33.00
Honey Cran Trail Mix - LR2238 (1 pkg.)	36.00
Honey Mustard Dunk Cup - LR1835 (1 ea.) Contains Egg.	7.00
Honey Roasted Sunflower Kernels - LR1857 (1 pkg.)	10.00
Honeybun - LR1030 (1 ea.) Contains Egg, Gluten, Milk, Soy, Wheat.	30.00

Menu Item Nutrient Report

Honeybun - LR1785 (1 ea.) Contains Egg, Gluten, Milk, Soy, Wheat.	39.00
Honeydew Chunks - LR1871 (1/2 c.)	8.00
Hot Dog - LR1061 (1 ea.) Contains Gluten, Soy, Wheat.	30.00
Hot Fantastix - LR1258 (1 pkg.) Contains Milk.	20.00
Hot Sauce Packet - LR2210 (1 ea.)	0.00
Hot Turkey Ham & Cheese Sandwich - LR1693 (1 ea.) Contains Gluten, Milk, Sesame, Soy, Wheat.	31.30
Ice Cream Cup, Chocolate - LR1333 (1 ea.) Contains Milk.	14.00
Ice Cream Sandwich - LR1327 (1 ea.) Contains Gluten, Milk, Soy, Wheat.	33.00
Iced Tea - LR1454 (1 c.)	0.00
IMITATION MILK, ALMOND ORIGINAL (GFS SUB)-special diets - LR1901 (1 c.) Contains Tree nuts.	8.00
IMITATION MILK, SOYMILK, VERY VANILLA, 18/8OZ -special diets - LR1617 (1 ea.) Contains Soy.	18.00
Impossible Burger (Vegetarian) - LR2223 (1 ea.) Contains Gluten, Sesame, Soy, Wheat.	35.00
Italian Combo Wrap - LR1417 (1 ea.) Contains Gluten, Milk, Soy, Wheat.	17.00
Italian Tomato Wedges - LR1232 (1 #8 scoop)	4.07
Jalapeno & Cheddar Kettle Chips - LR1263 (1 pkg.) Contains Milk.	27.00
Jalapenos - LR1312 (1/4 c.)	4.00
Jelly (Grape or Mixed Fruit) - LR1806 (1 ea.)	6.00
Juicy Juice Apple Juice (100% Juice) - LR1352 (1 ea.)	22.96
Juicy Juice Apple Juice (100% Juice) - LR1354 (1 ea.)	14.39

Menu Item Nutrient Report

Juicy Juice Grape Juice (100% Juice) - LR1353 (6 3/4 fl. oz.)	24.00
Juicy Juice Grape Juice (100% Juice) - LR1355 (1 ea.)	14.39
Ketchup - LR1696 (1 ea.)	2.00
Kettle Chips- Salt & Vinegar - LR1629 (1 Bag)	28.00
Kids Mix Snack Mix - LR1499 (1 pkg.) Contains Gluten, Milk, Wheat.	17.00
Lactose Free Milk - LR1846 (1 c.) Contains Milk.	(M)
Lactose Free Milk, Fat Free - LR1704 (1 ea.)	(M)
Lettuce, Tomato, & Pickle Cup - LR1214 (1 serv.)	2.96
Light Mayonnaise Packet - LR2221 (1 packet) Contains Egg.	1.00
Lone Star Luau Slush - LR2167 (1 ea.)	16.00
Luck O' the Ice Cup - LR2197 (1 ea.)	25.00
Lucky Charms Bowl - LR1008 (1 ea.)	23.00
Macaroni & Cheese (Vegetarian) - LR2028 (6 ounces) Contains Egg, Gluten, Milk, Wheat.	28.01
Mandarin Oranges - LR1436 (1/2 c.)	23.00
Mango Caliente Ice Cup - LR1519 (1 ea.)	(M)
Mango Froot Jooce Cup, 100% Frozen Fruit Juice - LR2124 (1 ea.) Contains Apple Juice, Apples.	23.00
Mango Habanero Wings - LR2052 (5 ea.)	10.67
Mango Naked Smoothie - LR1364 (1 ea.)	44.00
Mango Pineapple Smoothie - LR2122 (1 ea.) Contains Milk.	36.00

Menu Item Nutrient Report

Maple Pancake Chicken Sausage Sandwich - LR1958 (1 ea.) Contains Egg, Gluten, Milk, Soy, Wheat.	17.00
Maple Syrup Dip Cup - LR1807 (1 ea.)	31.00
Marinara Dip Cup - LR1865 (1 ea.)	3.00
Marinara Sauce - LR1213 (1/2 c.)	12.00
Mashed Potatoes - LR1066 (4.24 oz.) Contains Milk.	14.07
MILK, LACTOSE FREE, FF. 8 OZ, 12/CASE-special diets - LR1916 (1 c.) Contains Milk.	13.00
Mini Bagels with Cinnamon Cream Cheese - LR2176 (1 ea.) Contains Gluten, Milk, Wheat.	42.00
Mini Bagels with Strawberry Cream Cheese - LR2115 (1 pkg.) Contains Gluten, Milk, Wheat.	42.00
Mini Blueberry Pancakes - LR1227 (1 pkg.) Contains Egg, Gluten, Milk, Soy, Wheat.	35.00
Mini Chocolate Chip Cookies - LR1791 (1 pkg.) Contains Gluten, Milk, Soy, Wheat. May contain Peanuts, Tree nuts	25.00
Mini Chocolate Rice Krispie Treat - LR1266 (1 ea.) Contains Milk, Soy.	8.00
Mini Confetti Pancakes - LR1228 (1 pkg.) Contains Egg, Gluten, Milk, Soy, Wheat.	36.00
Mini Maple Pancakes - LR1226 (1 pkg.) Contains Egg, Gluten, Milk, Soy, Wheat.	35.00
Mini Maple Waffles - LR1223 (1 pkg.) Contains Egg, Gluten, Milk, Soy, Wheat.	35.00
Mini Rice Krispie Treat - LR1265 (1 ea.) Contains Milk, Soy.	9.00
Mini Vanilla Ice Cream Sandwich - LR1332 (1 ea.) Contains Gluten, Milk, Soy, Wheat.	12.00
Minute Maid Apple Juice, 10 oz. - LR1439 (1 ea.)	(M)
Minute Maid Berry Juice, 10 oz. - LR1440 (1 ea.)	(M)
Minute Maid Orange Juice, 10 oz. - LR1441 (1 ea.)	(M)

Menu Item Nutrient Report

Mixed Berry Fruit Snacks - LR1636 (1 ea.)	(M)
Mixed Fruit - LR1541 (1/2 c.)	15.00
Mixed Fruit Applesauce Cup - LR1073 (1 ea.)	21.00
Mozzarella Cheese Sticks (Vegetarian) - LR1037 (5 Piece) Contains Gluten, Milk, Wheat.	33.00
Mustard - LR1721 (1 ea.)	(M)
Nacho Cheese Doritos - LR1262 (1 pkg.) Contains Milk.	20.00
Nashville Hot Popcorn Chicken - LR2142 (10 Piece) Contains Gluten, Wheat.	15.71
Nectarine - LR2055 (1 ea.)	13.40
Noodles - LR2012 (1/2 c.) Contains Gluten, Milk, Soy, Wheat.	19.71
Orange - LR1435 (1 ea.)	17.43
Orange Blossom Bar - LR1526 (1 ea.)	14.00
Orange Juice Cup - LR2187 (1 ea.)	12.00
Orange Push Up - LR1877 (1 ea.) Contains Milk.	21.00
Orange Tangerine Switch - LR1796 (1 Can)	26.00
Oven Fried Drumstick - LR1786 (5.15 oz.) Contains Gluten, Wheat.	9.32
Pancake & Sausage on a Stick - LR1540 (1 ea.) Contains Egg, Gluten, Soy, Wheat.	17.00
Paradise Punch - LR1598 (1 ea.)	(M)
Peach Applesauce - LR1874 (1 ea.)	14.00
Peach Cup - LR1864 (1 ea.)	18.00

Menu Item Nutrient Report

Peach Smoothie - LR2123 (1 ea.) Contains Milk.	35.00
Pear - LR2156 (1 ea.)	15.87
Picante Sauce - LR1863 (1 ea.)	1.00
Pickles - LR1311 (9 slice)	0.99
Pico De Gallo - LR1477 (1/2 c.)	4.81
Popcorn Chicken - LR1040 (15 Piece) Contains Gluten, Milk, Soy, Wheat.	25.50
Popcorn Chicken (10 Piece) Contains Gluten, Milk, Soy, Wheat.	17.00
Powdered Donut Holes Cup - LR2116 (1 pkg.) Contains Egg, Gluten, Milk, Soy, Wheat.	42.00
Pretzel Goldfish - LR1412 (1 pkg.) Contains Gluten, Milk, Wheat.	16.00
Pretzels - LR1130 (1 pkg.) Contains Gluten, Wheat.	16.00
Pulled Pork Sandwich (Pork) - LR1199 (1 ea.) Contains Gluten, Sesame, Soy, Wheat.	40.75
PULLED PORK SANDWICH on BREAD- special diets - LR1683 (1 ea.) Contains Gluten, Soy, Wheat.	57.94
PULLED PORK SANDWICH on GF BREAD- special diets - LR1676 (1 ea.) Contains Egg, Soy.	87.94
Raisins - LR1086 (1 Box)	32.96
Ranch Dressing Cup - LR1109 (1 ea.) Contains Egg, Milk.	1.00
Raspberry Rainbow Yogurt - LR1990 (1 ea.) Contains Milk.	15.00
Raspberry Yogurt - LR1012 (1 ea.) Contains Milk.	14.00
Red Grapes - LR1869 (1/2 c.)	14.51
Red Velvet Cookie - LR1646 (1 ea.) Contains Egg, Gluten, Milk, Soy, Wheat.	34.00

Menu Item Nutrient Report

Rice Krispie Treat - LR1267 (1 ea.) Contains Milk, Soy.	30.00
Rice Krispies - LR1799 (1 ea.)	23.00
Roast Turkey Breast - LR1655 (1 serv.)	0.99
Roasted Potatoes with Herbs & Parmesan - LR1775 (3 3/8 oz.) Contains Milk.	17.00
Rockin' Rio Red Juice Cup (Texas Grown) - LR2182 (1 ea.)	12.00
Rosati Ice Emoji Cup (100% Juice) - LR1351 (1 ea.)	(M)
Rotini with Meat Sauce - LR2200 (1 serv.) Contains Egg, Gluten, Wheat.	24.01
Salad Pizzazz - LR1219 (1 c.)	2.50
Salsa Dipping Cup - LR1669 (1 ea.)	5.00
Sausage & Cheese Muffin - LR2211 (1 ea.) Contains Gluten, Milk, Soy, Wheat.	22.01
Sausage (Chicken & Beef) and Cheese Kolache - LR2229 (1 ea.) Contains Egg, Gluten, Milk, Soy, Wheat.	20.00
Sausage Biscuit - LR1009 (1 ea.) Contains Gluten, Milk, Wheat. May contain Egg, Soy.	27.00
SAUSAGE CROISSANT (no egg)- special diets - LR1681 (1 ea.) Contains Gluten, Milk, Soy, Wheat.	29.00
Seasonal Fruit Cup - LR1453 (1 c.)	20.62
Seasonal Mixed Fruit - LR2094 (1/2 c.)	12.24
Seasoned Corn - LR1067 (1/2 c.)	14.72
Seasoned Curly Fries - LR1075 (3 oz.)	24.29
Seasoned Green Beans - LR1039 (1/2 c.)	5.60
Sliced Red Bell Peppers - LR2261 (1/2 c.)	3.73

Menu Item Nutrient Report

Sno' Joe Ice Cup - LR1649 (1 ea.)	25.00
Sour Cherry Frozen Juice Cup - LR2087 (1 ea.)	25.00
Sour Cream - LR1114 (1 ea.) Contains Milk.	4.00
Sour Cream & Cheddar Chips - LR1715 (1 pkg.) Contains Milk, Soy.	17.00
Sour Cream and Onion Chips - LR1689 (1 Bag) Contains Milk, Soy.	19.00
Sour Mixed Berry Raisins - LR2178 (1 pkg.)	29.00
Sour Strawberry Raisins - LR2180 (1 pkg.)	29.00
Sour Watermelon Raisins - LR2179 (1 pkg.)	29.00
Soymilk - LR1444 (1 c.) Contains Soy.	8.00
Spicy Chicken Sandwich - LR1093 (1 ea.) Contains Gluten, Sesame, Soy, Wheat.	40.00
Spicy Sweet Chili Doritos - LR1714 (1 pkg.) Contains Gluten, Soy, Wheat.	(M)
Sriracha Honey Chicken - LR1392 (1 serv.) Contains Egg, Gluten, Wheat.	24.00
Steamed Broccoli - LR1469 (1/2 c.)	3.78
Steamed Brown Rice - LR1042 (1/2 c.) Contains Milk, Soy.	24.66
Steamed Carrots - LR1090 (1/2 c.) Contains Carrot.	8.75
Strawberries - LR1872 (1/2 c.)	7.00
Strawberry Banana Applesauce Cup - LR1878 (1 ea.)	17.00
Strawberry Banana Crush Yogurt Cup - LR1893 (1 ea.) Contains Milk.	14.00
Strawberry Banana Naked Smoothie - LR1365 (1 ea.)	38.00

Menu Item Nutrient Report

Strawberry Banana Smoothie - LR2121 (1 ea.) Contains Milk.	36.00
Strawberry Banana Yogurt - LR1014 (1 ea.) Contains Milk.	16.00
Strawberry Fruit Bar - LR1336 (1 ea.)	32.00
Strawberry Go-Gurt - LR2043 (1 ea.) Contains Milk.	8.00
Strawberry Kiwi Slush (100% Juice) - LR1346 (8 fl. oz.)	31.00
Strawberry Milk - LR1191 (1 ea.) Contains Milk.	19.00
Strawberry Nutrigrain Bar - LR1268 (1 ea.) Contains Gluten, Milk, Soy, Wheat.	30.00
Strawberry Pop Tart - LR1272 (1 ea.) Contains Gluten, Soy, Wheat.	38.00
Strawberry Pop Tarts - LR1230 (1 pkg.) Contains Gluten, Soy, Wheat.	76.00
Strawberry Scooter Ice Cream Bar - LR1328 (1 ea.) Contains Gluten, Milk, Soy, Wheat.	25.00
Strawberry Smash Yogurt - LR1856 (1 ea.) Contains Milk.	14.00
Strawberry Yogurt - LR1013 (1 ea.) Contains Milk.	16.00
Sunbutter & Jelly Sandwich - LR1282 (1 serv.) Contains Gluten, Soy, Wheat.	56.07
SUNBUTTER & JELLY SANDWICH on GF BREAD - special diets - LR1680 (1 serv.) Contains Egg.	55.64
Sunset Sip Juice - LR2020 (1 ea.) Contains Carrot, Sweet Potato.	10.00
Super Sour Applesauce Cup - LR1051 (1 ea.)	17.00
Sushi Roll, California - LR1851 (1 pkg.) Contains Egg, Fish, Gluten, Soy, Wheat.	31.00
Sushi Roll, Spicy Crab - LR1850 (1 pkg.) Contains Egg, Fish, Gluten, Soy, Wheat.	31.00
Swee' Heart Cherry Ice Cup - LR2193 (1 ea.)	25.00

Menu Item Nutrient Report

Sweet & Sour Packet - LR1812 (1 ea.)	4.00
Sweet & Sour Sauce - LR1859 (1 ounces) Contains Soy.	11.02
Sweet & Sour Veggie Nuggets (Vegetarian) - LR1434 (5 Piece) Contains Gluten, Soy, Wheat.	30.99
Sweet Potato Fries - LR1062 (3 1/4 oz.)	23.91
Switch Fruit Punch Sparkling Juice (100% Juice) - LR1356 (1 ea.)	30.00
Switch Strawberry Kiwi Sparkling Juice (100% Juice) - LR1357 (1 ea.)	30.00
Taco Topper - LR2130 (1 serv.)	3.27
Tangerine Chicken - LR1391 (3.9 oz.) Contains Egg, Gluten, Soy, Wheat.	25.00
Tater Tots - LR1907 (1/2 c.)	16.67
Thin Crust All Beef Pepperoni Pizza - LR2144 (1 Slice (8 Cut)) Contains Gluten, Milk, Soy, Wheat.	31.00
Thin Crust All Beef Pepperoni Pizza - LR2154 (1 Slice (10 cut)) Contains Gluten, Milk, Soy, Wheat.	24.80
Thin Crust Cheese Pizza - LR2155 (1 Slice (10 cut)) Contains Gluten, Milk, Soy, Wheat.	24.80
Thin Crust Cheese Pizza (Vegetarian) - LR2141 (1 Slice (8 Cut)) Contains Gluten, Milk, Soy, Wheat.	31.00
Thin Crust Veggie Pizza (Vegetarian) - LR2198 (1 Slice (10 cut)) Contains Gluten, Milk, Soy, Wheat.	27.29
Thin Crust Veggie Pizza (Vegetarian) - LR2199 (1 Slice (8 Cut)) Contains Gluten, Milk, Soy, Wheat.	33.41
Tortilla Chips, Single Serve Bag - LR1908 (1 Bag)	20.00
Tostitos Baked Scoops - LR1264 (1 pkg.)	19.00
Tostitos Rounds - LR2258 (1 Bag)	29.00
Triple Berry Blast, 100% Juice - LR2133 (1 ea.)	13.00

Menu Item Nutrient Report

Triple Chocolate Cookie - LR1125 (1 ea.) Contains Egg, Gluten, Milk, Soy, Wheat. Processed in a facility that also processes Peanuts Tree nuts	31.00
Trix Cereal Bar - LR1888 (1 ea.) Contains Gluten, Wheat.	29.00
Trix Cereal Bowl - LR1938 (1 ea.)	24.00
Tropical Fruit Cup - LR2041 (1 ea.)	15.00
Tropicana, 100% Fruit Juice, Fruit Punch - LR2245 (1 bottle.)	34.00
TURKEY & CHEESE SANDWICH- SPECIAL DIET- GLUTEN FREE - LR2226 (1 ea.) Contains Egg, Milk, Soy	46.07
Turkey & Cheese Roll Up - LR1852 (1 ea.) Contains Gluten, Milk, Soy, Wheat.	18.05
Turkey & Cheese Sandwich - LR1549 (1 ea.) Contains Gluten, Milk, Soy, Wheat.	26.02
TURKEY & CHEESE SANDWICH (ON HAMBURGER BUN) - LR1650 (1 ea.) Contains Gluten, Milk, Sesame Soy Wheat	31.07
Turkey & Cheese Sub - LR1278 (1 ea.) Contains Gluten, Milk, Soy, Wheat.	32.17
Turkey & Two Cheese Wedge Sandwich - LR1300 (1 ea.) Contains Gluten, Milk, Soy, Wheat.	30.00
Turkey Alfredo - LR2189 (2 #8 scoop) Contains Gluten, Milk, Wheat.	30.51
Turkey Ham & Cheese Croissant - LR1504 (1 ea.) Contains Egg, Gluten, Milk, Soy, Wheat.	30.00
Turkey Ham & Cheese Croissant - LR1959 (1 ea.) Contains Egg, Gluten, Milk, Soy, Wheat.	28.51
Turkey Ham & Cheese on WG Hawaiian Bun - LR2068 (1 ea.) Contains Gluten, Milk, Soy, Wheat.	27.21
Turkey Ham & Cheese Roll Up - LR1281 (1 ea.) Contains Gluten, Milk, Soy, Wheat.	17.02
Turkey Ham & Cheese Sandwich - LR1736 (1 ea.) Contains Gluten, Milk, Soy, Wheat.	28.07
TURKEY HAM & CHEESE SANDWICH (ON HAMBURGER BUN) - LR1651 (1 ea.) Contains Gluten, Milk Sesame Soy Wheat	32.02
TURKEY HAM & CHEESE SANDWICH (ON HOT DOG BUN) - LR1978 (1 ea.) Contains Gluten, Milk, Soy, Wheat	31.02

Menu Item Nutrient Report

Turkey Ham and Cheese Roll Ups - LR1728 (1 ea.) Contains Gluten, Milk, Soy, Wheat.	17.98
Turkey Nachos - LR2003 (1 serv.) Contains Milk.	32.59
Turkey Nachos, HS - LR2153 (1 serv.) Contains Milk.	41.59
Turkey Sausage - LR1744 (1 ea.)	0.00
Unsweet Tea - LR1448 (1 c.)	0.00
Vanilla & Chocolate Twist Cone - LR1330 (1 ea.) Contains Gluten, Milk, Soy, Wheat.	30.00
Vanilla Almond Milk - LR1116 (1 c.) Contains Tree nuts.	1.00
Vanilla Emoji Chatsnax (Graham Bites) - LR2158 (1 ea.) Contains Gluten, Soy, Wheat.	21.00
Vanilla Ice Cream Cup - LR1334 (1 ea.) Contains Milk.	4.00
Vanilla Pediasure with Fiber - LR1117 (1 ea.) Contains Milk, Soy.	33.00
Vanilla Soymilk - LR1803 (1 ea.) Contains Soy.	18.00
Vanilla Yogurt - LR1015 (1 ea.) Contains Milk.	14.00
Vegetarian Chef Salad - LR1576 (1 serv.) Contains Carrot, Egg, Gluten, Milk, Soy, Wheat.	35.43
Veggie Nuggets (Vegetarian) - LR1069 (4 ea.) Contains Gluten, Soy, Wheat.	20.00
Very Strawberry Applesauce Cup - LR1052 (1 ea.) Contains Strawberries.	17.00
Wango Mango Juice - LR2033 (1 ea.)	13.00
Watermelon - LR1866 (1/2 c.)	7.26
Watermelon Froot Jooce Cup, 100% Fruit Juice - LR2125 (1 ea.) Contains Carrot.	22.00
Watermelon Strawberry Switch - LR1753 (1 ea.)	29.00

Menu Item Nutrient Report

White Cheddar Popcorn - LR1729 (1 pkg.) Contains Milk.	9.00
White Grape Peach Slush (100% Fruit Juice) - LR1942 (1 ea.)	(M)
White Nacho Cheese Tortilla Chips - LR2252 (1 ea.) Contains Milk.	20.00
White Whole Wheat Roll - LR2262 (1 ea.) Contains Gluten, Milk, Soy, Wheat.	26.00
Whole Grain Chocolate Chip French Toast Bites - LR2118 (1 ea.) Contains Egg, Gluten, Milk, Soy, Wheat.	35.00
Whole Grain Spring Roll - LR2216 (1 ea.) Contains Gluten, Wheat.	7.00
Whole Grain Vegetable Fried Rice - LR2128 (3 ounces) Contains Gluten, Sesame, Soy, Wheat.	27.48
Whole Lactose Free Milk - LR1118 (1 c.) Contains Milk.	13.00
Whole Milk - LR1445 (1 ea.) Contains Milk.	12.00
Wild Watermelon Applesauce Cup - LR1074 (1 ea.)	17.00
Yogurt & Mixed Berry Parfait - LR2207 (1 ea.) Contains Gluten, Milk, Wheat.	79.16
Zee-Zee's Honey Roasted Sunflower Kernels - LR1297 (1 ea.)	10.00

Legend

(M) Indicates missing nutrient values.

Allergen Disclaimer: No Pinto beans

Menu Item Nutrient Report

Report Selections

Meal Pattern: [USDA]Meal Pattern SY 2014+
Serving Group: 9-12

