

Dear

Our school is utilizing QuaverReady to help teach students how to identify, respond to, and mitigate bullying behaviors. We recognize that bullying is a challenge many students face as they continue learning how to interact appropriately with their peers.

We utilize developmentally-appropriate QuaverReady lessons to teach students the skills they need to handle themselves respectfully and how to respond appropriately when they do witness bullying behavior.

These skills include::

- ➔ **Defining bullying behavior as continually hurting someone on purpose**
- ➔ **Understanding reasons why someone may engage in bullying behavior**
- ➔ **Considering how they would feel if they were subject to bullying behavior**
- ➔ **Recognizing the difference between conflict and bullying**
- ➔ **Standing up for themselves or others against bullying**
- ➔ **Identifying safe adults to turn to for help**

These skills can be reinforced at home. Speak with your child about how they treat others and how to assertively stand up for themselves or others if needed. Most importantly, be a model for your child(ren) for how to communicate respectfully. The following QuaverReady links can help you get the discussion started.



	Song	Mindset	Discussion
Lower Elementary K-2	Kind Words  https://users.quavered.com/QR/A49Y3D	Lesson Mindset  https://users.quavered.com/QR/NPT3DY	Bullying Roles  https://users.quavered.com/QR/U33W5H
Upper Elementary 3-5	Speak Up  https://users.quavered.com/QR/65P774	Lesson Mindset  https://users.quavered.com/QR/7SDG33	Bullying Clues  https://users.quavered.com/QR/8874Y3

Student safety and well-being is our top priority. Together, we will continue to work to ensure all students treat others with respect, and are treated respectfully in return.

Sincerely,

