



Dear Parent,

Greetings! My name is Monet Newsome and I am the school counselor at Donald Leonetti Elementary School. Elementary school counselors are educators uniquely trained in learning strategies, child development, self-management, and social skills. As an elementary counselor, I implement a comprehensive school counseling program to support student success. This includes classroom lessons that align with the Fort Bend ISD Profile of a Graduate, focusing upon knowledge, attitudes, and skills students need to acquire in support of academic, social/emotional, and career development. These skills serve as the foundation for future success.

For the 2025-26 school year, guidance lessons will include the following topics:

- Character Education (This year's traits: Responsibility, Kindness, Respect, Fairness & Justice, Positivity & Gratitude, Perseverance, Creative & Unique, Leadership, Confidence, Cooperation) <u>QuaverEd.com/Parents</u>
- Friendship/Getting Along with Others
- Bully Prevention
- Mental Wellness and 988/See Something, Say Something (Grades 3-5 only)
- Assertiveness Skills to Support Student Safety
- Conflict Resolution
- College and Career Exploration
- Understanding Differences (in support of No Place for Hate)
- Making Healthy Choices (in support of Red Ribbon Week)
- Transition to Middle School (5<sup>th</sup> grade only)
- Reducing Test Anxiety/Coping with Stress (Grades 3-5)
- Now That You're Ten (Delivered to 4<sup>th</sup> grade and possibly 5<sup>th</sup> grade by the Fort Bend County Sheriff's Department to educate students about Texas laws that affect children once they turn age 10).

I look forward to sharing guidance lessons with your child throughout the school year. If you have additional questions or would prefer your child not participate in specific lessons, please contact me at <a href="mailto:monet.newsome@fortbendisd.gov">monet.newsome@fortbendisd.gov</a> or 281-327-3196. To request for your student to speak with me individually, please use this QR code.

