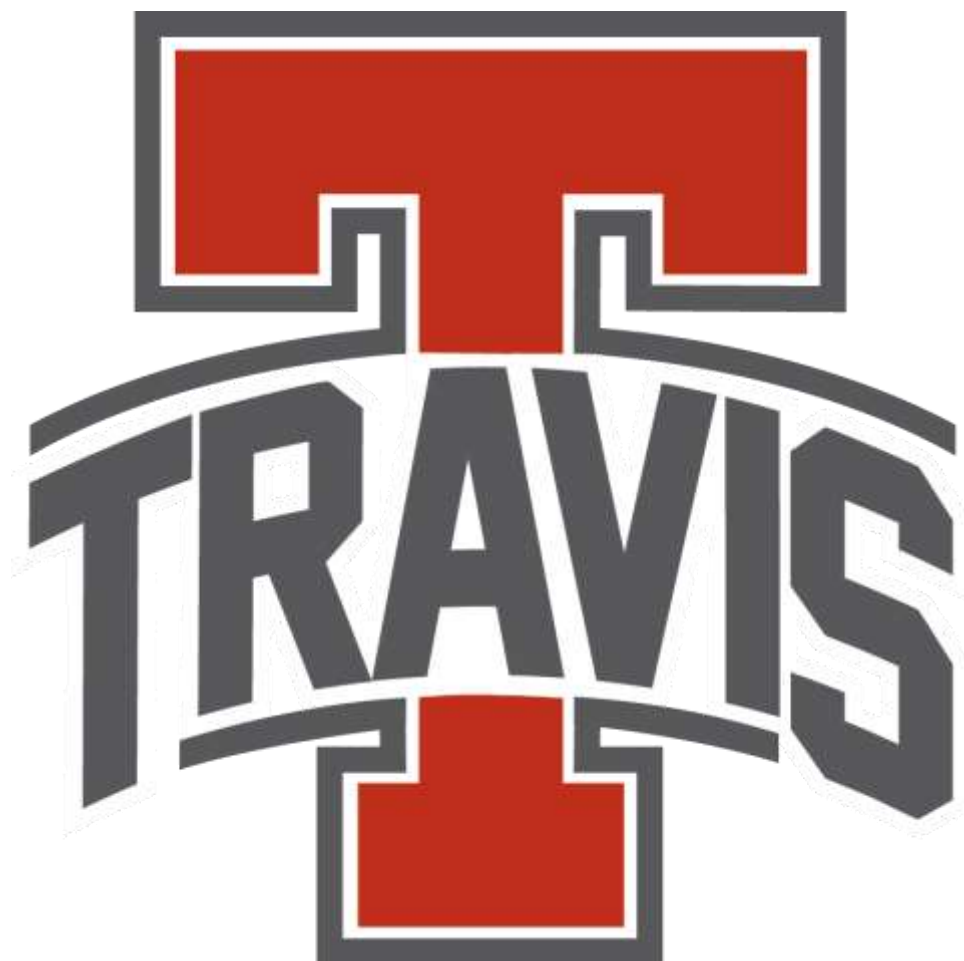


Fort Bend Travis High School Tiger Swimming and Diving



Handbook
2016-2017 Season

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Welcome to the Travis Tiger Swimming and Diving 2015-2016 season! We are excited to have you and are looking forward to a great year! Important team information is listed in this packet. Please read all information provided, sign the appropriate documents, complete all necessary paperwork online and have a new school year physical. Participation in any physical activity cannot occur until the athlete is cleared in Rank One (FBISD online sports program). Coach Marsh and Coach Yelvington have coaches' discretion with the following rules and policies. Please note that this is a working document and can be amended.

1. FORMS REQUIRED BY FORT BEND ISD & THE UIL.

Before participating, all athletes must have Forms 1-8 completed. Forms 9 & 10 should be completed as soon as possible.

1. UIL Pre-Participation Physical Evaluation (completed by a physician)
2. Coach/Student Communication Waiver
3. Emergency Information Form
4. FBISD Athletic Policies
5. Insurance Notice
6. UIL Acknowledgment of Rules
7. UIL Concussion Form
8. UIL Steroid Form
9. UIL Cardiac Awareness Form
10. Travis Swimming & Diving Handbook Form Signature Page
11. Travis Read and Sign Policies
12. Club Information Form (Only applicable to USA Swimming club swimmers.)

The UIL Pre-Participation Physical Evaluation form to be completed by a physician can be found here:

<http://www.fortbendisd.com/Page/1122>

The Fort Bend ISD forms can be found here and must be completed online. These are forms 2-9 that are listed above.

<https://fortbendisd.rankonesport.com/Main/Default.aspx?ID=24e66440-c4c6-4efb-bb1e-52d3ef97ad15>

2. TRYOUTS

Tryouts will be **September 6-9, 2016** at the **FBISD Training Pool**. Evaluation of the athlete will occur during this time. FBISD requires 3 days of evaluation for a decision to be made. We will hold tryouts and announce who has made the team but will evaluate Varsity and JV status for 3 additional weeks.

3. VARSITY

The standard order of events in varsity high school meets is as follows:

- 200-yard Medley Relay
- 200-yard Freestyle
- 200-yard Individual Medley
- 50-yard Freestyle
- 1-meter Springboard Diving
- 100-yard Butterfly
- 100-yard Freestyle
- 500-yard Freestyle
- 200-yard Freestyle Relay
- 100-yard Backstroke
- 100-yard Breaststroke
- 400-yard Freestyle Relay

1-meter Springboard Diving falls between the 50-yard freestyle and 100-yard butterfly at the state swim meet. However, during the season the springboard diving event actually occurs before the start of a dual meet or earlier in the week prior to a Saturday invitational meet. It is replaced in these meet programs with a 10-15-minute break.

A team can field a maximum of four athletes per individual event, and each athlete can swim a maximum of two individual events and two relays or one individual event and three relays. Relay spots are based on time. The top four swimmers will swim in 'A' relays, the next four will be in the 'B' relay, and so on. Relay placements can change throughout the season. Additionally, in meets excluding the end-of-season championship meets each team is allowed to field two relays consisting of four athletes on each relay. No spot is secure on a relay. Changes can be made per relay at the district, region, and state meet level. The relay advances not necessarily the swimmers on the relay.

4. "JUNIOR VARSITY"

Although swimming is technically a varsity-only sport (meaning there is no official junior varsity division within the UIL or district framework,) we colloquially refer to those athletes that do not qualify for the varsity meet competition roster and those that are ineligible to represent their school in varsity competitions for reasons other than those relating to academic eligibility as being on the "junior varsity."

This is simply because so many other sports have official junior varsity divisions it is generally understood that any athlete not on the varsity competition squad is on junior varsity. So, we use the term "junior varsity" in that spirit, even though by that term it is simply meant that the

athlete either did not qualify for the varsity competition roster or is otherwise ineligible to represent the school in a varsity meet.

Athletes not in the top four in any individual event as well as first year athletes attending Travis High School who are not so zoned will be eligible to compete in non-varsity competitions that we call junior varsity invitationals (for reasons already mentioned.)

Those that do not qualify for a varsity competition roster will still practice concurrently with those athletes that do qualify. Additionally, these athletes will attend varsity meets as team managers to help coaches get splits, run meets, and fulfill other team manager obligations.

Still, technically there is only varsity swimming, and those on varsity are simply divided into those that qualify for the competition roster and those that do not.

This distinction matters in application because if one would be eligible to represent one's team in a varsity competition but simply never qualified for a varsity roster (or do not do so regularly,) one is still eligible to qualify for certain other distinctions such as Academic All District if one meets those qualifications.

Another reason this distinction matters is because the general rule that seniors must be on varsity does not necessarily apply in swimming the way one might think. No one is guaranteed a spot on the varsity competition roster for meets. The coach will put together the best performing varsity roster of eligible athletes for each meet, regardless of the classification of each athlete. That does not mean that a senior athlete that fails to qualify for the varsity competition roster for a meet is not on varsity. That senior athlete would still be on varsity, as all athletes are, because – again – swimming is a varsity-only sport. That senior athlete would be eligible to swim in meets that we colloquially refer to as “junior varsity” meets (even though there is technically no junior varsity division in swimming) in order to get times for events and potentially earn one's way onto the competition roster for future varsity meets.

5. PRACTICE TIMES

Practices will be held Monday through Friday 7th period-4:30 at FBISD Training Pool unless otherwise stated by the coaches. Athletes should be on the pool deck NO LATER than 2:15PM. Practice will begin at 2:15pm and last till 4:30pm.

6. HOLIDAY TRAINING

Because the swimming season falls during some major holiday periods, athletes must understand that their attendance during these holiday periods is necessary to be successful. The Christmas training period in particular is crucial since it is in close proximity to when we may need to start tapering for our district and championship meets. It is often the last, best intensive training period in the season.

We will train on the following days over the fall semester breaks (tentatively):

These dates are subject to change.

THANKSGIVING:

- November 21-23:

WINTER BREAKS:

- December 19-21: Time to be announced
- December 22-26: No Practice (UIL-mandated five-day holiday break)
- December 27-30: Time to be announced

7. PRACTICE ATTENDANCE POLICY

As athletes of Fort Bend ISD, we expect active participation. We will take attendance at the pool. Fort Bend ISD will provide bus transportation **to the Training Pool only**. The athlete must show documentation such as a Doctor's Note if a practice is missed. We will verify with the attendance clerk. There must be a legitimate note stating the reason for the absence and cleared as excused with the attendance clerk.

Participation grades will be given.

If the athlete is at school, then the athlete should be in the water or doing dry land.

A missed practice can be obtained if the athlete chooses to not dress out or participate in practice. Even if the athlete is present they must dress out. If an athlete is injured and the trainer states this athlete cannot participate, they must still dress out in the appropriate workout gear.

A missed practice can also be obtained by not participating in practice. This includes skipping sets or not putting forth the effort towards the workout.

A missed practice can also be obtained for not giving the coach proper notification of doctor's appointments and the like.

Attendance Policy:

1 missed practice = suspension from the next meet/invitational

3 missed practices = Removal from the Travis Swimming and Diving Teams.

There are no optional practices.

However, per the district lettering policy, meets in which one does not swim individual events do not count towards lettering for the season.

School/Class Absences

If an athlete is too ill to come to school then the athlete will be counted absent from the class period, but that day's practice will not be counted in the calculation of the athlete's percentage practice attendance for the purposes of determining eligibility to compete in individual events at the next varsity meet. If, on the other hand, an athlete is well enough to come to school the athlete will be expected to get in the water and attempt to do one's best during the workout with the understanding that the athlete may not be able to perform up to one's usual level of ability.

Doctor Appointments

Additionally, if an athlete has to leave practice before the end of the school day to go to a doctor appointment it will not count as a practice absence. If, however, the athlete will be picked up after school for the appointment the athlete will be expected to get in and at least get the warm-up completed before getting out ten minutes prior to the necessary pick-up/leave time in order to get to the appointment. The coach must receive a note or a forwarded reminder e-mail from the doctor's office in order to have the practice absence expunged from the athlete's attendance record and have the day's practice not counted in the calculation of one's percentage practice attendance.

Procedure for Early Pickup/Early Release from Practice at the Pool

If one plans to pick up one's athlete or have one's athlete released from practice at the pool before the 2:45pm bell rings at Travis High School, one must: Send the athlete to the attendance office in the morning with a note explaining that one will be picking up their athlete early or that athlete will be leaving early. The attendance clerk will give the athlete a slip indicating that a note is on file and that one is free to pick up the athlete or athlete will be released at the time indicated on the slip. The athlete must then give the slip from the attendance clerk to the coach so that the coach is aware of the time that the athlete is to leave and can release the athlete at that time. The athlete must sit in the bleachers in plain sight of the coach until the stated pick-up time unless the athlete has ample time to complete part of the practice.

*******Athletes may not leave the pool before the 2:45pm release bell*******

If one does not follow this procedure the coach cannot release the athlete according to district policy. If the athlete is picked up early without a note or otherwise leaves early without a note, the matter will be referred to the Campus Athletic Coordinator as well as to the athlete's Assistant Principal. This will also be marked as a missed practice and will be considered unexcused. The coach will follow the missed practice regulations.

Tutorials

The athlete should make it a point to attend morning tutorials. Teachers are supposed to offer a morning tutorial but other teachers in the same subject area can be used for tutorials. If there is a need to miss practice for afternoon tutorial, arrangements must be made with Coach Marsh and Coach Yelvington three (3) school days prior to the scheduled tutorial. The teacher must send a verification email to both Coach Marsh and Coach Yelvington stating the athlete was

present to not receive an unexcused practice absence. If this is not done, an absence will be marked. This can ultimately affect the athlete's membership to the team. Parents notes do not apply to tutorials as these are between student and teacher. It is the student's responsibility to handle these situations.

Lab/Student Organizations/Clubs/ Other extracurricular activities requirements

Many teachers offer several times for labs. For athletes with lab requirements, please schedule lab after practice not after school. Athletes with special circumstances will be handled on a case by case process. If a student is in Orchestra for example, they are required to attend rehearsals after school once a week. Since this is for a grade in the orchestra class, we will allow this. Communication is key in this situation. Swim meets will come first with activities outside of the required class requirements. Swimmers are allowed to attend one (1) club meeting a month with a minimum of five (5) days' notice through email and in person. The student must be present with the class during the class period. The student must actively participate in the class activity and be dressed out in the appropriate attire. If at the pool, the student will have to find transportation back to Travis High School once the school day is complete at 2:45PM.

Practice Absences

A practice absence is any time an athlete is present at school but chooses not to participate in practice – whether the student comes with a parent note or not. Additionally, full to partial practice absences may also be administered at the coach's discretion to those that leave practice early, those that get to practice late, those that are dismissed from practice by the coach for misbehavior or insubordination, or to those that spend a significant portion of time at practice doing something other than training, such as spending an unusual amount of time in the bathroom, "stretching," hanging out on deck, or hanging on the pool wall just to name a few examples – although this list is by no means exhaustive. In the case of a practice absence, an athlete will be counted present for the purposes of the class period but absent from practice for purposes of calculating the athlete's percentage practice attendance. ***Excessive practice absences, as determined by the coach, will lead to being dismissed from the team.***

One should contact Coach Marsh and Coach Yelvington as soon as one is aware that one will be absent – especially absences from a meet – and state the reason for the absence.

Documentation must be provided for any absence whether practice or meet.

8. SWIM MEET ATTENDANCE POLICY

Entries for Saturday invitational meets are usually due the Friday (7 days) before the meet and after that point only scratches can be made. Entries for weekday dual meets can usually be altered until shortly before the meet starts. We must have a minimum of two (2) weeks notice for a missed meet with proper documentation. If an emergency arises, contact immediately. Documentation must be provided for emergencies as well.

All athletes will be presumed to be able to attend a swim meet unless they inform the coach in the timely fashion listed above. It is important that this notification occur in e-mail as well as verbally. A verbal notification is not sufficient because the coach is dealing with multiple issues

on deck and cannot remember everything communicated at practice that is not immediately applicable.

If one has previously committed to a meet or failed to indicate that one will not be able to compete at a meet and then subsequently is unable to attend the meet, please do not just send a message with another teammate without somehow contacting Coach Marsh and Coach Yelvington.

Meet programs in particular may have to be adjusted if one is not able to attend. Unexcused absences, particularly from meets, can result in suspension or expulsion from the team.

Also, if one is unable to attend a meet, it may free up space in the meet program for someone previously not entered in the meet to compete if it is done before the entry deadline. So, please give the athlete's teammates that opportunity by giving advanced notice.

9. GRADES & ACADEMIC ELIGIBILITY

Our concern for our athletes begins with their commitment to getting a quality education. Travis is one of the most elite public high schools in the Greater Houston area and in the state of Texas, and our very dedicated faculty has high expectations that their students will master the material, think critically, and be able to demonstrate their abilities on classroom, district, state, and national assessments.

Athletes experiencing academic difficulties in a class are encouraged to first seek out help from teammates who are successful in a course, and academically successful teammates are expected to assist their struggling teammates whenever possible. ***Our team unit should not end when we leave the pool deck.***

An athlete that is failing any class (except for certain exempted Advanced Placement classes – but no pre-Advanced Placement classes) will be unable to participate in swimming due to ineligibility.

Athletes will be graded weekly for daily/major grades. The athlete will be given 100 points for a week's daily grade.

If a student is not passing a class (non AP exempted class) at a UIL grade check they will be put on probation with the team. Per UIL the student athlete is ineligible. During this time, they will not be able to compete or travel to any meet until the next UIL grade check where status can be regained. Per UIL the student athlete is ineligible. They must attend all practices during this time.

At the end of the second nine (9) weeks (term 2 report cards), if a student is failing a class, that student will be removed from the team. The student would be ineligible to swim in the few meets we have in January including the District Meet.

Athletes who remain ineligible for two consecutive evaluation periods may be dropped from the program. The first grade check being at the six (6) week marker. Parents are encouraged to work with coaches and teachers to help motivate athletes to maintain grades that are up to the athlete's capabilities.

10. TRANSPORTATION

Practice

A Fort Bend ISD bus will be available to transport athletes to the pool from campus during 7th period at 1:55PM. Athletes will be responsible for finding transportation home at the conclusion of practice. All athletes must be off the pool property by 4:45 PM. No district transportation will be provided to transport athletes home or back to campus. If an athlete will be receiving transportation after practice from a teammate, a note must be provided to the head coach by both athletes' legal guardians assenting to the arrangement.

NO STUDENT WILL TRAVEL WITH ANY OTHER STUDENT IN A PERSONAL VEHICLE FROM CAMPUS TO THE PRACTICE FACILITY DURING SCHOOL TIME (school day 7:30-2:30) WITHOUT THE PROPER FORMS ON FILE. VIOLATION WILL HAVE ITS CONSEQUENCES.

Students that have siblings that drive may ride with the sibling with proper documentation form signed by parent.

After school hours, student athletes can ride with a fellow student athlete. This applies to after practice transportation and transportation to a FBISD facility for meet or invite.

Athletes with their own transportation may transport themselves. Student athletes with Parent & Carpooling Transportation Liability Release Agreement forms can ride with a fellow teammate as long as that student athletes parent has allowed for their student athlete to be a carpool vehicle. If any violation to transportation policy occurs, it is subject to dismissal from the team. There are absolutely no exceptions to this rule!

Transportation for after practice is on the athlete. Travis does not supply transportation home or back to campus. Athletes will have to find their own transportation.

Out of District Meets/Invites

For meets ***scheduled outside of the district*** all athletes are ***required*** to ride the bus – to the meet and back. There are ***very*** few exceptions. Athletes may be released to a parent ***only if*** there are unusual circumstances. Arrangements must be made with the consent of the head coach ***in advance***. We have required documentation that discusses our policies.

Athletes are to be on the pool deck 15 minutes prior to the start of warm-ups.

The general rule for these meets is: **We Go as a Team; We Return as a Team.**

FORT BEND ISD POOL MEETS: All athletes will have access to the bus that takes them daily to the training pool or they may drive themselves and only themselves. The students with no transportation home can stay at the facility. A coach will be on deck on meet days. Don Cook Natatorium is considered to be a campus facility so transportation to Don Cook for meets will be on the athlete.

11. USA SWIMMING

While we will do our best to give your athlete the best workout we possibly can each day, participation in any of the excellent area USA Swimming club teams is welcomed and encouraged. Be aware, however, that club team athletes that swim for teams that practice in the afternoon are required by Fort Bend ISD policy to attend practice a minimum of five days per week for at least one hour. Swim meets count as practices, and it is the expectation that one will attend all team meets.

Club athletes will need to fill out a USA Swimming/Diving Addendum letting the head coach know what club team you belong to, the coach that trains you directly, and that coach's contact information. There will be consequences attached if it comes to the coach's attention that you have missed both high school practice and club practice – especially if it is discovered after the fact.

Monday	Tuesday	Wednesday	Thursday	Friday
THS till 3:45 (in water)	THS till 3:45 (in water)	Leave at 3:15 to get to club	THS till 3:45 (in water)	THS till 3:45 (in water)
2:15-3:45 1 hour 30 mins	2:15-3:45 1 hour 30 mins	2:15-3:15	2:15-3:45 1 hour 30 mins	2:15-3:45 1 hour 30 mins
Can decrease time if making all weeks practices to obtain the 5 hours a week	Can decrease time if making all weeks practices to obtain the 5 hours a week	Mandatory 1 hour with THS	Can decrease time if making all weeks practices to obtain the 5 hours a week	Can decrease time if making all weeks practices to obtain the 5 hours a week

12. CLASSROOM BEHAVIOR

Inappropriate classroom behavior will not be tolerated. Athletes may be warned, counseled, punished, suspended, or dismissed from the team for continued problems in this area. Respect for all those in authority is expected. Each athlete must understand that athletes have a responsibility to represent our school and our team everywhere they go. Athletes will be held accountable for their choices! **Do the right thing, always, and do your best in all that you do.**

13. INJURIES

Athletes and parents are asked to communicate with our professional athletic trainers when dealing with injuries and illnesses. The trainers should be consulted if you have questions, and notified before an athlete is taken to a doctor. The trainers will work with the doctor to ensure that the athlete is properly treated, rehabilitated, and released from the doctor's care before returning to practice.

If a doctor's note says that an athlete is not to participate for two weeks, then that athlete under no circumstances will participate in any way for two weeks – whether district, region, or state swim meets fall within that two-week window or not. If the student is able, they are still required to dress out in work out gear (not swim gear). It will count as participation.

14. LETTERING

The Fort Bend ISD Aquatics Lettering Policy (adopted 2002-2003) is as follows:

- To earn a varsity letter in swimming and diving:
 1. An athlete must complete the season in good standing (passing all year long) and compete in at least one individual event in a minimum of 80% of the varsity meets that their team enters, culminating with the District Meet.
 2. Completes three years of Varsity competition in good standing (passing all year long).
 3. All Varsity Letters will be awarded upon the discretion of the Head Coach

This policy was adopted and approved by the FBISD Aquatics Coaches and the Athletic Department administration.

THERE ARE NO EXCEPTIONS TO THIS POLICY.

If one is either suspended from individual events (e.g. for missing too many practices or misconduct) or unable to swim individual events in a swim meet for any reason injury, academic ineligibility, or conflicting obligations) that meet will not count towards lettering. The

Don Cook Natatorium: 16255 Lexington Boulevard, Sugar Land, TX 77479

Fort Bend ISD Aquatic Practice Facility: 16701 Bissonnet, Houston, TX 77083

athlete may be called upon to swim relays if able, but that meet will not count towards lettering for the season since no individual events will be swum.

It is recommended that the swim meet schedule be compared to the calendar of other organizations one is involved with so that plans may be made according to one's priorities if one's goal is to letter for the season.

The 20% leeway between perfect attendance and the minimum required meet attendance in order to letter is the slack in which athletes have to operate and still letter.

Meets for which one has to qualify in order to participate in individual events (such as the TISCA zone meet) will not be included in an athlete's participation calculation if the athlete does not qualify. It may be counted as a bonus meet for those that do qualify for individual events at such meets, however.

Plank three of the policy does not give the coach broad authority to disregard the first and second components of the lettering policy. What it does, for the most part, is to allow the coach to deny a letter to an athlete who might have otherwise met the requirements if, for example, the athlete somehow brought disrepute to the program for infractions such as criminal activity, academic dishonesty, excessive or violent misbehavior at school, or using performance enhancing drugs.

It does not give the coach the magical ability to letter an athlete who otherwise did not qualify for a letter award unless it is that athlete's third year in the program and the athlete has not yet qualified to letter in spite of finishing each year in good standing.

In most instances, this will likely be the simple result of an athlete's involvement in another activity or possibly an array of other activities that the athlete prioritizes over making the necessary commitment to letter in swimming the first two years as well as in the athlete's third year of participation in the swimming and diving program.

If an athlete is still able to fit swimming in to one's schedule but is not able to make the necessary commitment to letter based upon the 80 percent meet attendance rule and the team practice requirements tied to becoming eligible to compete in those meets because the athlete is involved in another activity or an array of activities that the athlete places a higher priority upon – that is perfectly acceptable so long as the athlete understands that one may not letter until the conclusion of the athlete's third year in the program. At that point the coach has the flexibility to reward these athletes for their perseverance in the sport with a letter award.

Those that make a greater dedication to the program earlier in their high school swimming career by meeting the team practice requirements and achieving 80 percent varsity meet attendance are likewise rewarded sooner.

15. DRESS CODE

School dress code will be enforced where applicable when not in conflict with appropriate pool deck attire (i.e. swim suits, team work out attire and flip-flops.)

16. TEAM EQUIPMENT AND APPAREL

Athletes are never to wear any school-issued equipment on or off campus. These are to be worn to, at, and from official practices and meets only. The team work out T-Shirt and shorts will be required. Each athlete must identify themselves at the Training Pool or campus. This is required by all Travis sports team and comes directly from the school athletic director. A team shirt will also be available for purchase. These will be worn on meet/invitational days.

17. ACADEMIC ALL DISTRICT

- Any varsity-eligible athlete with a 90 or above unweighted cumulative average across all subjects for T2 qualifies for Academic All District.
- Grades are not rounded

18. TEXAS INTERSCHOLASTIC SWIM COACHES ASSOCIATION (TISCA)

➤ ACADEMIC ALL STATE QUALIFICATIONS:

- Varsity athlete
- Classified as a junior or senior
- 93.75% of the grade scale used (e.g. 3.75 on a 4.0 scale)
- Five semesters for junior applicants
- Seven semesters for senior applicants
- ***Lettered in the year for which one is applying for Academic All State***
- GPA may not be rounded up

19. NATIONAL INTERSCHOLASTIC SWIM COACHES ASSOCIATION (NISCA)

➤ ACADEMIC ALL AMERICAN QUALIFICATIONS:

- Varsity athlete
- Classified as a senior
- 93.75% of the grade scaled used (e.g. 3.75 on a 4.0 scale) for seven semesters.
- ***Lettered in one's senior year***
- GPA may not be rounded up

20. TEAM CAPTAINS

- ### ➤ Qualifications:

- One must attain the classification senior for the season in which one would be a captain. (juniors can qualify if there are no seniors that meet these standards).
- ***One must have lettered the season prior to becoming a captain.***
- One must be an exemplary role model for the team.
- One must have a satisfactory academic record and not have been academically ineligible to compete during the season prior to the one in which one seeks to become a team captain.
- One must have the required organizational skills.
- One must have the required leadership skills.
- One must have the required communication skills to communicate the will of the team up the latter to the coach in such a way to ensure that it receives a fair hearing, and to communicate the decisions of the coach down to the team in such a way that they are understood and adopted.

The captains will be announced after tryouts. Coach and Assistant Coach will consider the team's choice in the decision making process. The captains must understand that they will be captains for the ENTIRE team, not just boys or girls or swimming versus diving.

21. COMMUNICATION

HOW TO CONTACT:

COACH CHRISTI MARSH

Christine.Marsh@fortbendisd.com

COACH MATHEW YELVINGTON

Mathew.Yelvington@fortbendisd.com

E-mail is by far the preferred method of communication for purposes of documentation of upcoming meet and practice absences or anything of that nature.

Too much is going on at the pool deck for a coach to remember anything that does not pertain to that day's practice. E-mail provides a visual, searchable record. If one does not e-mail it, coach cannot be held responsible for it. Consider that one's notice.

Athletes and parents should feel free to talk to the coaches about any other questions or concerns – *after practice or work email.*

Sections 22 & 23 are listed below in document form. (Sign and Return signature pages.

2016-2017 HANDBOOK SIGNATURE PAGE

Student:

I, _____ have read the Travis Tiger Swimming & Diving Handbook, and fully understand the commitment and expectations of me as an athlete and the program.

Signature

Date

Parent: I, _____ have read the Travis Tiger Swimming & Diving Handbook, and I understand the commitment my athlete has taken by choosing to participate in the program.

Signature

Date

Attendance Policy

As athletes of Fort Bend ISD, we expect active participation. We will take attendance at the pool. Fort Bend ISD will provide bus transportation **to the Training Pool only**. The athlete must show documentation such as a Doctor's Note if a practice is missed with corresponding email sent to coaches 3 days in advance. We will verify with the attendance clerk. There must be a legitimate note stating the reason for the absence and cleared as excused with the attendance clerk.

Participation grades will be given.

If the athlete is at school, then the athlete should be in the water or doing dry land.

A missed practice can be obtained if the athlete chooses to not dress out or participate in practice. Even if the athlete is present they must dress out. If an athlete is injured and the trainer states this athlete cannot participate, they must still dress out in the appropriate workout gear.

Attendance Policy:

1 missed practice = suspension from the next meet/invitational

3 missed practices = Removal from the Travis Swimming and Diving Teams.

Parent

Signature

Date

Student

Signature

Date

Parent & Carpooling
Transportation Liability Release Agreement

My child's name (Print):

Permission to Be Driven:

Your permission below instructs the Travis Swim and Dive Team that your child is released from a school campus to drive with private drivers for **practice, meets and team events**. This would include travel before and after practice, meets, and the like. This form acknowledges your understanding that the School and its teachers or coaches are not liable for this action, that no student, parent or private driver is sponsored by the School, or a part of any School activity, and that the School cannot check or supervise each student's or driver's driving record or habits.

Signature also indicates your assurance that your child has valid medical and accident insurance. Signature acknowledges that this form is valid as long as your child is in attendance at the School or until the School agrees otherwise in writing. No student is to be driven without personally being released by a School administrator and the teacher in charge; unless released, no student is to be outside the immediate and present direction of a teacher at any time. Without this release the student who goes in a private car can be considered truant and disciplinary action can occur. This form may be superseded in writing only.

Parent/Guardian Check All that Apply:

☐ I, as a parent/guardian, may elect to carpool other students going to or from School activities and my insurance meets the minimum standards.

☐ My child may be released from supervision to drive in a car driven by a teacher or parent.

☐ My child may carpool only with the following drivers (fill in names):

Name of Student(s)

:

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

☐ My child may not leave the School unless I drive, and my child understands this.

Parent

Signature

Date

Student

Signature

Date