



August 2009

Dear Parents and Students:

This information has been prepared for all families in the district by the Fort Bend ISD Departments of School Administration, Student Support Services, Safe and Secure Schools, and Community Relations and Partnerships.

Fort Bend ISD schools and campus nurses will continue this school year to adhere to recommended protocols from the Fort Bend County Health Department concerning the novel H1N1 virus. All school nurses will continue to monitor any possible cases and anyone with flu-like symptoms. They will report this information daily to our County Health Department.

Please remember to follow the CDC recommended guidelines to avoid infection and stay healthy, and remind your children to follow the guidelines. The CDC guidelines are:

- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Wash your hands often with soap and water, especially after you cough or sneeze. Alcohol-based hand cleaners are also effective.
- Avoid touching your eyes, nose or mouth. Germs spread that way.
- Stay home when you are sick to avoid spreading illness to others.

Important links have been provided on the FBISD website to the Center for Disease Control at www.cdc.gov/swineflu and the Texas Department of State Health Services at www.dshs.state.tx.us/news/releases/swine_flu.shtm. These links are the most reliable sites for accurate information.

Be healthy at school and have a great school year!