



I. Welcome

- >Allison Thummel called the meeting to order at 12:02 pm.
- >Meeting Theme is SHAC Expresses
- >Allison led a Mindful moment
- >Jillian-Engagement Coordinator from City of Sugarland animal shelter-Bella (dog) is available for bookings to come to schools-QR code on meeting slide for contact information- can be used for stress-reduction
- >Introduction of guests

II. Presentations

A. Public Hearing #1 for Prevention Curriculum Material Adoption related to Senate Bill 9

- >see slides for timeline and details

Lori Sartain

- >This is Hearing #1. Hearing #2 will be Tuesday, March 21 at 12
- >Opportunity for public review and feedback—can be found on SHAC webpage
- >Proclamation 2022 Prevention Support Materials Adoption Taskforce-14 members including 3 SHAC members
- >scoring rubric will be used to evaluate each program

Allison Thummel

- >reviewed list of vendors (see slides)
- >asking for everyone to review the support materials and provide feedback--important to have a voice in the process
- >not meant to be only pick 1 or 2-look at each organization as an individual-March 2 is end of public comment period
- >reviewed timeline-April 17 will be presentation to the board
- >once approved by board, the materials can be utilized by campuses
- >opt-in program—parents must choose to opt in so their child can receive the instruction
- >Meeting #2 will be March 21 at 12 –virtual option was chosen by the majority of those in attendance
- >Public comment

Rocaille Roberts

- Q. Crime Stoppers of Houston was mentioned but not Crime Stoppers of Ft. Bend County—do they have similar materials? Offering as a suggestion to look at Crime Stoppers of Ft. Bend County
- Q. Mental Health America Greater Houston more locally based –not sure if they offer the WHO program
- Lori will look into both—The organizations on the vendor list reached out to the district so additional vendors can't be used at this point, since these vendors were already vetted

Jigisha Doshi

- Q. Why is it opt-in instead of opt-out?
- Required by Senate Bill 9

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- Q. What information will parents receive so they will understand the concept of opting-in?
- Law requires notification through the student parent handbook and online forms-will also have a webpage-will also have links for parents to review the materials if they choose
 - Materials will be used as soon as the board approves them
- Only related to instructional materials used during the school day—content to students—does not include any presentations that may be made to parents (ie during PTO meeting)
- No cost to district for the programs

- Q. Where can the resources be found?
- SHAC webpage-tab—also QR code on flyer at SHAC meeting
 - Went out on Jan. 30 as a press release from FBISD

Angie Hanan

- Q. Can QR code be put on SHAC homepage?
- yes and can also tweet from SHAC Twitter

Kim Taylor

- these materials are for students—will be presented during health classes or assembly style
- work with campuses to identify individual needs -figure out best venue for each campus-resources are flexible-can be presented in classrooms or assemblies
- Example-High school assemblies—tier 2 or tier 3 small group interventions

Melanie Anbarci

- Q. During review period, how can people get questions answered about the materials?
- bring questions to public hearing #2 and can contact administration if necessary

Angie Hanan

- Q. If people have questions and can't make it to hearing #2 how can they be submitted?
- can submit questions to Lori Sartain—also a section to add comments or questions during the review - Lori's email on webpage

Conclusion of Public Hearing #1

B. FBISD: Our Mental Health Journey-Priti Avantsa, Coordinator of Mental Health & Social Work Services

- >mental health program was launched in 2019-2020 school year—tweaked, adjusted & growing every year
- >presented statistics from mental health surveys of youth during covid
- >FBISD uses multi-tier system of support-Tier 1, Tier 2, Tier 3
- >Partnerships for Tier 3 services
- Clearhope Counseling goes to several campuses to provide services (virtual, campus-based or office in

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- Sugarland) other campuses have access to Clearhope but they do not provide campus-based services
- Invocare IMPACT-primary focus is Elementary schools—paid through VOCA grant
- Sugar Land Counseling
- TCHAT-teletherapy-short term counseling-only used at Progressive HS and the Reese Center for virtual therapy
- FBISD Mental Health Counselors- 6 in the district—provide counseling, trainings—work with students without insurance and not eligible through VOCA grant-support all campuses
- >Students MUST have written parent consent to be referred for mental health services—then another consent to initiate counseling-all referrals come from school counselors
- >Therapists move from campus to campus to provide support—64 campuses currently have mental health partners
- >Discussed challenges
- >VOCA grant only covers therapy for victims of crime
- >Spreading the word for parents and students (slide)
- >Students at 18 can give their own parental consent—but some organizations still require parental consent even at 18

C. SHAC Legislative Priorities

- >approved and placed on SHAC webpage—SHAC working to get on a March board meeting agenda

III. Administration

B. BRAIN BREAK

A. Voting on meeting minutes

- >quorum not present, no vote took place-minutes will be held for a vote until next SHAC meeting

C & D. Past & Upcoming Events-LaDonna Green

- >Parent webinar on study habits & test anxiety-Feb. 15-webinars are recorded and placed on whole child health resource webpage
- >April 19 & May 15 are next parent webinars
- >HealthCode's April Million Mile Month
- >Healthy Wage Team Challenge-registration closed, end date
- >Submit Art-k-12 -March 10 deadline

>Child Nutrition Upcoming Events-Sierra Bell

- >see slides
- National School Breakfast Week -beginning of March
- Pizza Recipe contest

>SHAC Liaisons Action Items—listed on slides

- liaisons please take the info back to your campus

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FBISD SHAC 2022-2023

Feb. 15, 2023 Meeting Minutes



E. Update on Student Wellness Committees-Laine Skelton Coordinator of High School Programs, Enriched Opportunities

- >Think Tank Competition Grant Winners received their prizes
- >working with campuses who have emerging student wellness coalitions on their campus

F. SHAC Updates-Allison Thummel

- >Membership—looking for 2 more parent members-majority of SHAC members must be parents who are not district employees-term is 2 years
- >upcoming vote on prevention curriculum materials
- >be thinking of campus heroes to nominate
- >Exemptions for Fall & Spring
 - several SHAC members met with Dr. Lemley to discuss concerns about exemption policy
 - policy has been revised for the spring semester
 - can find in parent handbook

IV. Recognitions/Questions/Comments/Suggestions

- >LaDonna Green-just finished Masters Degree
- >Sierra Bell- just finished RD License
- >Jigisha Doshi-just started her own college counseling business
- >Presenting end of year SHAC report to board in March
 - would like 1-3 goals from each sub-committee by Feb. 27

V. Sub-committee check in

VI. Meeting adjourned 1:47 pm

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SHAC GUESTS

1. Ayesha Saleem - Settlers Way Elementary
2. Shumaila Ali - District
3. Vanessa Gaona - Lakeview Elementary
4. Kim Robinson
5. Markita Harnell
6. Sarah Morvant
7. John Reyes
8. Coby Wilbanks
9. Leandra Henderson
10. Meekela Ruggs
11. Douglas Turner
12. Loan Sweet

SHAC Members present on 2/15/23

1. Angie Hanan BOARD,
2. David Hamilton BOARD,
3. Sandy Bristow COMMUNITY,
4. Grayle James COMMUNITY,
5. Pilar Westbrook, Ed.D DISTRICT,
6. Jennifer Chadwick DISTRICT,
7. Lori Sartain DISTRICT,
8. Brett Lemley, Ed.D. DISTRICT,
9. LaDonna Green DISTRICT,
10. Sierra Bell DISTRICT,
11. Sharyl Aaron DISTRICT,
12. Rosy Martinez Quiroga DISTRICT,
13. Priti Avantsa DISTRICT,
14. Natalie Bostic, RN DISTRICT,
15. Framy Diaz DISTRICT,
16. Allison Thummel, MPH, RDN, LDN PARENT,
17. Dana Tran, OD PARENT,
18. Cathy Hunter PARENT,
19. Melanie Anbarci PARENT,
20. Jigisha Doshi PARENT,
21. Rocaille Roberts PARENT,
22. Ivette Castillo PARENT,
23. Pearl Lam PARENT,
24. Jenna Ross PARENT,
25. Whitney Moody PARENT

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