### **Elite/ JV Summer Dance Hours**

As a member of the Elite Dance Team and JV Dance Team, you are required to complete summer dance hours to keep and improve your abilities current and improve/advance your skills. <u>In order to be considered for any performances</u>, each team member is required to earn a minimum of **8 hours**. **Hours are due by <u>August 1</u>**. You are welcome to turn hours in from any approved dance studio, dance camp, etc.

We will be offering complimentary technique classes at EHS on the following dates:

• June 13, June 20, June 27, July 11

If you would like to get your hours through studio classes, please select from the following options.

### In the Missouri City/Sugar Land area:

- 1. Robin's Dance Studio
- 2. Dance Works
- 3. Fierce Dance Factory
- 4. Fort Bend Academy of Dance
- 5. Epic Dance
- 6. Cynde Lamonte's Dance Studio
- 7. Dance Zone

### In the Houston area:

- 1. Houston Ballet
- 2. The Met
- 3. Hope Stone
- 4. SoReal Dance Studio

Please make sure you are attending classes to improve your TECHNIQUE! Classes in ballet, jazz, leaps and turns will be most beneficial to you.

If you would like to take classes/workshops/intensives from a studio or dance company not listed please get prior approval. Failure to do so may result in those hours not being accepted!

Hours earned in excess of 8 may be used for merits. 1 hour = 1 merit.

Please log your hours on the backside of this sheet...and be sure to keep up with it! You may submit in person or scan/send via email.

## **Summer Log for Dance Hours**

| Elite/JV Name: |          |                      |      |                              |
|----------------|----------|----------------------|------|------------------------------|
| date           | location | dance class<br>style | time | dance instructor's signature |
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# Total Number of Hours Received \_\_\_\_\_

### **Honor statement:**

I submit this dance log as a true representation of actual dance classes that I have taken this summer. I am aware that my hours will be verified and any falsification of this log will result in demerits in accordance with the team guidelines.

| Elite/JV signature: |  |
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