

HODGES BEND MS PHYSICAL EDUCATION DEPARTMENT

BOYS' COACHES 281-634-6047

GIRLS' COACHES 281-634-3021

Purpose

Healthy kids are more likely to become healthy adults. The purpose of Hodges Bend Middle School's Physical Education Department is to enhance and develop sportsmanship along with physical, social, and emotional wellbeing of each student. Students will have the opportunity to participate in individual, team, and lifetime activities designed to improve wellness. We strive to produce healthy, confident, and successful individuals who will live energetic and productive lives.

Classroom Rules

- Do not disrupt the learning environment.
- Respect yourself and others.
- Dress and participate for class, daily.
- Follow the rules and regulations of the student handbook.
- **NO** food, drinks, gum, or candy allowed in the locker room or gym area. (**Water Bottles allowed**)
- Report any injury or medical condition directly to your PE teacher.
- Students using phones to take video or shoot still shots in the locker room will have their phone confiscated.

LOCKERS

Personal lockers will be issued to each student to secure his or her uniform, shoes, valuables and personal items. Sharing of lockers not permitted for any reason. **HBMS is not responsible for lost or stolen items.**

UNIFORMS

Every student participating in physical education is required to wear a **campus approved P.E. uniform**. *Campus Approved P.E. uniforms include the following:*

- Any HBMS shirt (*A plain shirt is also acceptable – **SOLID GREY ONLY**)
- Black shorts for Boys PE/Athletics
- Black or Red shorts for Girls PE/Athletics
- Athletic sweatpants of any color for boys and girls
- Athletic shoes

*Uniforms are available for purchase online using the link below. Contact your child's P.E. teacher with any questions regarding your child's uniform.

- PE Shirt= \$10.00
- PE/Athletic Shorts= \$10.00
- Warrior Athletics Shirt= \$20.00

These items are available for purchase online. (See link below)

<https://fortbendis.revtrak.net/Middle-School/Hodges-Bend-MS/#/list>



Grading Policy

Physical education grading is based on uniform (dressing out), participation, fitness testing, and skills test.

Major Grades

- Dressing Out/Participation

Daily Grades

- Fitness Test
- Skills Test
- Project(s)
- Dressing Out/Participation

PE Uniform Guidelines – MS and HS

Dressing out for PE is mandatory. This is for hygiene and safety purposes. This priority is included in our TEKS (5B). Students are expected to bring athletic clothing to change into each day for physical education class. Students should not stay in the clothing they wore to school during PE class.

It is not required for students to purchase a school PE uniforms. Campuses offer PE Uniforms to families to purchase to ensure they have easy access to athletic clothing that is in dress code.

If a family prefers to purchase their own uniform, they can do so as long as it meets the requirements.

- A. The uniform meets the school dress code: This includes shorts that are the proper length and a loose fitting t-shirt.
- B. The uniform matches school colors.
- C. The student's name is written on both the shorts and shirt

Students that prefer to wear pants due to religious preference or other reasons can do so as long as the pants are designated as the PE uniform. The idea is that the student is changing clothes to meet the dressing out requirement of the class.

If a family cannot afford to purchase a uniform, they should communicate with the campus PE department. The PE department will ensure that the student has a proper uniform for PE class.

We look forward to meeting you and working with your child.

Sincerely,

HBMS Physical Education Department