



## Basketball: Player / Parent Contract 2018-19

Dear Athletes and Parents/Guardians:

Welcome to Ronald Thornton Middle School athletics! We look forward to an exciting, challenging season. To make a quality team a reality, it requires dedication, cooperation, and teamwork from all involved in the program: athlete, parents and coaches. This letter includes our expectations as coaches of all members of the team and contains valuable information that will answer many of your questions about our program.

### Participation

- Maintain a positive attitude about yourself, your sport, your team, and your school.
- Learn about your sport. There are many books, websites, and magazines to learn your sport.
- Your primary reason for attending RTMS is to receive an education. Participation in a sport is a privilege of academic success. All student athletes **must be passing all classes** in order to be eligible for athletics.

### Sportsmanship

- Good sportsmanship is really nothing more than good manners and extending common courtesy to all athletes, coaches, officials, parents, and fans regardless of which team they represent.
- Be a team player.
- **Stay positive and lose gracefully.**
- Respect officials and rival spectators.
- **Parents be good role models for your children.**

### Attendance

**Attendance at practices is mandatory.** Practice attendance is one of the most important ingredients to a successful **TEAM**. An absence is only acceptable when:

- Absent from school
- Family emergency
- Medical/Dental Appointment with at least ONE WEEK notice.
- You **must** communicate with a coach if you know you plan to be absent from a practice/ game.
- A parent letter or email must be sent ONE DAY in advance if a practice or game is missed. Letters sent the day of or after will not be accepted.
- Missing is subject to loss of playing time and will be made up before, during or after practice.
- \*Tutoring – (There are varying times and multiple teachers with tutorial sessions.)

## Practices

See calendar

**8<sup>th</sup> Grade:** Doors Open at 6:45 am, Be in the gym ready at 7 am  
**7<sup>th</sup> Grade:** After School, Be in the gym ready by 4:20 pm pick up at 6 pm  
*\*8<sup>th</sup> grade will go in the morning due to athletics class period*

- Please arrive to all practices **on time**.
- Please arrive **on time to pick up your child for after school practices or games**.
- Practice will not be held on days that the school is closed.
- **Continuously missed practices will affect your playing time on game days.**

## Games

- You are required to stay at games until all RTMS teams are done competing.
- Athletes must ride the bus home unless **Parent or Guardian** signs them out to travel home with them.
- After games, PARENTS ARE NOT ALLOWED IN THE LOCKER ROOM AT GAMES OR PRACTICES. They are to wait for their child outside unless escorted in by a coach.
- All athletes are to sit with their teams while at a game.
- You **MUST** be at practice the day before the game in order to play.

## Nutrition

- You are what you eat. Make sure you're making healthy lunch choices at home and school. Bring healthy snacks to eat prior to games.
- Drinks lots of water.
- DO NOT EAT CANDY OR OTHER SWEETS, HIGH FAT FOODS, OR DRINK SODAS.

## Playing Time

- WE WILL NOT DISCUSS PLAYING TIME
- All athletes will be given a fair chance to earn playing time during practice.
- Parents are not allowed to approach a coach during a game nor practice to discuss playing time.
- An athlete may ask a coach before or after practice what specific skills they may need to improve.

## Conflicts/ Concerns

If a parent or an athlete has a concern, issue or anything that needs to be addressed, they will follow this protocol:

- 1<sup>st</sup>: The athlete will schedule a meeting with the coach to discuss concerns.
- 2<sup>nd</sup>: If the issue is not resolved then the player, parent and coach will meet.
- 3<sup>rd</sup>: If further resolution is needed, then the coach will schedule a meeting with an administrator, the coach, player and the parent.

Please respect this system of rules.

### **Behavior Expectations**

This contract will be used to assure success on RTMS Basketball team.

I, \_\_\_\_\_, will follow all school rules and behavior expectations at RTMS.

### **GOALS FOR STUDENT:**

1. Positive communication and interactions with teammates and coaches.
2. Respecting school property, attire and rules.
3. Please respect ourselves, others, and the properties of others when visiting other school campuses.
4. Respect school bus travel by showing mature self-discipline to and from away games.
5. Learn to control your temper and keep negative comments to yourselves.
6. Do not discuss concerns of other student athletes.

If goals are not met, the student athlete will have consequences:

- **First Offense:** Suspension from one game; the athlete will cheer on team from the bench
- **Second Offense:** Suspension for one week: practice and the game; the athlete will Not attend practice or the game.
- **Third Offense:** Removal from the team

### **Parental Involvement/Volunteers**

Parents and others interested in the sport are not only welcome to volunteer, but are vital to the success of our team. To continue this excellence we need volunteers to provide snacks, water and other things. We will also be looking for Team Moms.

Again, welcome to the team! Let's work together to make this a fun and successful season.

Sincerely,

RTMS Girls Basketball

## Parent and Athlete Signature Page

Please Sign and Return Below.

If this document is not returned, the athlete's participation will be delayed.

I have received and read the eligibility requirements and rules for the RTMS athletics and understand the expectations and consequences outlined by the coaches. By signing this contract all parties agree to the stipulations in the document and will following accordingly.

Please sign and return this page only to the coaches.

Grade Level: \_\_\_\_\_

Parent Cell: \_\_\_\_\_

Parent E-mail: \_\_\_\_\_

_____	_____	_____
Date	Athlete Print Name	Athlete Signature
_____	_____	_____
Date	Parent Print Name	Parent Signature