

Make Time to Listen

Take Time to Talk

A program to promote healthy child development and to prevent youth and school-based violence

U.S. Dept. of Health and Human Services

www.samhsa.gov

CONVERSATION STARTERS OR WRITING PROMPTS

- ◆ What does bullying mean to you?
- ◆ Do you ever feel lonely at school or left out of activities? Talk about what happens and what you feel.
- ◆ What is lunch time like at Dulles Elementary? Who do you sit with, what do you do, and what do you talk about?
- ◆ What's it like to ride the school bus? Talk about it.
- ◆ Do kids ever call you mean names or tease you? Talk more about how you feel and what you do when this happens.
- ◆ Have you ever been scared to go to school because you were afraid of being bullied? What ways have you tried to change it?
- ◆ Have kids ever bullied you by hitting or pushing you, or other things like that? Talk about what you do when this happens.
- ◆ Who usually does the bullying? (Boys/girls? Older kids or kids in your grade or class?) Why do you think they bully?
- ◆ Did you talk with an adult at school or a friend about being bullied? Did it help? If not, what would have helped?
- ◆ Talk about how you felt when you were being bullied. Take your time.
- ◆ What can your teacher do to help you deal with bullying?
- ◆ What do you usually do when you see bullying going on?
- ◆ Describe what the bullies are like.
- ◆ Do you ever see kids at your school being bullied by other kids? How does it make you feel?
- ◆ Have you ever tried to help someone who was being bullied? What happened? What would you do if it happens again?
- ◆ Have you ever called another person names? Do you think that was bullying? Talk about it.
- ◆ Do you or your friends ever leave other kids out of activities? Talk more about this possible bullying behavior.
- ◆ What do you think needs to happen at school to stop bullying?
- ◆ Would you be willing to tell someone if you had been bullied? Why? Why not?
- ◆ Is Dulles Elementary doing special things to try and prevent bullying? What are the school rules and programs against bullying?
- ◆ Would you feel like a "tattletale" if you told that someone was bullying you or a friend? Why?

- ◆ Talk about what your friends could do to help stop the bullying.
- ◆ What do you think parents could/should do to help stop bullying?
- ◆ What are some good qualities about yourself? Talk about why it is so important to feel good about yourself. How would all this help to prevent bullying?
- ◆ What was the best thing that happened to you today?
- ◆ What do you love about school?
- ◆ What does success mean to you?
- ◆ What makes you scared?
- ◆ What do you remember about your first day at school?
- ◆ What three things make a person popular at Dulles Elementary?
- ◆ What makes you laugh?
- ◆ Why do you think some kids dress differently?
- ◆ What makes you angry?
- ◆ Where would you go if you could travel anywhere in the world? Why?
- ◆ What's a skill you wish you had? Why?
- ◆ What one thing would you do to make the world more peaceful?
- ◆ If you could go back in time and live in any era, what would it be? Why?
- ◆ Do you like being challenged? How?
- ◆ How can we stop violence?
- ◆ What other cultures interest you? Why?
- ◆ If you could share anything with your best friend, what would it be?
- ◆ If you could write a book, what kind of book would it be?
- ◆ If you could sit down with the most powerful person in the world and give that person advice, what would that be?
- ◆ Do you learn more when you win or when you lose?
- ◆ If you could do one thing to make the earth cleaner and more livable, what would it be? Why?