

Don Cook Natatorium

Rules

All staff members, both Fort Bend ISD and any renter personnel, must follow these rules and exemplify them to the patrons.

Facility Rules:

- No glass
- No running
- No swimming alone, a supervisor must be present
- No horseplay
- All patrons must shower before entering the pool
- No t-shirts or cotton clothing
- No one is allowed in the pool with sores, wearing of a bandage of any kind, evidence of skin disease, fever, cold, inflamed eyes, nasal or ear discharge, or having a communicable disease
- No tobacco, alcohol or illegal drugs allowed
- Non-participants should remain in the bleachers
- No food or gum on the deck

Competitive Pool

All Facility Rules apply along with the following:

- No diving without supervision
- All patrons must be physically fit and able to swim 10 yards unassisted
- Do not swim under the bulkheads
- Diving Boards:
 - One person on the board at a time
 - No running on the board
 - One bounce on the board
 - Do not go off the board until the person in front has safely returned to the side
 - Swim directly to the area designated to exit the pool
 - Do not sit or stand on the railings

Warmup Pool

All Facility Rules apply along with the following:

- No diving at any time
- Do not sit or stand on the lift
- Must be warming up or cooling down during competitions