

## **FBISD SHAC 2022-2023**

### **October 19, 2022 Meeting Minutes**

#### **Theme: SHAC Nourishes**

#### **I. Welcome**

Allison Thummel opened the meeting at 12:02 pm with a mindful moment

##### **A. Getting to Know the SHAC Admin Team**

Dr. Kimberly Lawson-Chief Academic Officer

Dr. Pilar Westbrook-Exec director of SEL & Comprehensive Health

Dr. Brett Lemley-Assistant Superintendent for Secondary Schools

Framy Diaz-Principal of Ridgemont Elementary School

#### **II. Presentations**

##### **A. See to Succeed— Robin Mansur, Houston Health Foundation, President & CEO**

>Has been in FBISD since 2013

>childhood vision program-operated by Houston Health Department-serves 16 districts across the Houston area

>Every year in Houston at least 20,000 students with unresolved vision problems (screening in 1<sup>st</sup>, 3<sup>rd</sup>, 5<sup>th</sup> and 7<sup>th</sup> grades)-many don't have access to vision services and don't follow up when a screening indicates a problem- often barriers to why parents are not able

>Children often don't realize they are having a vision problem

>See to Succeed works with districts to provide free eye exams and glasses if needed

>92% of students who attend a See to Succeed exam need glasses—other problems or issues are often identified during eye exam so make medical referrals too

>Study showed resolving vision problems has an impact on learning—improvement in academic performance, reduction in absenteeism and behavioral issues—impacts whole child

>Always welcome volunteers-Upcoming vision mission for Fort Bend students Nov. 1-4 at Fort Bend Community Church in Missouri City

**QUESTION**-commends the program on the number of registered who actually show up—Do you provide resources or services for students who lose glasses or for yearly exams?

**ANSWER**-If glasses are lost, school nurse can get glasses replaced with See to Succeed-if student is within district will continue to make service available if need is still there from year to year—local community resources are also available (Access Health)

**QUESTION** -Do you collect old frames? What happens beyond 7<sup>th</sup> grade for screening?

**ANSWER** Lions Club takes old frames-serve any school-aged child ages 6-18 -can be referred by nurse-Mandatory vision screening up to 7<sup>th</sup> grade- If students move into the district there is a window (120

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days) where students can get screened for vision. This is another way to catch students after 7th grade.

**COMMENT** -health services/nurses also have resources to refer students through voucher programs

**QUESTION** -How do we volunteer?

**ANSWER** Will send link and SHAC will send it out

also will be on Access Health website and their social media next week

### **B. Child Nutrition Department Updates– Sierra Bell, FBISD Child Nutrition Department**

>Farm Fresh Art Contest-over 700 submissions-Theme was Taste the Rainbow-prizes courtesy of Be A Champ

>National School Lunch Week-promote message that school lunch is healthy and increase participation-promotions Fruit of the Day to promote Texas Agriculture, participation contest, board member participation

>Foodie Mystery Food Fair-Oct. 25 from 4-6 pm at Clements HS-sample potential food menu items and provide input—need student volunteers—SHAC will send out signup

>Selection Process for food on the menu(see slide) CND Department gets federal money so has to follow rules regarding calories, sodium, etc..- no local tax dollars are used so cost is a factor

>Reimbursable Meal-see slide—make sure students are in compliance with the meals in order to get reimbursed

>Feeder Schools /Free & Reduced Lunch-(see slide) –apply/based on income

>CEP -see slide- Community Eligible Provisions all students receive free meal based on number of disadvantaged students in school-40% of students have to be DC (medicare, snap)

Previous Question regarding Hightower not CEP but feeder schools are-at the time, when CEP campus request was put in, Hightower was only 41% DC so request was not put in-leadership team decided not to apply for this

>Breakfast in the classroom-grant to provide breakfast for free in CEP classrooms-want to promote program-next semester will invite board members to observe program

**Brett Lemley**-as students get older, they are less likely to complete form for free & reduced lunch-data from applications helps district make decisions, so encourages everyone to fill out an application

**QUESTION**-What are opportunities for DC ? Kids are eating thinking they still have free lunch like last year and balances are rising and are not able to pay their balance—can it be revisited for Hightower because that number is higher now

**Bryan Guinn**—reimbursement -when campus reaches 40% threshold, federal government does not reimburse for meals until that number reaches 50%--so district has to pay for the difference—because of current budget shortfall, not designating those schools as CEP

>Reach out to CND with additional questions

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### C. Updates to SB 9, EHAA— Lori Sartain, Assistant Director of Health & Wellness

- >Senate Bill 9 instructional materials for child abuse, family violence, dating violence, sex trafficking
- >School district has to adopt a policy (EHAA local) which outlines how resources will be approved- SHAC is a large component of that
- >Policy EHAA includes requirements —(see slide)
- >Resolution was created and will go to school board in Nov.
- >SB 9 requires that parents must sign to approve their child's participation with the curriculum
- >Support Materials Adoption Timeline-see slide
- >hoping to get some programs on campuses by the end of this school year

**QUESTION** -Will parents who opt out have access to resources so parents can present them to their child on their own time and in their own way?

**ANSWER**—possibly, but not sure yet

### III. Administration

#### A. Vote Minutes: September 7, 2022, SHAC Meeting— Cathy Hunter, SHAC Secretary

One last minute correction to the minutes was sent this morning-

In Sept. 7 minutes, under SHAC overview, it stated Organization chart-all campuses must have a wellness committee-at high school, led by students-at high school, led by students was taken out

Membership Chair verified that a quorum was present

Pearl Lam made a motion to approve the minutes

Jenna Ross seconded

All in favor, none opposed-motion passed

#### B. Brain Break— Sierra Bell      FBISD Child Nutrition Department

#### C. VATRE Presentation- Bryan Guinn, FBISD Chief Financial Officer

See slides for details of presentation

**QUESTION** If VATRE does not pass, property taxes will decrease-- will that put district in recapture and what will that mean to taxpayers in the future?

**ANSWER** Will result in decrease in district services. Portion of revenue that would be recaptured about \$2 million

#### D. SHAC Action Committee Request— Payal Pandit, Executive Director of Collaborative Communities

- >District Holiday Cheer Healthy Snacks Donation Drive to benefit Shared Dreams—sign up for individual SHAC members to sign up to bring items to Dec. 7 SHAC meeting
- If anyone would like to do their own drive, please use the flyer included with minutes (do not include any drives on the sign up)
- Encourage SHAC Action Committee members and SHAC parent liaisons to do their own drive with a

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campus club, PTO, etc...

-If you do your own drive, please make up "snack bags" and include a variety of snacks in each

-Questions? Contact [Payal.Pandit@fortbendisd.com](mailto:Payal.Pandit@fortbendisd.com) or [cathyhunter1@gmail.com](mailto:cathyhunter1@gmail.com)

>Brighter Bites program-volunteers are needed-see slide for sign up

### **E. Past Events– LaDonna Green, Wellness, Health & Prevention Specialist**

See slides

### **F. Upcoming Events– LaDonna Green**

See slides

2023 Employee Benefits Open Enrollment

Red Ribbon Week

FBISD Drug Takeback Event

Whole Child Health Initiative Parent Webinars

Fall Run and Walk Festival

National Bullying Prevention Month

Texas Action for Healthy Kids Virtual Summit

YES Youth Equipped to Succeed Parent Info Meeting

National Youth Sports Week

### **IV. Subcommittees Convene**

### **V. Subcommittees Report**

### **VI. Meeting Closure– Allison Thummel**

meeting adjourned at 1:56 pm

## **FBISD SHAC 2022-2023**

### **MEMBERS IN ATTENDANCE**

1. Angie Hanan BOARD,
2. Stephanie Brown COMMUNITY,
3. Doug Earle COMMUNITY,
4. Kara Ihedigbo COMMUNITY,
5. Grayle James COMMUNITY,
6. Shama Tajani COMMUNITY,
7. Pilar Westbrook, Ed.D DISTRICT,
8. Jennifer Chadwick DISTRICT,
9. Lori Sartain DISTRICT,
10. Brett Lemley, Ed.D. DISTRICT,
11. LaDonna Green DISTRICT,
12. Sierra Bell DISTRICT,
13. Sharyl Aaron DISTRICT,
14. Nick Petito DISTRICT,
15. Priti Avantsa DISTRICT,
16. Payal Pandit Talati, MPH DISTRICT,
17. Natalie Bostic, RN DISTRICT,
18. Framy Diaz DISTRICT,
19. Allison Thummel, MPH, RDN, LDN PARENT,
20. Dana Tran, OD PARENT,
21. Cathy Hunter PARENT,
22. Melanie Anbarci PARENT,
23. Jigisha Doshi PARENT,
24. Tyenise Blackmon PARENT,
25. Pearl Lam PARENT,
26. Farah Rahman PARENT,
27. Nicole Juracek PARENT,
28. Jenna Ross PARENT,
29. Whitney Moody PARENT

### **VISITORS IN ATTENDANCE**

1. John Reyes
2. Kim Robison
3. Connie Compagnino
4. Nathan Brown
5. Alex Charlton
6. Sarah Morvant
7. Kim Lawson
8. Robin Mansur
9. Tiffany Uhah
10. Vanessa Gaona

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