

# CIGNA FLEXIBLE SPENDING ACCOUNT



Now that you've enrolled in the Cigna Flexible Spending Account (FSA), you can pay for eligible health care expenses that were not paid by your health plan. Eligible expenses are those used for the treatment and/or prevention of a medical condition, illness or injury.

This list is an example of eligible and ineligible expenses. See the complete list at: [Cigna.com/expenses](http://Cigna.com/expenses)

## Examples of items that require an itemized receipt or explanation of benefit

- Out-of-pocket costs for common medical expenses:
  - Copays and coinsurance payments at doctors, dentists and hospitals
  - Copays and coinsurance payments for prescriptions
  - Vision care
- Protective sport gear (helmets, mouth guards, etc.)
- Lactation supplies (breast pump, gels, etc.)
- Insulin and other diabetes-related supplies
- Toddler/baby home safety supplies (safety locks, strips, outlet covers)
- Vision related supplies
  - Eye glasses
  - Contact lenses and supplies
- Sunscreen (SPF 30+)
- Bug spray
- Mileage/tolls/parking to and from a doctor's office

## Examples of items that require a letter of medical necessity (or prescription) proving it is a treatment for illness or medical condition

- Massage
- Fitness program/gym membership
- Fitness equipment
- Alternative healing treatments
- Most vitamins

## Requires a prescription and itemized receipt per IRS regulations

- Most over-the-counter drugs
  - Allergy medication
  - Stomach relief
- Pain relievers

## Never eligible

- Cosmetic procedures
  - Teeth whitening
  - Hair transplant
- Insurance premiums
- General hygiene products, like toothpaste or shampoo

### We're here to help.

Go to [myCigna.com](http://myCigna.com) for account details, including up-to-date balance information, claim status, claim forms and answers to general questions. Call 1.800.Cigna24 to speak with a customer service representative 24/7/365. Or, call the toll-free number on your Cigna ID card.

**GO YOU**<sup>SM</sup>



**Offered by: Connecticut General Life Insurance Company or Cigna Health and Life Insurance Company.**

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