

**MIDDLE SCHOOL
FORT BEND ISD OFF CAMPUS PHYSICAL EDUCATION
GUIDELINES FOR STUDENTS & PARENTS**

Requirements

1. Students may only participate in Off Campus PE if their training site is on the approved commercial establishments list. Applications are due no later than **August 15 for the Fall and/or Spring Semester** for approved commercial establishments. If not on the list, the commercial establishment must complete the required forms and return them to the campus registrar/counselor no later than **August 15 for the Fall and/or Spring Semester**. The registrar/counselor will submit the forms to the Coordinator of Health and PE for approval. Not all establishments will be approved. Establishments will have a spot on the list until one of the following occurs: 1) their two-year window expires; OR 2) no students are using their facilities for Off Campus PE. FBISD students must be enrolled in Off Campus PE for the establishment to be added to the list. At the end of two years, establishments will need to reapply.
2. Once approved, an approval letter with attendance and grade verification forms will be mailed home by a school official. Please be sure that your child's instructor understands that attendance and grade verification forms must be sent to your student's registrar/counselor at the end of each nine-week grading period. These forms must show the days and hours of attendance and a numerical grade for that nine-week period. Students must attend at least 90% of the time for each grading period to receive a passing mark. A student who is required to attend school under the compulsory attendance laws and fails to attend school on ten or more days or parts of days within a six-month period in the same school year or on three or more days or parts of days within a four-week period may be prosecuted for nonattendance.
3. Students may only participate with one agency/instructor at a time. Students may not be enrolled in a Physical Education class and Off Campus PE at the same time. Students are required to complete the state mandated physical fitness test (Fitnessgram) while enrolled in Off Campus PE. Students must participate at the approved establishment for the entire semester or transfer into a general Physical Education class to receive credit for PE. If there is a change in the student's status with the program or schedule, it is the responsibility of the student and the parent to notify the school counselor/registrar.

**MIDDLE SCHOOL
FORT BEND ISD OFF CAMPUS PHYSICAL EDUCATION
CATEGORY I**

Request for waivers for approval of private or commercially sponsored physical activity programs will be considered for Category 1 programs only. Students must meet the following criteria to be eligible for the Off-Campus Physical Education program.

CATEGORY I

A Category I activity is a private or commercially sponsored physical activity that leads to Olympic level participation and/or competition. These programs involve a minimum of 15 hours per week of highly intense, professionally supervised training. The training facility, instructors, and the activities involved in the program must be certified by the superintendent or his/her designee to be of exceptional quality.

- The 15 hours must be achieved during the weekday (Monday-Friday) and cannot include competition hours. Students must participate for the entire school semester and follow the district academic calendar.
- Students participating at the Category I level may receive a maximum of one-half credit per semester for a total of 1.0 credit (on level).
- Students participating at this level will be dismissed from school during the PE period (usually first or last period of the school day). Students must leave the campus during this time.
- Students qualifying and participating at this level may not miss any class other than a scheduled Physical Education class.
- It is anticipated that only a very limited number of students will qualify for this exceptional level of participation.

In all cases, it is the responsibility of the superintendent or his/her designee to certify both the level of participation and the quality of the program. Additionally, the district is responsible for monitoring and recording the attendance of the students involved.

Written board policies must be adopted authorizing the private or commercially sponsored physical activity programs to substitute for physical education.

MIDDLE SCHOOL
FORT BEND ISD OFF CAMPUS PHYSICAL EDUCATION
APPROVED OFF CAMPUS PHYSICAL EDUCATION ACTIVITIES

Individual sports not offered through the Fort Bend ISD Athletics program will be considered for approval only. Please note that approval for participation in Off Campus Physical Education **will not** be considered for a sport that the district fields a University Interscholastic League (UIL) team. The following activities will be considered for approval:

Aquatics	Archery	Diving
Equestrian	Fencing	Gymnastics
Ice Skating	Martial Arts	Synchronized Swimming

The district offers the following UIL Sports. A Physical Education substitution will be given consideration for approval at the middle school level in a UIL Sports that is not offered until high school. The following sports cannot be considered for Off Campus PE:

MIDDLE SCHOOL		
Basketball	Football	Tennis
Track and Field	Volleyball	

HIGH SCHOOL		
Baseball	Basketball	Cross Country
Cheerleading	Dance	Drill Team
Football	Golf	Soccer
Softball	Swimming	Tennis
Track and Field	Volleyball	

**MIDDLE SCHOOL
FORT BEND ISD OFF CAMPUS PHYSICAL EDUCATION
STUDENT APPLICATION FOR PROGRAM APPROVAL**

Student's Name: _____ Student ID #: _____

Counselor's Name: _____ Campus Name: _____

Grade: _____ School Year: _____ Fall / Spring / Both (Circle One)

Sport: _____

Commercial Establishment: _____ Coach's Name: _____

Coach's Phone Number _____ Coach's Email _____

Brief Description of Physical Activity Program (Approximate number of days and hours the student will participate, and a description of the student workout and competition schedule):

Student Signature

Date

Parent Signature

Date

Coach Signature

Date

Signature of Coordinator of Health & PE (New Establishments Only)

Approval Date

Signature of Registrar/Counselor (Previously Approved Establishments Only)

Approval Date

**MIDDLE SCHOOL
FORT BEND ISD OFF CAMPUS PHYSICAL EDUCATION
PARENTAL PERMISSION FORM**

This will serve as my request that Fort Bend ISD grant physical education credit for the Fall / Spring / Both (Circle One) semester(s) of the 20____ - 20____ school year to my child.

Student's Last Name: _____ Student's First Name: _____ MI: _____

Student ID #: _____ Grade: _____ Campus: _____

Home Address: _____ Apt #: _____

City: _____ State: _____ Zip: _____

Commercial Establishment Information:

Name: _____ Phone: _____

Address: _____ City: _____

Sport: _____

My child's instructor will be _____ and he/she is aware of this request. Students will be assigned a numerical grade by the coach representing the commercial establishment identified above. I have been informed that if for any reason my child does not complete the entire semester, he/she will not receive any partial credit. I acknowledge that the Fort Bend ISD will not provide transportation to or from the commercial establishment, and does not endorse any commercial training program. Furthermore, the approval of this application does not constitute any assurance as to the qualifications of the instructors or the quality and safety of the equipment and facilities.

The undersigned, being the parent or legally appointed and qualified guardian of _____, a student in the Fort Bend Independent School District, does hereby consent to said student participation in this commercial training program. I further agree to hold Fort Bend Independent School District, its Board of Trustees, and/or faculty, harmless from all liability for any injuries that said student may receive while participating in this program, or while traveling to and from such program. I also understand that if my child is excused from the first period of the day, arrival on campus should not be more than 10 minutes prior to the second period bell. Likewise, if my child is excused from the last period of the day, departure time should be no later than 10 minutes after the beginning of the last period class. Lastly, my child and I have read the entire application and agree to abide by all requirements and procedures included in this application.

Signature of Parent/Guardian

Date

FORT BEND ISD
Off Campus Physical Education
Approved Establishments
(Revised 3/15/2015)

Champion Gymnastics Academy	Category I
Cramer Quarter Horses	Category I & II
Carroll Stables	Category I & II
Cypress Academy of Gymnastics	Category I
Devereaux Sport Horses	Category I & II
D-Talk Ranch (Equestrian)	Category I & II
Fincastle Farms	Category I & II
*First Colony Swim Team (Middle School Only)	Category I & II
First Colony Synchrostars	Category I & II
Fortbend Fencing Academy	Category I & II
Gymtex	Category II
Horse and Hound Equestrian	Category II
Houston Gymnastics Academy	Category I & II
*Houston Swim Club (Middle School Only)	Category I
Iron Cross Gymnastics	Category I
Jewish Community Center Gymnastics	Category I
K-Tiger Taekwondo	Category II
Kick Start	Category II
Olympic Tae Kwon Do	Category II
Salle Mauro Fencing Academy	Category II
*Southwestern Aquatics Team (SWAT) (Middle School Only)	Category I
Safety America Karate	Category II
*Sienna Plantation Aquatics (Middle School Only)	Category I & II
Sienna Stables	Category I & II
Southern Breeze Equestrian Center	Category I & II
Star Gymnastics	Category I
Sugar Land Gymnastics	Category I
Sugar Land Tae Kwan Do	Category II
Sunrise Equestrian Center	Category I & II
Traditional Karate	Category II
UMA Tae Kwondo-Hopkido Inc.	Category I & II

*Indicates available for Middle School Students in Category I only. High School Students are expected to participate in the High School Athletic Class in these activities.

**MIDDLE SCHOOL
FORT BEND ISD OFF CAMPUS PHYSICAL EDUCATION
GUIDELINES FOR COMMERCIAL ESTABLISHMENT**

- 1) Student applications must be completed and returned to the Registrar's Office at the home school **on or before August 15 for the Fall and/or Spring Semester.**
- 2) Students must be enrolled for the entire semester (as described on both the student and establishment applications).
- 3) Students must be in attendance for at least the minimum required hours per week; for their approved category, for the entire semester. This includes 15 hours per week for Category I. Hours must be accumulated during the weekday (Monday-Friday) and cannot include competition.
- 4) Students who drop out prior to the end of the semester, will receive a grade of "fail", and the Credit Verification form will be returned to the campus immediately.
- 5) Credit Verification forms are due to the school's counselor/registrar at the end of each nine week grading period.
- 6) The Fort Bend Independent School District reserves the right to issue a grade based on available information.
- 7) Student attendance records should be maintained at all times and available for inspection by a representative of Fort Bend Independent School District.
- 8) The conditions as outlined in the student's application shall be adhered to by the commercial establishment.
- 9) The student is required to attend school under the Texas Compulsory Attendance Law. Students who fail to attend school on ten or more days or parts of days within a six-month period in the same school year or on three or more days or parts of days within a four-week period may not be in compliance with the Texas Education Code, Sections 25.094 and 25.095.

Name of Commercial Establishment

Representative's Signature

Date

**MIDDLE SCHOOL
FORT BEND ISD OFF CAMPUS PHYSICAL EDUCATION
COMMERCIAL ESTABLISHMENT APPLICATION**

Commercial Establishment: _____
Address: _____ City: _____ Zip: _____
Phone: _____ Fax: _____ Email: _____
Representative: _____ Title: _____
Activity: _____

I have read the Texas Education Agency Guidelines for Category I programs. This application is for a Category I Program. **YES / NO**

How many years have you been directing this type of program? _____

On which weekdays and at what times do you offer instruction?

Monday _____ AM/PM to _____ AM/PM
Tuesday _____ AM/PM to _____ AM/PM
Wednesday _____ AM/PM to _____ AM/PM
Thursday _____ AM/PM to _____ AM/PM
Friday _____ AM/PM to _____ AM/PM

Fall Semester Dates from ____ / ____ / ____ to ____ / ____ / ____

Spring Semester Dates from ____ / ____ / ____ to ____ / ____ / ____

Instructor's Name _____ Qualifications _____

Instructor's Name _____ Qualifications _____

I understand that it is the responsibility of this commercial establishment to maintain programs as described above and provide the Fort Bend Independent School District with necessary information according to the described deadline.

Representative's Signature

Date