

Hightower High School Prep I, II, III, and IV Online Course Syllabus

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Conference: 7th Period

Course Description:

Students enrolled in this course will experience a year of training in preparation for the 2021-2022 Hi-Lite Dance team audition year. Through the development of kinesthetic and locomotive movements, students will explore and analyze the various genres of the dance world. By understanding dance history, technique, terminology, and physical fitness, students will recognize dance as a vehicle for understanding cultural and historical contexts, increasing awareness of their own and others' heritage and traditions, thus helping them to participate in a diverse society. This course will allow students to evaluate and analyze various dance forms, enhance their decision-making skills, develop critical and creative thinking skills, and enable them to make informed decisions about dance and the world around them. The areas of study for this course are as follows:

- Health- Basic Anatomy and Kinesiology
- Physical Fitness/ Nutrition
- Strength and Conditioning Training
- Ballet History and Ballet Technique
- Jazz History and Jazz Technique
- Modern History and Modern Technique
- Social Dance/ World Dance
- Choreography/ Improvisation

Required Performance

All dance students are required to participate in “*Winter Showcase*” and “**Hi-Lite Dance Team Auditions**” in order to receive their performing arts credit for this course.

Projected Dates : **December 5, 2020**
 March 8-12, 2021

Online Learning Unit Schedule

Unit 1 : Foundations of Dance :

- Welcome : August 17-28
- Anatomy , Health , and Music Theory : August 31- Sept 25

Materials Needed:

1. Fitted black shirt or HHS spirit shirt
2. Black jazz pants/yoga pants (No shorts)
3. Dance shoes are optional.
4. Safe space free of potential hazards
**You may purchase pants at a local store (Wal-Mart, Sports Authority, Costumes and Dancewear, etc.). Shoes are optional – students are not required to wear specific dance shoes. They may wear jazz/ ballet shoes or choose to wear socks.*
5. Water

Attendance Policy:

Students must dress out , have their camera on , muted mics, and be visible at the start of online instruction.

Remote Synchronous = Present online

Tardy = Arrived to class up to 19 min late

Late = Arrived to class after 19 min

Absent = Not present during synchronous instruction

Grading:

Major Grades (Skills Test, Written Test, Projects, Performances): 50%

Daily Grades (Evidence of learning, Schoology assignments, Journal Entries, Homework, Class Assignments, Attire): 50%

Students that do not dress out appropriately will not receive credit for that class period.

****Parental notes presented in email prior to the start of class will excuse a student from physical participation for ONE day. A physician's note is required for any circumstance that the student needs to sit out of activities for more than one day. Those students that are not physically participating may be given written assignments.**

Attendance:

1. If you are absent for any reason, including school approved business, you must do a one page dance/exercise/fitness make up assignment in order to receive your credit for the missed class period.

Online and Regular Classroom Rules:

Classroom rules are to be followed at all times. Failure to adhere to classroom rules will result in disciplinary action. Classroom rules are as follows:

1. Students will always dress out in dance attire.
2. Students will participate and give 100%.
3. Students will respect each other, Ms. Hunter and Ms. Mark.
4. Student will only type information into the chat related to class topic
5. Students will be mindful of their facial and gestures online
6. Students **will not** record classroom instruction or peers

7. Students will not chew gum or eat food while online.
8. Students will remain quiet throughout participation in activities, unless asked for verbal discussion from Ms. Hunter and/or Ms. Mark.
9. HAIR must be pulled back in a pony tail or bun

Discipline Policy:

The following discipline policy will be followed:

1. Teacher/student conference
2. Parent phone call (deduction from grade)
3. Deduction from grade and parent/teacher conference
4. Student referral (at the discretion of the teachers)

Restroom and Restroom Breaks:

Students are expected to use the time allotted between each online class period to dress out, and use the restroom prior to the start of class. Restroom breaks will **NOT** be given during any other time.

Dressing Out:

Students are expected to dress out and participate daily. When dressing out, students must wear a black fitted shirt, HHS spirit shirt, black jazz pants/yoga pants, and dance shoes, if preferred.

In addition, students **will not** be allowed to wear jewelry (except for stud earrings) during class, and will be asked to take jewelry off. The first day for official dance attire dress out will be **Monday August 31, 2020**; up until that point students may wear comfortable, school-appropriate pants, and a form fitting shirt or yoga top at the start of the second week of school.

Failure to dress out and participate :

There is no make-up process for students that choose not to dress in required attire and participate. Students who do not dress out or participate will receive a zero for their daily dress out and or participation grade. Students who disrupt the classroom environment due to their lack of participation will be removed from the online setting, their parent(s) / guardian will be contacted and referred to the principal.

HIGHTOWER HIGH SCHOOL DANCE CLASS ONLINE LEARNING SYLLABUS

CONTRACT AND VERBAL AGREEMENT 2020-2021

Please read and voice record yourself stating the following .

I have received, read and fully understand the Hightower Dance Class Syllabus. I am aware that as a student of the Hightower Dance Class, my child, (Students Name), will be expected to adhere to the rules and procedures of the dance class. If my child fails to comply with the rules and guidelines of the dance class, then consequences will follow.

PARENT STATE YOUR NAME AND DATE

STUDENT STATE YOUR NAME AND DATE