

Parent Fact Sheet

Fort Bend ISD is working closely with health care officials to ensure we have taken all precautionary measures to prevent the spread of all communicable diseases. In situations like these, rumors may cause unnecessary reactions and panic. Therefore, we encourage you to get information from credible sources, like the Centers for Disease Control and Prevention (CDC).

The Fort Bend County Human and Health Services Department established a webpage with updates, key messages, frequently asked questions, travel advisories, rumor control and more at www.fbchealth.org/ncov/.

Know the symptoms of COVID-19

The CDC believes these symptoms appear within a few days after being exposed to someone with the disease or as long as 14 days after exposure:



Fever



Shortness of breath



Coughing

For some people the symptoms are like having a cold; for others, they are quite severe or even life threatening. In either case it is important to check with your child's healthcare provider (or yours) and follow instructions about staying home or away from public spaces to prevent the spread of the virus.

Why do I see the coronavirus referred to as COVID-19?

The World Health Organization announced an official name for the disease that is causing the 2019 novel coronavirus outbreak. The new name of the disease is coronavirus disease 2019, abbreviated as COVID-19.

Can my child wear a facemask to school?

The CDC does not recommend that people who are well wear a facemask to protect themselves from respiratory diseases, including COVID-19. Facemasks should be used by people who show symptoms of COVID-19 to help prevent the spread of the disease to others.

What can I do to prevent the spread of COVID-19?

We also encourage parents to help prevent the spread of any potential illnesses using these steps outlined by the CDC:

- Demonstrate to your child proper handwashing with warm water and soap for 20 seconds. Visit <https://www.cdc.gov/handwashing/index.html> to show your child a video on proper handwashing.
- Encourage children to not touch their eyes, nose or mouth.
- Remind your child to cover their nose and mouth with a tissue when coughing or sneezing, throw the tissue away and wash their hands after use.
- When possible, avoid people who are sick. If someone is sick in your household, stay home and consult your healthcare provider.
- Clean and disinfect frequently touched surfaces or objects.



WET



SOAP



LATHER



SCRUB



RINSE



DRY